

Beat COVID-19 Today

A COVID-19 Philippine Situationer



Issue 10 | May 07, 2020

Highlights and Recent Updates on COVID-19

- DOH recorded **7,840 active cases** as of May 06, with the majority of the patients exhibiting **mild symptoms (6,758, 86.4%)**.
- DOH underscored the importance of non-pharmacologic interventions in responding to the pandemic. Early detection and isolation of cases is essential but practicing preventive measures will further curb the spread of the virus.
- DOH recorded its highest single-day COVID-19 recoveries on May 5, with 101 additional patients who have won against the disease. These numbers show that there is a higher chance that the country will heal and recover from this pandemic.
- Dr. John Wong of Epimetrix Inc. and associate professor of the Ateneo School of Medicine and Public Health claimed that the country is beginning to flatten the curve. Although there is some flattening of movement now, Wong warned that the cases will continue to fluctuate as long as there is still no vaccine for COVID-19, thus the public should be very vigilant about resurgence when ECQ is relaxed.
- DOH highlighted that those with mild symptoms can be treated at home, with the exception of the elderly and the immunocompromised. Those with mild symptoms should observe their health status and report regularly to their Barangay Health Emergency Response Teams (BHERTS).
- DOH reiterated the need for the public to get used to the New Normal setting. In this renewed consciousness, the public has to keep in mind that their practices and behaviors should lead to improved health.

Case Summary

As of May 06, 2020

10,004

Total Cases

9,684

Previous day

320

Additional Cases



1,506 98 added
Recoveries

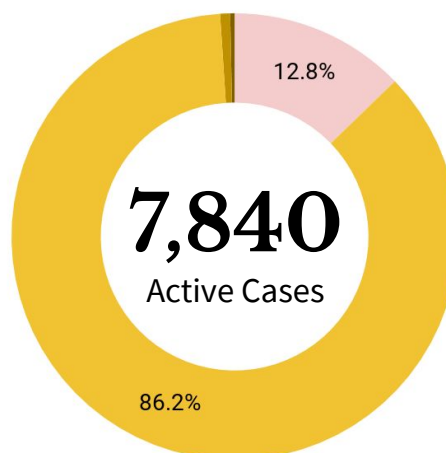


658 21 added
Deaths

7,840

Active Cases
(net of recoveries and deaths)

Active Cases Breakdown



- Asymptomatic
- Mild
- Severe
- Critical



1,000
Asymptomatic

682
Pending Admission Status

183
Admitted

135
Home Isolation



6,758
Mild

5,333
Pending Admission Status

1,289
Admitted

136
Home Isolation



57
Severe



25
Critical

Probable Cases

As of May 06, 2020



3,342
Total Cases

SEVERE: Pneumonia, Difficulty of Breathing

CRITICAL: Intubated

Suspect Cases



15,965
Total Cases

PROBABLE: Previously termed as PUIs (mild or critical) with inconclusive or unofficial test results.

SUSPECT CASES: Previously termed as PUIs (mild or critical) with no test done or awaiting test results.

Goal: Shortening Duration of Infectiousness

Case Summary of Overseas Filipinos (OFs)

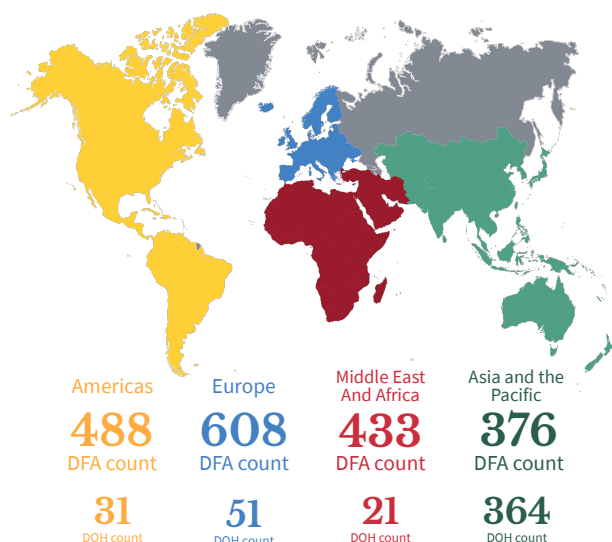
As of May 06, 2020

1,905Confirmed OFs
DFA Count**467**Confirmed OFs
DOH Count

DOH Counts validated through the International Health Regulation (IHR), 18 cases for validation of disposition

