## **Beat COVID-19 Today**

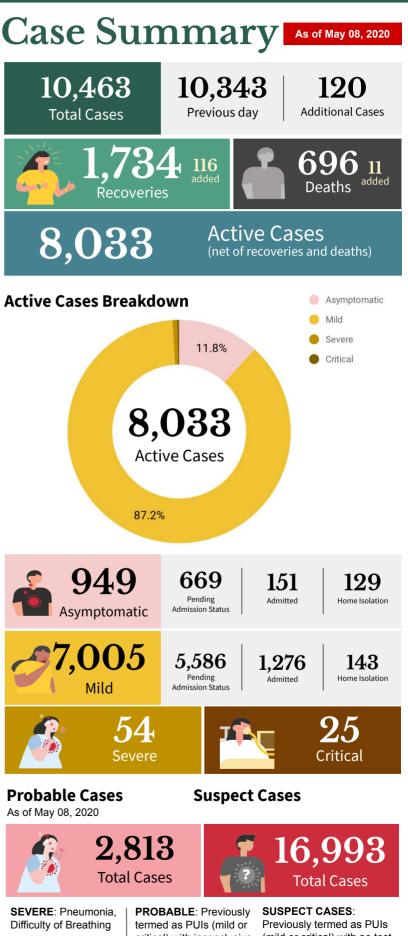
A COVID-19 Philippine Situationer

Issue 12 | May 09, 2020



## Highlights and Recent **Updates on COVID-19**

- DOH recorded 8,033 active cases as of May • 08, with the majority of the patients exhibiting mild symptoms (7005, 86.7%).
- De La Salle University Cavite is now licensed to perform RT-PCR testing for COVID-19. There is a total of 24 licensed RT-PCR laboratories while five (5) and thirty (30) are on Stage 4 and Stage 3, respectively.
- As of yesterday, the country's COVID-19 ٠ positivity ratio is at around 7% (May 8). In contrast, the positivity ratio during early stages of the outbreak reached as high as 16%. The decline in positivity rate may serve as a basis for determining whether the country's health system is flattening the curve.
- DOH expects a decrease in the number of positive cases as test allocations expand towards testing patients with asymptomatic to mild symptoms.
- Dr. Edsel Salvana of the Technical Advisory Group of IATF emphasized the vital role of tracing, treatment, and isolation in preventing further transmission of the virus.
- DOH encourages the public to embrace the • New Normal setting in their everyday lives. In this renewed consciousness, the public needs to keep in mind that their practices and behaviors should lead to improved health. In relation to this, minimum health standards in offices/workplaces are essential to keep everyone healthy and safe.
- DOH reiterated that those with mild symptoms should stay home. Those with mild symptoms may consult through telemedicine, while those with severe symptoms must contact local BHERT or the DOH hotline.



#### **CRITICAL:** Intubated

critical) with inconclusive or unofficial test results.

(mild or critical) with no test done or awaiting test results.

