

Beat COVID-19 Today

A COVID-19 Philippine Situationer



Issue 11 | May 08, 2020

Highlights and Recent Updates on COVID-19

- DOH recorded **8,040 active cases** as of May 06, with the majority of the patients exhibiting **mild symptoms** (6967, 86.2%).
- Twenty-three (23) licensed laboratories** across the country are now equipped to perform the RT-PCR tests while six (6) and thirty two (30) are on Stage 4 and Stage 3 accreditation, respectively.
- Overall capacity to manage and admit COVID patients is still sufficient with **more than 50% mechanical ventilators and beds in ICU, isolation, and COVID wards available** based on information gathered from *DOHDataCollect App*.
- Dr. Katherine Reyes of UP Manila College of Public Health emphasized the **six areas of health systems as means of preparations during the pandemic**: (1) surveillance, (2) communications, (3) workforce, (4) infrastructure and medical supplies, (5) governance, and (6) trust.
- Dr. Reyes pointed out that the slowdown in the doubling of cases will help the country prepare once the ECQ is lifted. She warned that the public **must stay vigilant and not be complacent**.
- DOH highlighted that those with mild symptoms being treated at home shall make it a priority to have a **healthy, balanced diet as well as regular intake of prescribed medication**.
- DOH reiterates that the New Normal setting urges the public to **remain vigilant about their health and to adopt hand washing, physical distancing, wearing of face masks and cough etiquette as part of their lifestyle**.

Case Summary

As of May 07, 2020

10,343

Total Cases

10,004

Previous day

339

Additional Cases



1,618

Recoveries

112 added



685

Deaths

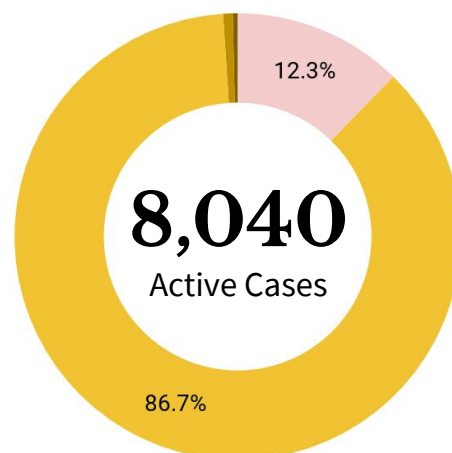
27 added

8,040

Active Cases

(net of recoveries and deaths)

Active Cases Breakdown



- Asymptomatic
- Mild
- Severe
- Critical



989

Asymptomatic

679

Pending Admission Status

168

Admitted

142

Home Isolation



6,967

Mild

5,550

Pending Admission Status

1,279

Admitted

138

Home Isolation



56

Severe



28

Critical

Probable Cases

As of May 07, 2020



3,173

Total Cases

SEVERE: Pneumonia, Difficulty of Breathing

CRITICAL: Intubated

Suspect Cases



16,446

Total Cases

PROBABLE: Previously termed as PUIs (mild or critical) with inconclusive or unofficial test results.

SUSPECT CASES: Previously termed as PUIs (mild or critical) with no test done or awaiting test results.

Goal: Shortening Duration of Infectiousness

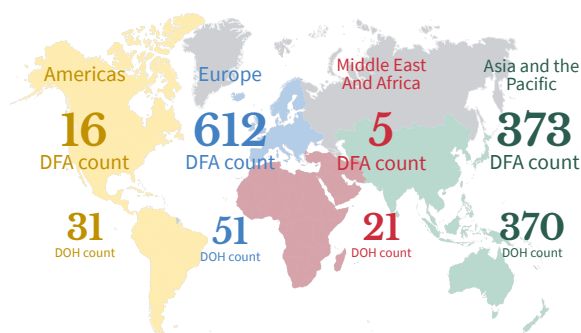
Case Summary of Overseas Filipinos (OFs)

As of May 07, 2020



DOH Counts validated through the International Health Regulation (IHR), 24 cases for validation of disposition

REGIONAL DISTRIBUTION



TOP COUNTRIES WITH COVID-19

WHO data as of May 07, 2020

Top 3 countries with the highest cases		
	USA	1,171,185
	SPAIN	219,329
	ITALY	213,013
Asian country with the highest cases		
	IRAN	99,970
Southeast Asian country with the highest cases		
	SINGAPORE	19,410