REGIONAL DISTRIBUTION

As of May 06, 2020



TOP COUNTRIES WITH COVID-19

WHO data as of May 06, 2020

Top 3 countries with the highest cases

**USA**

1,154,985

**SPAIN**

218,011

**ITALY**

211,938

Asian country with the highest cases

**IRAN**

98,647

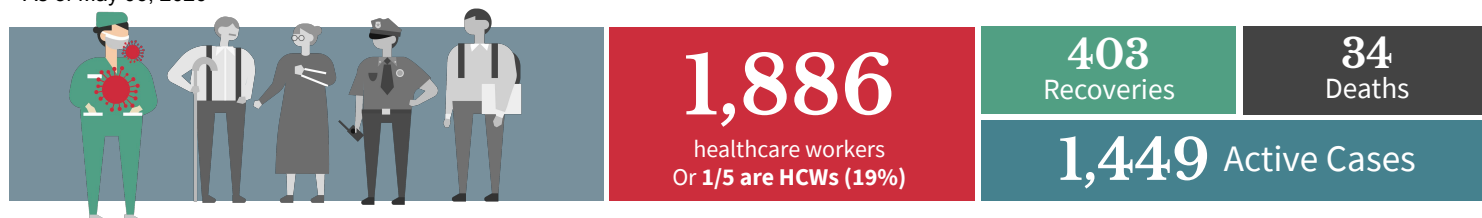
Southeast Asian country with the highest cases

**SINGAPORE**

18,778

Healthcare Workers affected by COVID-19

As of May 06, 2020

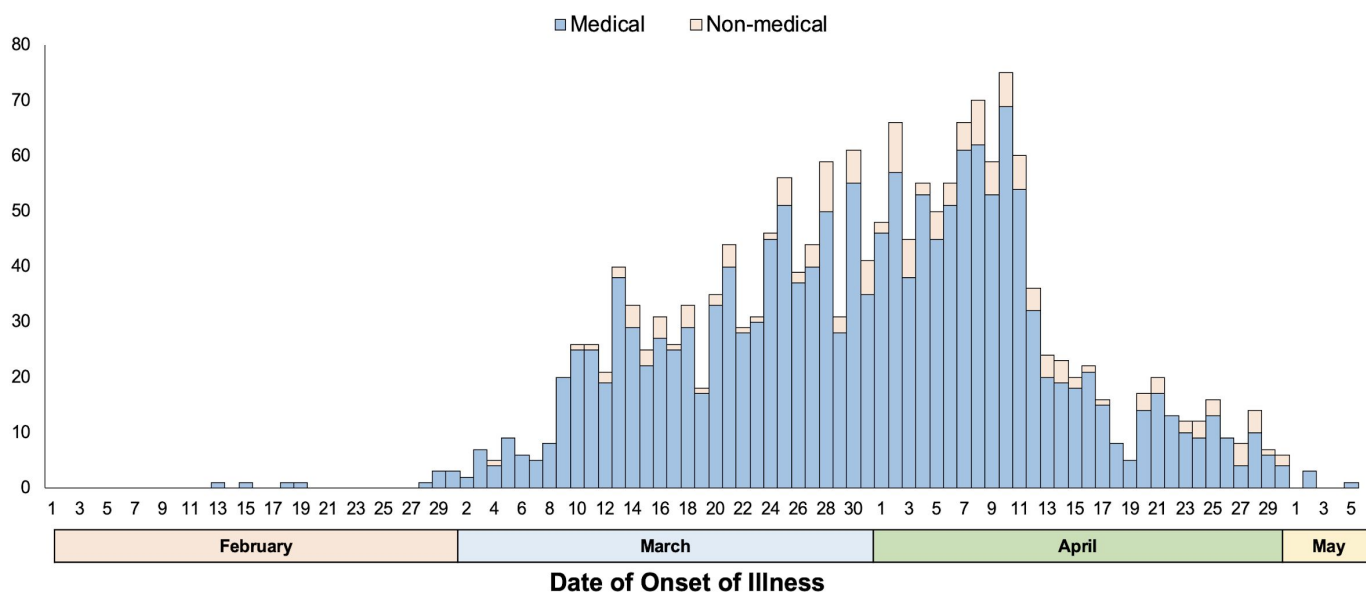


Healthcare Workers with confirmed COVID-19 by Date of Onset of Illness (N= 1,886)

Philippines, as of May 06, 2020

Note: Case counts reported do NOT represent the final number and are subject to change after inclusion of incoming reports and review of cases.