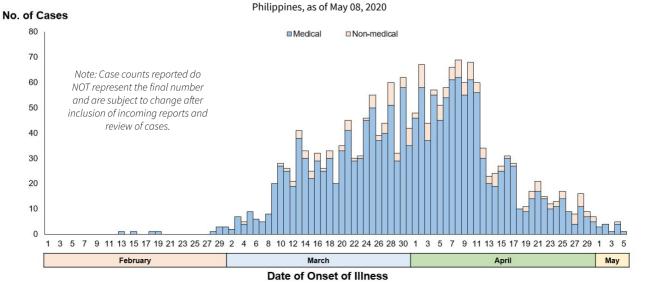
**Non-medical Staff** 

## **Goal: Shortening Duration of Infectiousness**

#### **TOP COUNTRIES WITH COVID-19 Case Summary of Overseas Filipinos (OFs)** As of May 8, 2020 WHO data as of May 08, 2020 4732140 Top 3 countries with the highest cases Confirmed OFs Confirmed OFs USA 1,193,452 DOH Counts validated through the International Health Regulation (IHR), 24 cases for validation of disposition **SPAIN** 220,325 **REGIONAL DISTRIBUTION** ITALY 214,457 Middle East and Africa Asia and the Americas Europe Asian country with the highest cases Pacific 504 647 373 616 IRAN 101,650 DFA count DFA cor DFA count DFA count Southeast Asian country with the highest cases 21 370 31 51 OOH coun SINGAPORE 20,198 Healthcare Workers affected by COVID-19 **Active Cases Breakdown** As of May 08, 2020 0.5% Severe 1,426 96 508 $\mathbf{34}$ Active Recoveries Deaths 428 healthcare workers Or 1/5 are HCWs (19%) Asymptomatic **Top 5 Medical Profession/Cadre Total Number** 30.0% With COVID-19 cases Nurse 740 Physician 621 Nursing Assistant 126 Medical Technologist 72 99 Mild Radiologic Technologist 39 69.5%

#### Healthcare Workers with confirmed COVID-19 by Date of Onset of Illness (N= 1,968)

147

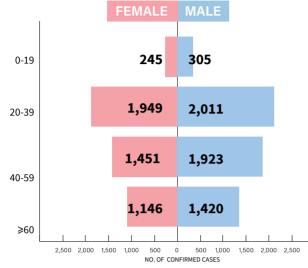


## **Goal: Shortening Duration of Infectiousness**

#### **EPIDEMIOLOGICAL DATA**

#### Age and Sex Distribution of confirmed cases





Most of the confirmed cases are **male** (5,670; 24%) and within the **20-39 age group.** (*11 cases with unspecified age included in the total*)



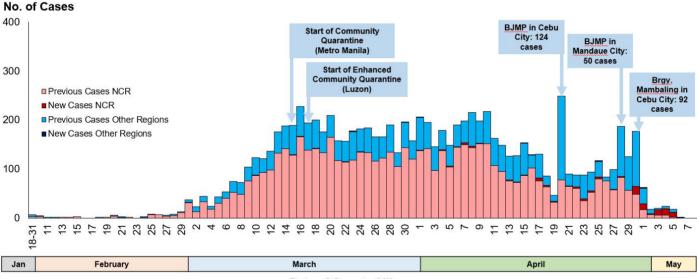
Average hospital length of stay for recovered patients is at **15 days.** 

A total of 386 **(55%)** of deaths had known comorbidities: top 2 comorbidities are **hypertension** (240, 62 %) and **diabetes** (188,49%).

#### Confirmed COVID-19 Cases by Date of Onset of Illness (N = 10,463)

Philippines, as of May 08, 2020

Note: Case counts reported do NOT represent the final number and are subject to change after inclusion of incoming reports and review of cases.





Date of Onset of Illness

Abra
Agusan del Norte
Agusan del Sur
Арауао
Aurora
Basilan
Batanes
Biliran
Bohol
Bukidnon
Camarines Norte
Camiguin
Capiz
Catanduanes
Compostela Valley

Cotabato Davao Occidental Davao Oriental Dinagat Islands Eastern Samar Ilocos Sur Kalinga Lanao del Norte Lanao del Sur Maguindanao Masbate Mountain Province Negros Occidental Negros Oriental Northern Samar