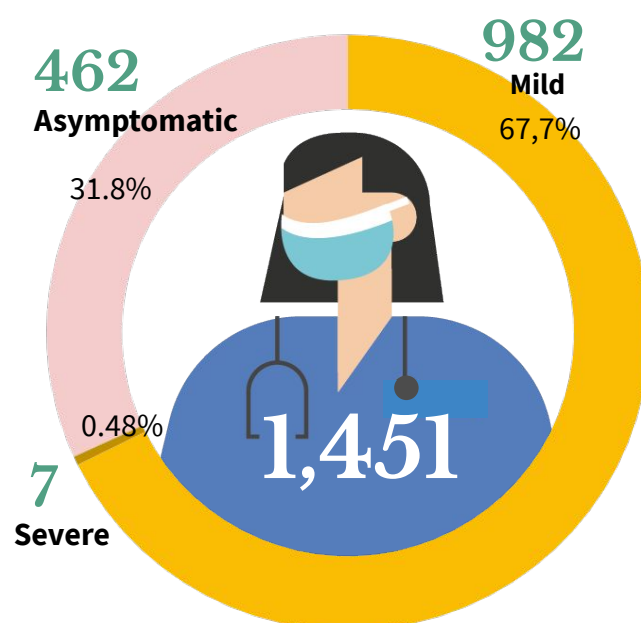
Healthcare Workers affected by COVID-19

As of May 07, 2020



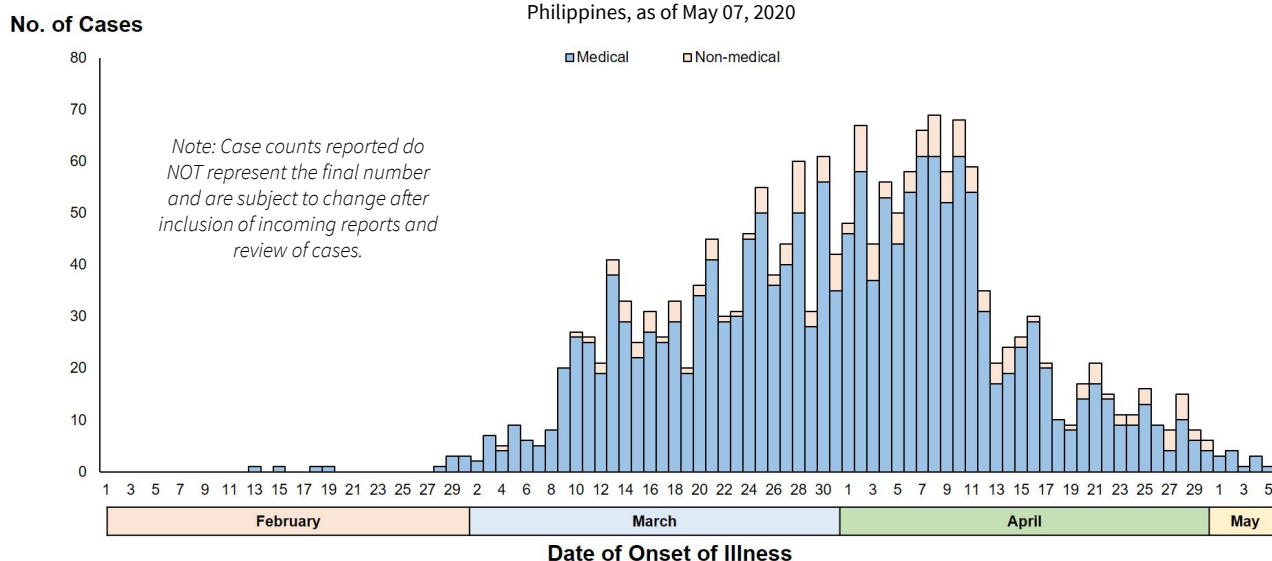
Top 5 Medical Profession/Cadre With COVID-19 cases	Total Number
Nurse	721
Physician	616
Nursing Assistant	124
Medical Technologist	71
Radiologic Technologist	38
Non-medical Staff	153

Active Cases Breakdown



Healthcare Workers with confirmed COVID-19 by Date of Onset of Illness (N= 1,934)

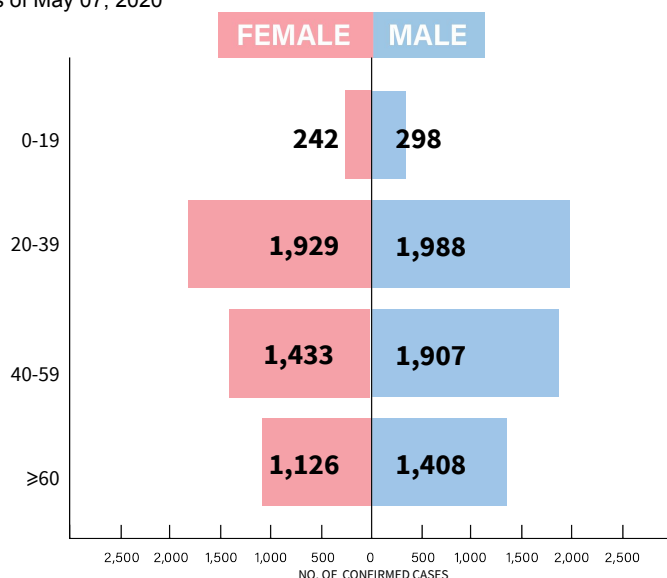
Philippines, as of May 07, 2020



Goal: Shortening Duration of Infectiousness

Age and Sex Distribution of confirmed cases

As of May 07, 2020



Most of the confirmed cases are **male** (5612; 54%) and within the **20-39 age group**. (11 cases with unspecified age included in the total)