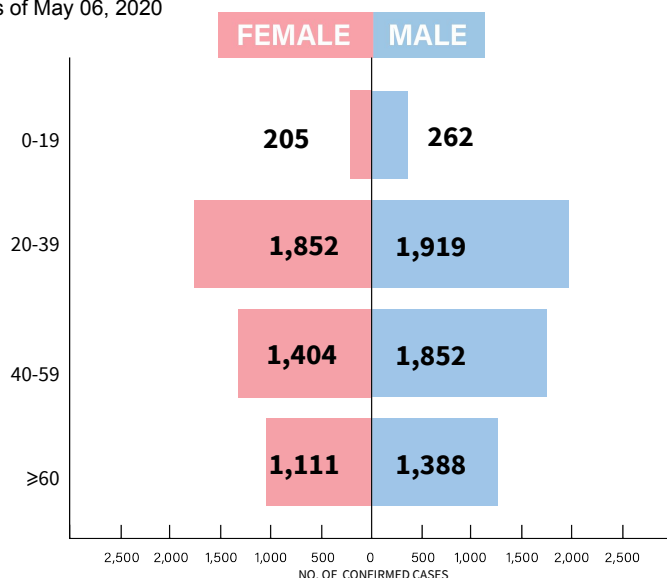
No. of Cases



Goal: Shortening Duration of Infectiousness

Age and Sex Distribution of confirmed cases

As of May 06, 2020



Most of the confirmed cases are **male** (5,430; 54%) and within the **20-39 age group**. (9 cases with unspecified age included in the total)



Average hospital length of stay for recovered patients is at **15 days**.

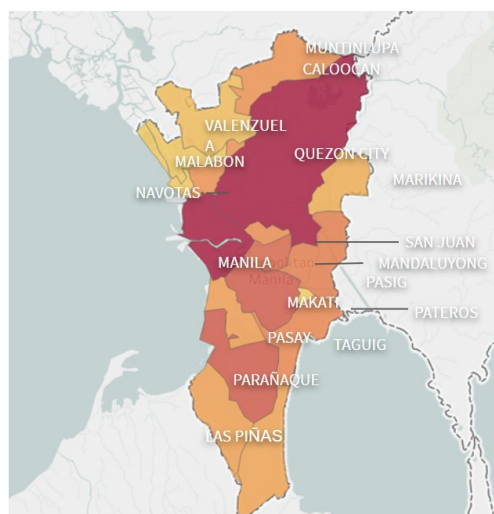
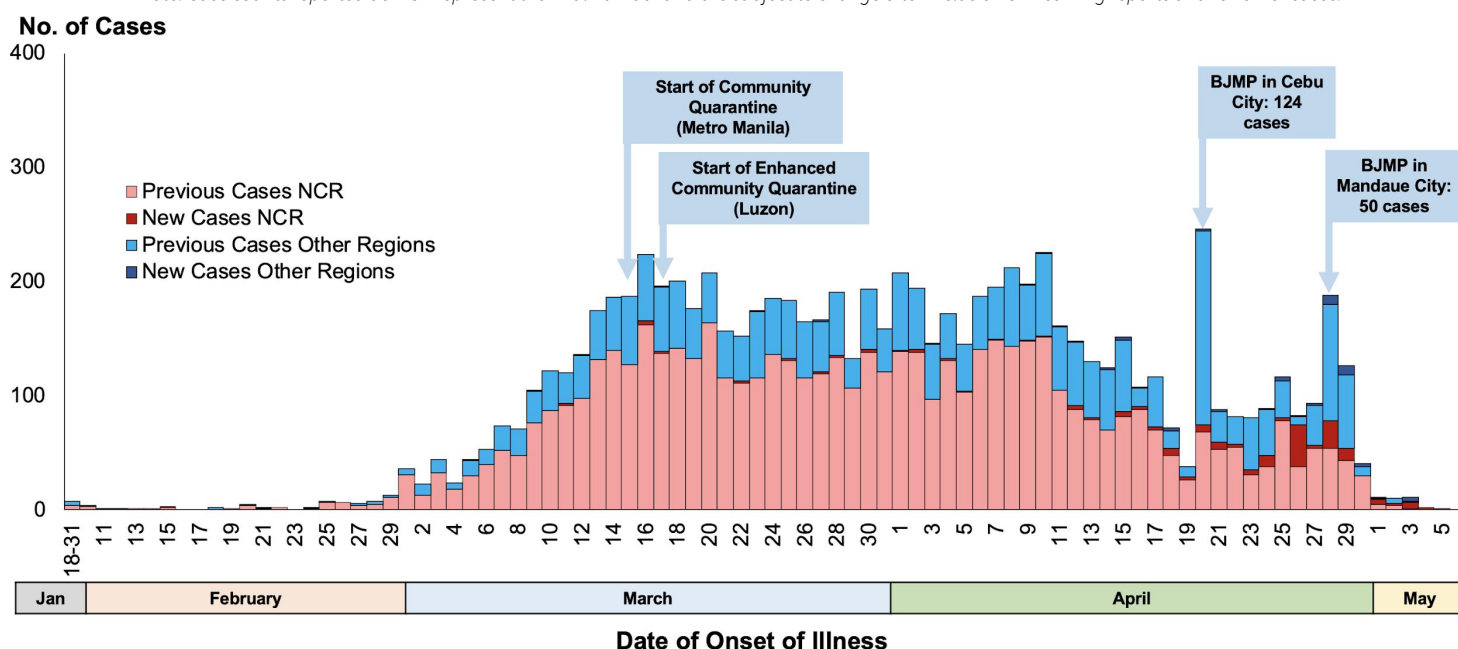