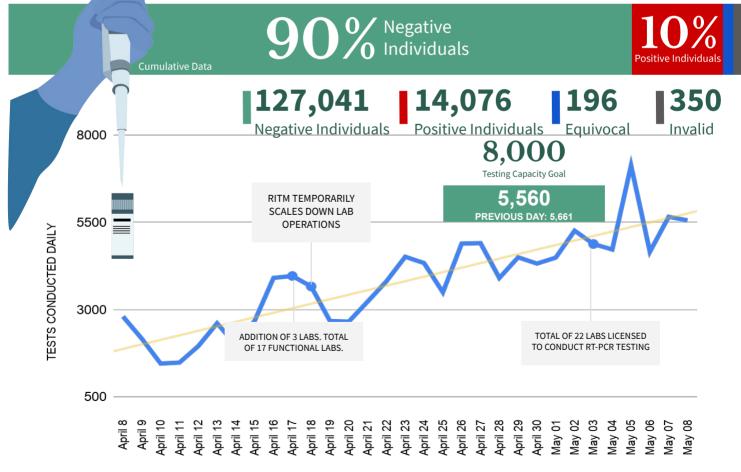
#### Quirino Sarangani Siquijor Sorsogon South Cotabato Southern Leyte Sultan Kudarat Surigao del Norte Surigao del Sur Tarlac Tawi-tawi Zamboanga del Norte Zamboanga Sibugay

Provinces in **bold** letters never had a recorded case since the outbreak started. Based on reported address per Epidemiology Bureau.

#### INDIVIDUALS TESTED AS REPORTED BY COVID-19 LABORATORIES

Note: The results of reported laboratory positive individuals are undergoing case information, validation, and processing and may not be reflected on the official case summary of the day.

	DAILY OUTPUT			REMAINING				
FACILITY NAME	(Tests conducted with results)	TOTAL POSITIVE		NEGATIVE EQUIVOCAL		INVALID	TOTAL TESTS CONDUCTED	TEST SUPPLIES AVAILABLE
Research Institute for Tropical Medicine	141	50,362	7,100	43,236	20	6	59,482	52,488
Baguio General Hospital and Medical Center	46	7,356	77	7,279	0	0	8,058	1,420
San Lazaro Hospital	465	6,383	270	6,004	0	109	6,878	4,139
Vicente Sotto Memorial Medical Center (VSMMC)	531	10,818	1,636	9,171	11	0	11,456	8,200
UP National Institutes of Health	464	6,213	931	5,012	128	142	6,528	5,000
Western Visayas Medical Center	251	5,854	91	5,763	0	0	6,577	0
Southern Philippines Medical Center	302	5,364	210	5,106	0	48	6,263	7,808
Lung Center of the Philippines	462	9,316	495	8,819	0	2	9,331	5,000
Bicol Regional Diagnostic and Reference Laboratory	96	1,072	44	1,015	12	1	1,087	4,223
V. Luna Hospital	48	948	7	941	0	0	975	8,872
Philippine Genome Center	0	259	15	240	0	4	264	7,388
Cebu TB Reference Laboratory		82	3	41	0	38	44	
UP-PGH Molecular Laboratory	15	57	0	57	0	0	57	1,000
Marikina Molecular Diagnostics Laboratory		60	3	57	0	0	94	308
Detoxicare Molecular Diagnostics Laboratory		1,686	148	1,538	0	0	1,686	1,381
Makati Medical Center	55	2,068	138	1,930	0	0	2,151	9,393
St. Luke's Medical Center - QC	67	3,152	550	2,602	0	0	4,328	3,833
The Medical City	146	1,960	315	1,645	0	0	1,991	1,023
St. Luke's Medical Center - BGC	457	6,038	553	5,485	0	0	6,942	18,450
Philippine Red Cross (PRC)	810	12,939	781	12,138	20	0	12,939	70,000
Chinese General Hospital	78	2,364	271	2,093	0	0	2,369	722
Philippine Red Cross Logistics & Multipurpose Center	1,033	8,096	411	7,680	5	0	8,096	-
Singapore Diagnostics	54	133	13	120	0	0	134	9,390
LCP Gene Xpert Laboratory	39	83	14	69	0	0	83	0
TOTAL	5,560	142,663	14,076	128,041	196	350	157,730	220,088