Average hospital length of stay for recovered patients is at **15 days**.



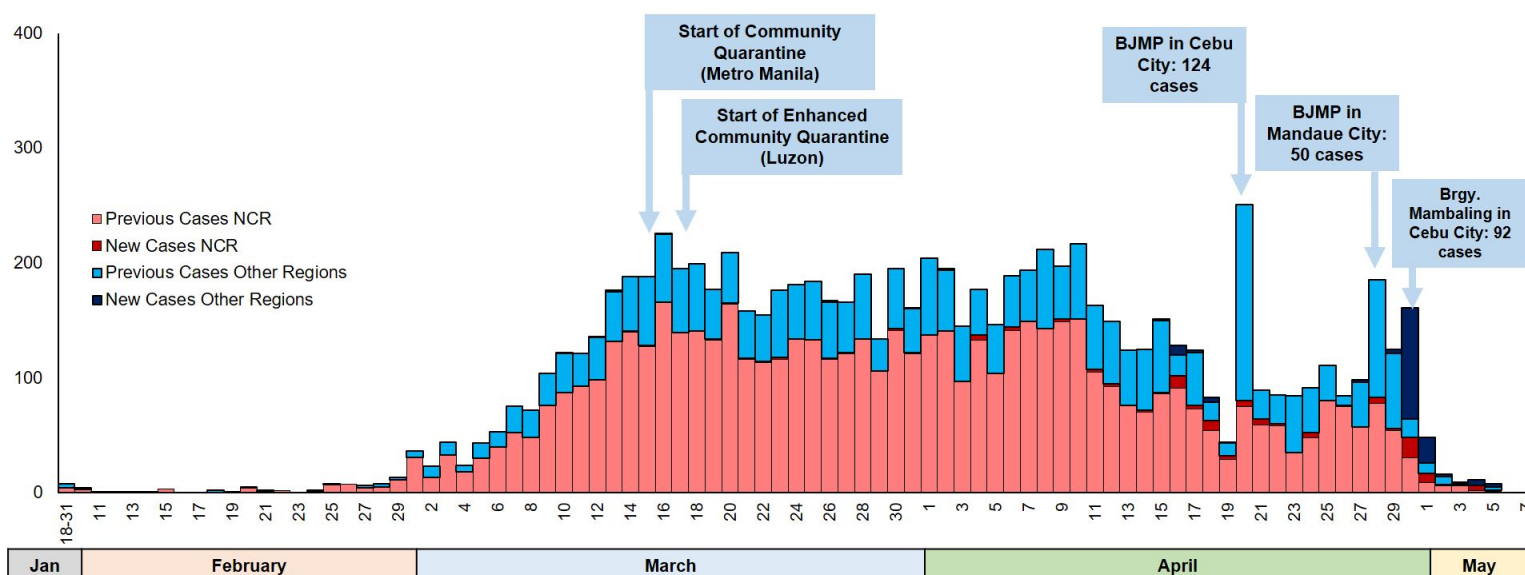
A total of 381 (**56%**) of deaths had known comorbidities: top 2 comorbidities are **hypertension** (238, 62%) and **diabetes** (187, 49%).

Confirmed COVID-19 Cases by Date of Onset of Illness (N = 10,343)

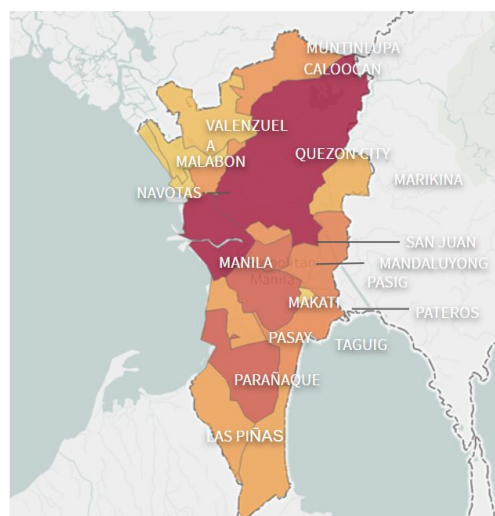
Philippines, as of May 07, 2020

Note: Case counts reported do NOT represent the final number and are subject to change after inclusion of incoming reports and review of cases.