#### COVID-19 PHILIPPINE SITUATIONER #012 (MAY 09, 2020)

FACILITY NAME	REGION	STAGE	FACILITY NAME (RT-PCR using Gene Xpert)	REGION	STAGE
	REGION	JIAGE	Zamboanga City Medical Center		
Research Institute for Tropical Medicine	-		Lung Center of the Philippines	NCR	V
San Lazaro Hospital	-		Long Center of the Emiliphines	NCR	
UP National Institutes of Health	_		Eastern Visayas Regional Medical Regional Center	VIII	IV
Lung Center of the Philippines	-		Philippine Tuberculosis Society, Inc Quezon Institute		
St. Luke's Medical Center- QC	_	San Lazaro Hospital			111
The Medical City - Ortigas	_		NCR		
Victoriano Luna - AFRIMS	_		Tondo Medical Center		
Molecular Diagnostics Laboratory	_		STATUS OF LABORATORY LICE	NSING	ì
St. Luke's Medical Center - BGC	NCR		As of May 08, 2020		
Makati Medical Center	_				
Philippine Red Cross	_				
Chinese Gen. Hospital	_	V	LICENSING OF LABORATORIES S	IAIUS	
PRC-PLMC	_				
Philippine Genome Center UP-Diliman	_		$24 \ 90 \ 65$	72	0/
Marikina Molecular Diagnostic Laboratory	_		2 <del>4</del> 30 03		/0
UP-PGH Molecular Laboratory				% LABS ON S	
Singapore Diagnostic, Inc.			TESTING LABORATORY LABORATORIES LABORATORIES APPLICATIONS STAGE 3 AND ABOVE	AND ABC	DVE
Baguio General Hospital and Medical Center	CAR	_			
De La Salle University - Cavite	IV-A				
Bicol Regional Diagnostic and Reference Laboratory	V				
Western Visayas Medical Center	VI		NUMBER OF	STAGE	3
Vicente Sotto Memorial Medical Center			to 5 LABORA	TORIE	S
Cebu TB Reference Laboratory	- VII		IN THE COL	JNTRY	
Southern Philippines Medical Center	XI				
Asian Hospital & Medical Center					
PRC-Port	NCR				
J B. Lingad Memorial Hospital		IV	LEGEND		
Allegiant Regional Care Hospital	VII	-			
Eastern Visayas Regional Medical Regional Center	IX	-	STAGE 5 NO. OF I		
National Kidney and Transplant Institute			(3) O NO. OF I STAGE 4		
ABC Clinical Laboratory	-		NO. OF I	ABS ON	
Hi-Precision (QC)	-		STAGE 3		
PNP Crime Laboratory	NCR				
Fe del Mundo Medical Center	-			umber insi	
Dr. Jose B. Rodriguez Memorial Hospital and Sanitarium (TALA)	-			rcle corresp	
Ilocos Training Regional Medical Center		-		number of boratories	
Mariano Marcos Memorial Hospital				gion	mene
Cagayan Valley Medical Center		-			
Southern Isabela Medical Center	- "			-Nº	
Cagayan Valley CHD TB Reference Laboratory	- "			2	
The Medical City - Clark		-	and the second se		
				The A	
Central Luzon Doctor's Hospital					
Bataan General Hospital				K J	
Batangas Medical Center		- 111 -		17 A.	
San Pablo College Medical Center	IVA			121	6
Calamba Medical Center	_			m l	
Bacolod Queen of Mercy Hospital	_				2
Teresita Jalandoni Provincial Hospital	VI		-in all	}	
Western Visayas State University Medical Center				3)	Jul 1
Divine Word Hospital	VIII			To	7
Zamboanga City Medical Center	— іх			~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	
Department of Agriculture Field Office IX			and the second sec	1	
Northern Mindanao TB Regional Center	_			> <b>L</b>	· ·
TB Reference Center- CHD Region X	x			S1	۲ <u>-</u>
Polymedic Medical Plaza			At 1		Э
Cotabato Regional Medical Center	XII		24		
Dr. Arturo Pingoy Medical Center			A	*'	
Adela Serra TY Memorial Medical Center	VIII				
CARAGA Regional Hospital	XIII				
	-				