No. of Cases



Date of Onset of Illness



A total of **6,709 (65%)** are confirmed cases from NCR. The proportion of cases in NCR **decreased from 72 % since January to April 19, 2020 (start of case detection) to 50%** for the period of April 20 to May 07, 2020.

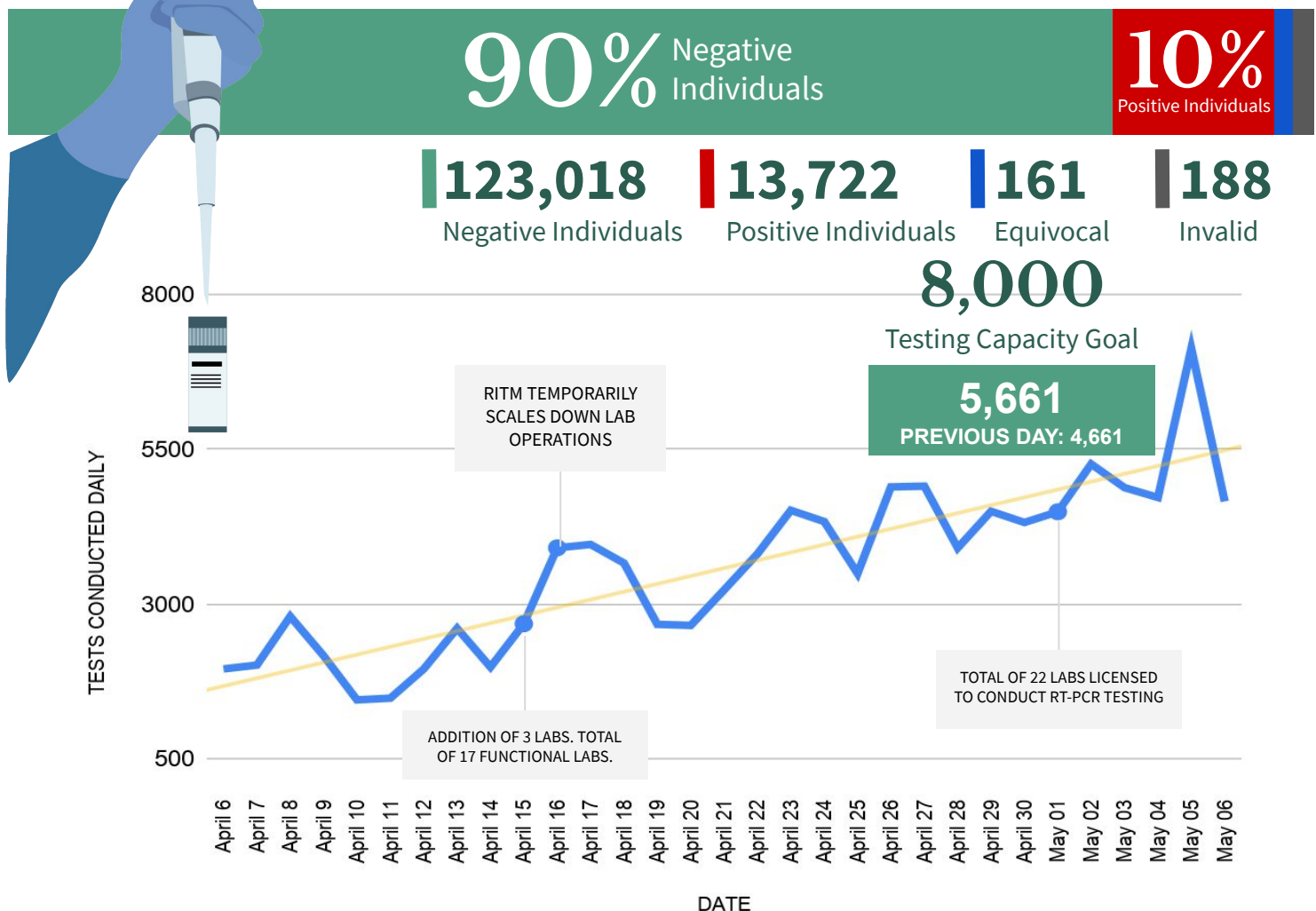
Meanwhile, cases in Region 7 **increased in proportion from 2% to 34%** for the similar period. On April 20, 2020, **124 (50%)** out of the 247 confirmed cases nationwide, were reported from BJMP facility in Cebu City. Region 7 recorded a total of 1,391 (13%) confirmed cases, the second highest reported in the country.

Region 4-A has the third highest cases with a total of 1,251 (12%) confirmed cases of yesterday. Since start of case detection, the proportion of cases in Region 4A decreased from 16% to 5% for the period of April 20 to May 07.

INDIVIDUALS TESTED AS REPORTED BY COVID-19 LABORATORIES

Note: The results of reported laboratory positive individuals are undergoing case information, validation, and processing and may not be reflected on the official case summary of the day. As of May 07, 2020 with no reports of one private laboratory as of reporting time

FACILITY NAME	DAILY OUTPUT (Tests conducted with results)	UNIQUE INDIVIDUALS TESTED					TOTAL TESTS CONDUCTED	REMAINING TEST SUPPLIES AVAILABLE
		TOTAL	POSITIVE	NEGATIVE	EQUIVOCAL	INVALID		
Research Institute for Tropical Medicine	537	50,239	7,094	43,119	20	6	59,341	76,488
Baguio General Hospital and Medical Center	267	7,313	77	7,236	0	0	8,012	1,480
San Lazaro Hospital	184	5,918	270	5,597	0	51	6,413	5,000
Vicente Sotto Memorial Medical Center (VSMMC)	515	10,332	1,610	8,711	11	0	10,925	9,600
UP National Institutes of Health	239	5,749	869	4,654	113	113	6,064	6,000
Western Visayas Medical Center	324	5,606	90	5,516	0	0	6,326	0
Southern Philippines Medical Center	230	5,109	204	4,896	0	9	5,961	8,132
Lung Center of the Philippines	358	8,854	483	8,369	0	2	8,869	5,400
Bicol Regional Diagnostic and Reference Laboratory	68	976	38	925	12	1	991	4,303
V. Luna Hospital	64	900	7	893	0	0	927	8,928
Philippine Genome Center UP-Diliman	79	259	15	240	0	4	264	7,388
Cebu TB Reference Laboratory	44	44	3	41	0	0	44	9,856
UP-PGH Molecular Laboratory	26	42	0	42	0	0	42	35
Marikina Molecular Diagnostics Laboratory	94	94	3	91	0	0	94	308
Detoxicare Molecular Diagnostics Laboratory		1,686	148	1,538	0	0	1,686	1,381
Makati Medical Center	98	2,021	138	1,883	0	0	2,096	9,456
St. Luke's Medical Center - QC	113	3,098	538	2,560	0	0	3,098	3,946
The Medical City	124	1,814	271	1,543	0	0	1,845	1,023
St. Luke's Medical Center - BGC	207	5,613	520	5,093	0	0	6,485	18,900
Philippine Red Cross (PRC)	900	12,132	711	11,419	0	2	12,129	70,000
Chinese General Hospital	300	2,286	270	2,016	0	0	2,291	722
Philippine Red Cross Logistics & Multipurpose Center	810	6,178	292	5881	5	0	4,863	Shares inventory with PRC
Singapore Diagnostics	80	80	7	73	0	0	160	9,440
TOTAL	5,661	137,089	13,722	123,018	161	188	151,080	257,786



FACILITY NAME	REGION	STAGE
Research Institute for Tropical Medicine	NCR	V
San Lazaro Hospital		
UP National Institutes of Health		
Lung Center of the Philippines		
St. Luke's Medical Center- QC		
The Medical City - Ortigas		
Victoriano Luna - AFRIMS		
Molecular Diagnostics Laboratory		
St. Luke's Medical Center - BGC		
Makati Medical Center		
Philippine Red Cross		
Chinese Gen. Hospital		
PRC-PLMC		
Philippine Genome Center UP-Diliman		
Marikina Molecular Diagnostic Laboratory		
UP-PGH Molecular Laboratory		
Singapore Diagnostic, Inc.		
Baguio General Hospital and Medical Center		
Bicol Regional Diagnostic and Reference Laboratory	V	
Western Visayas Medical Center	VI	
Vicente Sotto Memorial Medical Center	VII	
Cebu TB Reference Laboratory		
Southern Philippines Medical Center	XI	
Asian Hospital & Medical Center	NCR	IV
PRC-Port		
J B. Lingad Memorial Hospital	III	
De La Salle University - Cavite	IVA	
Allegiant Regional Care Hospital	VII	
Eastern Visayas Regional COVID-19 Testing Center	IX	
National Kidney and Transplant Institute	NCR	III
ABC Clinical Laboratory		
Hi-Precision (QC)		
PNP Crime Laboratory		
Fe del Mundo Medical Center		
Dr. Jose B. Rodriguez Memorial Hospital and Sanitarium (TALA)	I	
Ilocos Training Regional Medical Center		
Mariano Marcos Memorial Hospital		
Cagayan Valley Medical Center	II	
Southern Isabela Medical Center		
Cagayan Valley CHD TB Reference Laboratory		
The Medical City - Clark	III	
Central Luzon Doctor's Hospital		
Bataan General Hospital		
Batangas Medical Center	IVA	
San Pablo College Medical Center		
Calamba Medical Center		
Bacolod Queen of Mercy Hospital	VI	
Teresita Jalandoni Provincial Hospital		
Western Visayas State University Medical Center		
Divine Word Hospital	VIII	
Zamboanga City Medical Center	IX	
Department of Agriculture Field Office IX		
Northern Mindanao TB Regional Center	X	
TB Reference Center- CHD Region X		
Polymedic Medical Plaza		
Cotabato Regional Medical Center	XII	
Dr. Arturo Pingoy Medical Center		
Adela Serra TY Memorial Medical Center	XIII	
CARAGA Regional Hospital		