Additional laboratory for May 08

## Goal: Increase Resilience, Stop Transmission, Reduce Contact

#### **BEHAVIORAL MESSAGES OF THE DAY**

As of May 08, 2020

- As the country ushers into the New Normal era, minimum health standards are essential to keep everyone healthy and safe. In <u>office/workplace settings</u>, everyone should maintain a healthy diet, exercise daily for at least 15 minutes, talk regularly with friends and loved ones, and sleep for at least 7-8 hours a day.
- Before entering the workplace, everyone should see to it that they are checked for symptoms.
- To prevent possible spread of disease, everyone should wear face masks, practice hand hygiene and proper coughing manners, and maintain a 1-meter distance from others. The workplace must be regularly disinfected, especially regularly used objects such as keyboards and doorknobs.
- Those with mild symptoms should stay at home and are advised to consult through telemedicine, while those with severe symptoms must contact local BHERT or the DOH hotline.
- For those who need to go outside, it is advised to bring the following essentials: face mask, alcohol, quarantine pass, grocery/errands checklist, water, and tissue. Visit the <u>Healthy Pilipinas</u> website for more information.
- To avoid heat stroke during quarantine, those working and/or staying at home are advised to <u>maintain a cool temperature inside</u> <u>their homes</u> by closing windows and putting curtain over them, turning off and unplugging appliances not being used, hanging wet towels inside rooms, closing doors and windows (for air conditioned rooms), and most importantly, staying hydrated.



### HOW DO YOU MAKE 0.05% DISINFECTANT SOLUTION FOR CLEANING HOUSEHOLD ITEMS?



1. Gather all materials needed: disinfectant container, bleach/chlorine, water, personal protective equipment



2. Wear appropriate personal protective equipment (gloves, googles, apron and boots) when handling and preparing bleach solutions.



1 kutsara (20g) ng chlorine 20 L tubig



**3.** When preparing the solution, pour the amount of water required into a plastic container then add the bleach (and not the other way around):

**4.** If you are using household bleach (5% active chlorine), mix:

- a) 1 ml bleach + 9 ml water, or
- b) 100 ml bleach + 900 ml water
- c) For chlorine powder/granules/tal

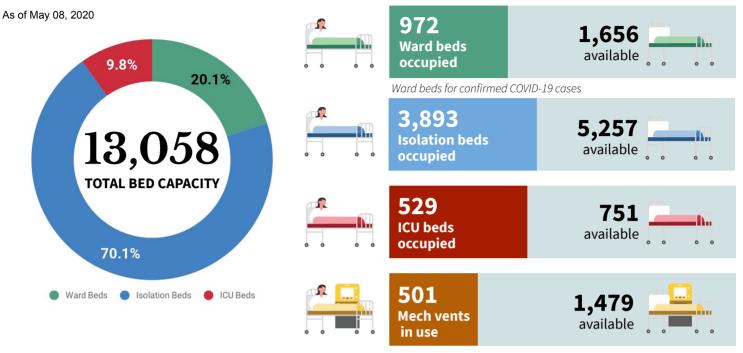
powder/granules/tablet (60-70%) active chlorine, dissolve: 1 tbsp of chlorine + 20L of water

**5.** Do not forget to label your disinfectant containers and specify chlorine concentration.

# Goal: Enhance quality, consistency, and affordability of care provision

#### HOSPITAL BEDS AND MECHANICAL VENTILATORS DEDICATED TO COVID-19 CASES

Data taken from the DOH DataCollect App. Specific for COVID-19 cases.



#### **DEDICATED BEDS FOR COVID-19 CASES IN TTMFs**

As of May 08, 2020

Local Isolation and General Treatment Areas for COVID-19 cases (LIGTAS COVID centers) are community-managed facilities dedicated for quarantine or isolation of suspected COVID-19 cases.



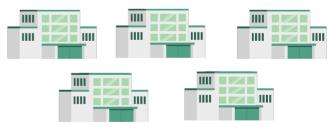
NCR	2,898
CAR	454
REG I	3,052
REG II	3,683
REG III	1,679
REG IV-A	3,350
REG IV-B	1,351
REG V	5,793
REG VI	5,043

REG VII	3,976
REG VIII	1,191
REG IX	986
REG X	2,970
REG XI	130
REG XII	266
REG XIII	1,267
BARMM	1,201
TOTAL	39,290

#### **MEGA LIGTAS AND LIGTAS COVID-19 FACILITIES**

As of May 08, 2020

**Mega LIGTAS COVID-19 Facilities** are facilities dedicated for quarantine and isolation which are managed by the National Government



#### 5 MEGA LIGTAS COVID FACILITIES

REGION	TTMF	Beds
NCR	PICC	294
NCR	World Trade Center	502
NCR	Rizal Memorial Coliseum	132
NCR	Ninoy Aquino Stadium	120
REG III	Philippine Arena	300
	TOTAL	1,348

#### TREATMENT

For case management of COVID-19 patients, healthcare providers are advised to adhere to the existing <u>PSMID Guidelines</u>.

The country is participating in the Solidarity Trial that uses four (4) treatment regimen: (1) Remdesivir (2) Chloroquine/ Hydroxychloroquine (3) Lopinavir + Ritonavir (4) Lopinavir + Ritonavir + Interferon beta-1a.

#### PERSONAL PROTECTIVE EQUIPMENT DISTRIBUTED May 08, 2020



#### FDA UPDATES LIST OF TEST KITS

FDA approved 2 additional RAPID test kits (as of May 08, 2020). Total registered COVID-19 PCR and RDT Test Kits for commercial use are now 77.<sup>1</sup>

#### **PHILHEALTH FOR ALL**

PhiHealth reminded that all Health Care Providers (HCPs) are required to submit the itemized billing statements of patients managed as COVID-19 patients. Read Advisory No. 2020-029 "Submission of Itemized Billing Statements for Claims Application for COVID-19 Benefit Packages"<sup>2</sup>

#### **POLICY IN-FOCUS**

The National Training Center for Biosafety and Biosecurity (NTCBB) of the National Institutes of Health - University of the Philippines Manila (UPM-NIH) is recognized as a training provider for biosafety and biosecurity.

A free online biosafety training is being given by NTCBB of UPM-NIH. The one and a half (1 ½) day training course covers the core principles of biosafety and biosecurity specific for the handling of the COVID-19 virus.

NTCBB provides both online and hands-on training on biosafety. Check the FAQs <u>here</u>.



## **Contact Details**

For further information, you may reach us through the following platforms:

#### SOCIAL MEDIA ACCOUNTS

- **f** Facebook: <u>fb.com/OfficialDOHgov</u>
- **Twitter:**@DOHgovph
- Viber: DOH PH COVID-19
- **♂ TikTok:** @dohgovph

#### WEBSITES

- **DOH:**
- www.doh.gov.ph
  Healthy Pilipinas: healthypilipinas.ph

## CONTACT NUMBERS

- ✔ (02) 894 COVID (26843) or 1555 (for all subscribers)
- Telemedicine hotlines (NCR): TeleMed: (02) 8424 1724
   KonsultaMD (02) 7798 8000

### Resources

- 1. Updated list of test kits: <u>https://drive.google.com/drive</u> /folders/1Dk8KjbCzk8g92HydW <u>DRvg8K-ATp7gBez?fbclid=IwAR</u> <u>1ox\_Psl1tpWAxvFbIEt4lkQTo3y</u> <u>clVM-6QPei-fMedOko9rUNalxex</u> <u>JV8</u>
- Philippine Health Insurance Corporation Advisory No. 2020-029. <u>https://www.philhealth.gov.ph</u> /advisories/2020/adv2020-0029 .pdf

**THANK YOU** for checking out the 12th issue of Beat-COVID-19 Today! We'd like to know what you think. Send us your feedback at **dohfeedback@gmail.com.**