Additional laboratory for May 07

FACILITY NAME (RT-PCR using Gene Xpert)	REGION	STAGE
Zamboanga City Medical Center	IX	V
Lung Center of the Philippines	NCR	III
Philippine Tuberculosis Society, Inc.- Quezon Institute		
San Lazaro Hospital		
Tondo Medical Center		

STATUS OF LABORATORY LICENSING

As of May 07, 2020

LICENSING OF LABORATORIES STATUS

23

NO. OF LICENSED TESTING LABORATORIES

85

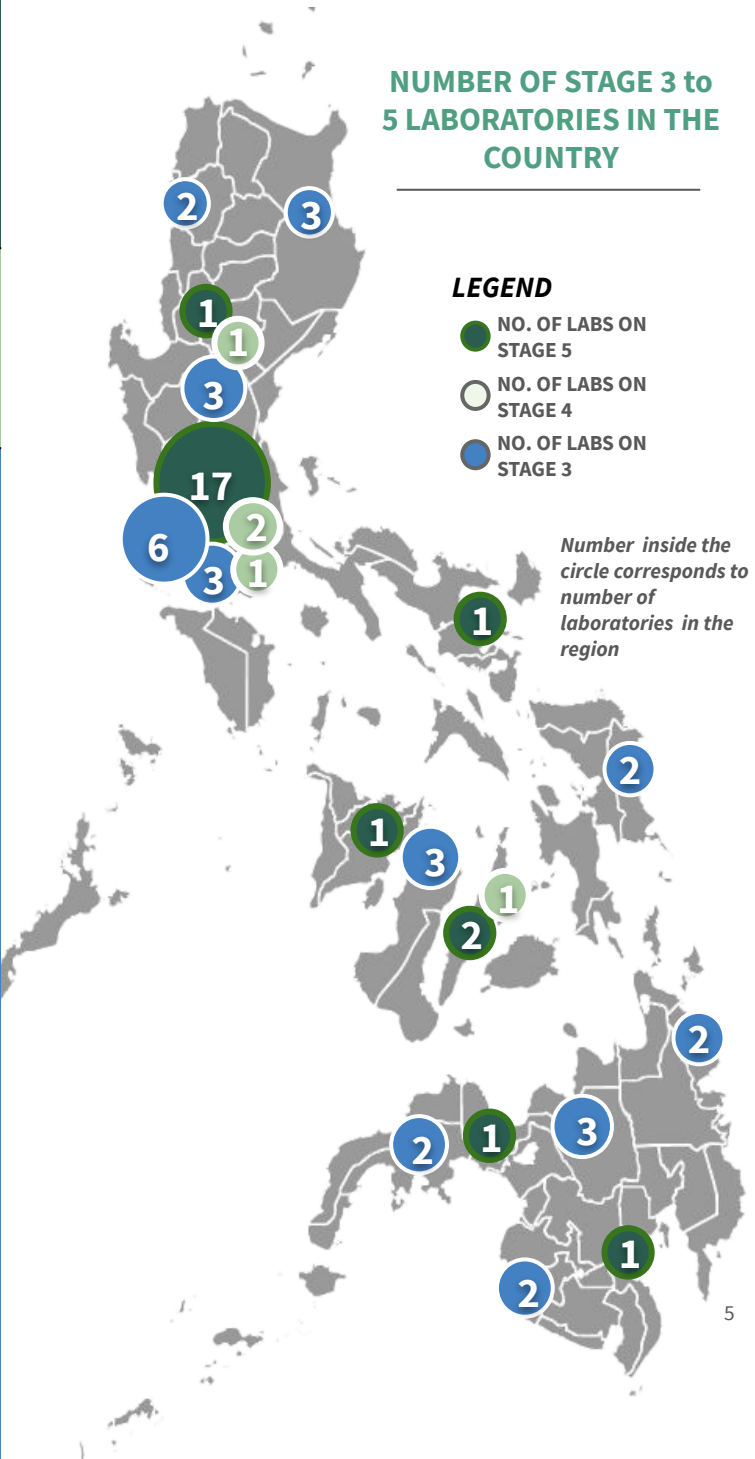
TOTAL NO. OF LABORATORY APPLICATIONS

64

NO. OF LABORATORIES STAGE 3 AND ABOVE

75%

% LABS ON STAGE 3 AND ABOVE



Goal: Increase Resilience, Stop Transmission, Reduce Contact

BEHAVIORAL MESSAGES OF THE DAY

As of May 07, 2020

- As the country ushers into the New Normal era, minimum health standards are essential to keep everyone healthy and safe. In [school settings](#), students, teachers, and other staff should maintain a healthy diet, exercise daily for at least 15 minutes, talk regularly with their loved ones, and sleep for at least 7-8 hours a day. Everyone should wear face masks (or other appropriate PPEs) and practice hand hygiene to prevent possible spread of disease. Before entering the school premises, everyone should see to it that they are checked for symptoms.
- Households with members who have mild symptoms should prioritize healthy diet for the patient as well as intake of medicine prescribed by healthcare workers. It is imperative to contact local BHERT or the DOH hotline as soon as symptoms worsen. Visit the [Healthy Pilipinas](#) website for more information.
- In an effort to increase efficiency and reduce contact, [telemedicine](#) is highly recommended for non-emergency concerns. Telemedicine benefits patients, doctors, and healthcare workers alike, as it allows medical consultation over the phone while healthcare workers are able to better prioritize and focus on worse cases. Telemedicine services those in the NCR with free*, round-the-clock non-emergency consultations. You can contact them through these numbers:
(02) 8424 1724 — *Telimed Management Inc. and Medgate*
(02) 7798 8000 — *Global Telehealth, Inc. (KonsultaMD)*

*Charges may apply in some calls.

MINIMUM HEALTH STANDARDS: FAQs - SCHOOL



Q: Paano mapapanatili ng mga guro, estudyante at iba pang staff ng eskwelehan ang kanilang kalusugang pisikal at mental?

A: Kumain ng masustansya at laging isaisip ang prinsipyang Pinggang Pinoy ng DOH. Iwasang kumain ng pagkain na sobrang tamis, maalat, at mataba. Uminom ng hindi bababa sa 1.5 litrong tubig araw-araw.



f OfficialDOHgov @DOHgovph doh.gov.ph (02) 894-COVID / 1555



WHEN DO I CONTACT THE BARANGAY HEALTH EMERGENCY RESPONSE TEAM (BHERT)?

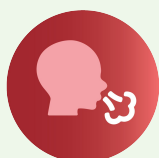
These are the SEVERE SYMPTOMS you need to watch out for:



Difficulty breathing



Mental confusion or changes in alertness



Shortness of breath



Drowsiness and/or difficulty waking up



Persistent pain or pressure in the chest



Pale, bluish face and lips

In case you experience any of the following severe symptoms, call your **Barangay Health Emergency Response Team (BHERT)** immediately. They will refer you to the appropriate facility close to your residence.

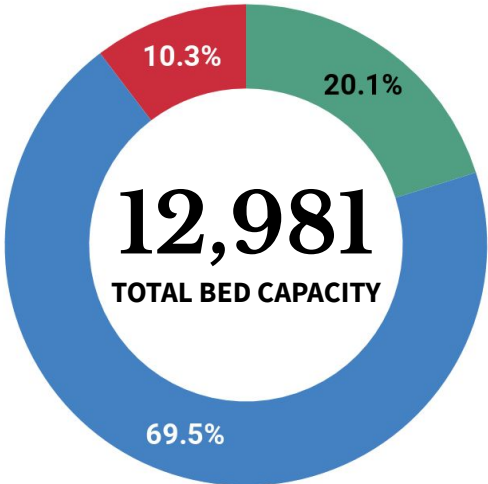


Goal: Enhance quality, consistency, and affordability of care provision

HOSPITAL BEDS AND MECHANICAL VENTILATORS DEDICATED TO COVID-19 CASES

Data taken from the DOH DataCollect App. Specific for COVID-19 cases.

As of May 07, 2020



Ward Beds Isolation Beds ICU Beds



944
Ward beds
occupied

1,669
available



Ward beds for confirmed COVID-19 cases



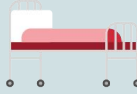
3,836
Isolation beds
occupied

5,190
available



541
ICU beds
occupied

801
available



432
Mech vents
in use

1,505
available



DEDICATED BEDS FOR COVID-19 CASES IN TTMFs

As of May 07, 2020

Local Isolation and General Treatment Areas for COVID-19 cases (LIGTAS COVID centers) are community-managed facilities dedicated for quarantine or isolation of suspected COVID-19 cases.

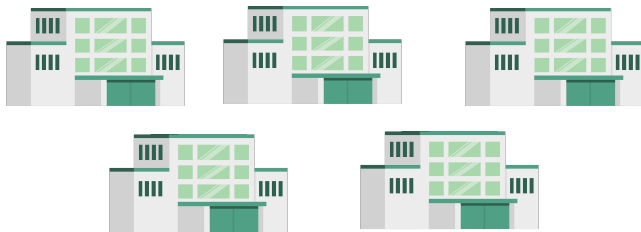


39,305
BEDS IN LIGTAS COVID
FACILITIES

MEGA LIGTAS AND LIGTAS COVID-19 FACILITIES

As of May 07, 2020

Mega LIGTAS COVID-19 Facilities are facilities dedicated for quarantine and isolation which are managed by the National Government



5 MEGA LIGTAS COVID
FACILITIES

REGION	TTMF	Beds
NCR	PICC	294
NCR	World Trade Center	502
NCR	Rizal Memorial Coliseum	132
NCR	Ninoy Aquino Stadium	120
REG III	Philippine Arena	300
TOTAL		1,348

NCR	2,898
CAR	454
REG I	3,162
REG II	3,680
REG III	1,732
REG IV-A	3,151
REG IV-B	1,351
REG V	5,793
REG VI	5,097

REG VII	3,976
REG VIII	1,191
REG IX	986
REG X	2,970
REG XI	130
REG XII	266
REG XIII	1,267
BARMM	1,201
TOTAL	38,905

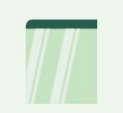






TREATMENT

For case management of COVID-19 patients, healthcare providers are advised to adhere to the existing [PSMID Guidelines](#).

The country is participating in the Solidarity Trial that uses four (4) treatment regimen: (1) Remdesivir (2) Chloroquine/ Hydroxychloroquine (3) Lopinavir + Ritonavir (4) Lopinavir + Ritonavir + Interferon beta-1a.

PERSONAL PROTECTIVE EQUIPMENT DISTRIBUTED

May 07, 2020

	569,465 Coveralls		145,746 Face Shields
	2,773,750 Face Masks		653,825 Headcaps
	928,670 Gloves		2,392 Thermal Scanners
	491,800 Gowns		447,828 Goggles
	366,720 Kn95		30 Non-invasive Ventilators
	246,500 N95		10 Sanitation Tents
			84,000 Aprons

PHILHEALTH FOR ALL

The Philippine Health Insurance (PhilHealth) is continuously releasing funds to different health facilities across the country for the COVID-19 response. As of May 6, 2020, PhilHealth released a total of **12.3B to 494 hospitals**.

PhilHealth also featured a COVID-19 survivor showcasing her experience on how PhilHealth was able to help her. Read the whole article [here](#).

POLICY IN-FOCUS

Non-critical items used in the management of COVID-19 patients, such as trays, linens, records, and bed railings, are possible fomites for transmission. As such there is a need to implement infection prevention control measures on proper handling of these items.

The DOH issued the *Interim Guidelines on Proper Handling & Disinfection of Noncritical Items Used in the Management of COVID-19 Patients in All Health Facilities & Temporary Treatment & Monitoring Facilities*¹ to ensure the safety of health workers and prevent the transmission of COVID-19. Check out the FAQs [here](#).



Contact Details

For further information, you may reach us through the following platforms:

SOCIAL MEDIA ACCOUNTS

- f Facebook:**
fb.com/OfficialDOHgov
- Twitter:**
[@DOHgovph](https://twitter.com/DOHgovph)
- Viber:**
DOH PH COVID-19
- TikTok:**
[@dohgovph](https://tiktok.com/@dohgovph)

WEBSITES

- DOH:**
www.doh.gov.ph
- Healthy Pilipinas:**
healthypilipinas.ph

CONTACT NUMBERS

- (02) 894 - COVID (26843) or 1555 (for all subscribers)
- Telemedicine hotlines (NCR):
TeleMed: (02) 8424 1724
KonsultaMD (02) 7798 8000

Resources

- Interim Guidelines on Proper Handling & Disinfection of Noncritical Items Used in the Management of COVID-19 Patients in All Health Facilities & Temporary Treatment & Monitoring Facilities:
https://drive.google.com/file/d/18yQDAcyS9X9FMuWvzFqlc_IAI9MVTpNr/view

THANK YOU for checking out the eleventh issue of Beat-COVID-19 Today! We'd like to know what you think. Send us your feedback at dohfeedback@gmail.com.