A total of **363 (55%)** of deaths had known comorbidities: top 2 comorbidities are **hypertension** (224, 62%) and **diabetes** (177, 49%).

Confirmed COVID-19 Cases by Date of Onset of Illness (N=10,004)

Philippines, as of May 06, 2020

Note: Case counts reported do NOT represent the final number and are subject to change after inclusion of incoming reports and review of cases.



The proportion of cases in NCR **decreased from 72 % since January to April 19, 2020 to 53%** for the period of April 20 to May 06, 2020.

A total of **6,596 (66%)** are confirmed cases from NCR: Top 3 barangays: **Addition Hills, Mandaluyong (62); Tandang Sora, Quezon City (60); and San Antonio, Parañaque (56)**.

However, cases in Region 7 **increased in proportion from 2% since January to April 19, 2020 to 30%** for the period of April 20 to May 06, 2020. On April 20, 2020, 124 (50%) out of the 247 confirmed cases nationwide, were reported from BJMP facility in Cebu City.

INDIVIDUALS TESTED AS REPORTED BY COVID-19 LABORATORIES

Note: The results of reported laboratory positive individuals are undergoing case information, validation, and processing and may not be reflected on the official case summary of the day.

As of May 06, 2020 with no reports of two private laboratories as of reporting time

FACILITY NAME	DAILY OUTPUT	UNIQUE INDIVIDUALS TESTED					TOTAL TESTS CONDUCTED	REMAINING TEST SUPPLIES AVAILABLE
		TOTAL	POSITIVE	NEGATIVE	EQUIVOCAL	INVALID		
Research Institute for Tropical Medicine	575	49,833	7,090	42,717	20	6	58,804	88,488
Baguio General Hospital and Medical Center	235	7,075	77	6,998	0	0	7,745	1,780
San Lazaro Hospital	372	5,734	270	5,443	0	21	6,229	0
UP National Institutes of Health	555	9,831	1,580	8,244	7	0	10,410	10,400
Vicente Sotto Memorial Medical Center (VSMC)	116	5,515	844	4,459	104	108	5,825	1,500
Western Visayas Medical Center	254	5,288	90	5,198	0	0	6,002	264
Southern Philippines Medical Center	239	4,927	195	4,725	0	7	5,731	8,390
Lung Center of the Philippines	91	8,496	461	8,033	0	2	8,511	40
Bicol Regional Diagnostic and Reference Laboratory	30	908	36	860	11	1	923	4,343
V. Luna Hospital	60	836	5	831	0	0	863	9,000
Philippine Genome Center UP-Diliman	61	184	11	171	0	2	185	1,465
Detoxicare Molecular Diagnostics Laboratory		1,686	148	1,538	0	0	1,686	1,381
Makati Medical Center	87	1,936	138	1,798	0	0	1,998	9,566
St. Luke's Medical Center - QC	180	2,999	521	2,478	0	48	3,248	3,946
The Medical City	121	1,697	258	1,439	0	0	1,721	1,023
St. Luke's Medical Center - BGC	211	5,421	501	4,920	0	0	6,278	20,520
Philippine Red Cross (PRC)		10,438	630	9,808	0	0	10,438	70,000
Chinese General Hospital	130	1,986	205	1,781	0	0	1,991	722
Philippine Red Cross Logistics & Multipurpose Center	1344	6,200	319	5,881	0	0	6,207	Shares inventory with PRC
TOTAL	4,661	130,990	13,379	117,322	142	147	144,583	227,268

no report



90% Negative Individuals

10% Positive Individuals

117,322

Negative Individuals

13,379

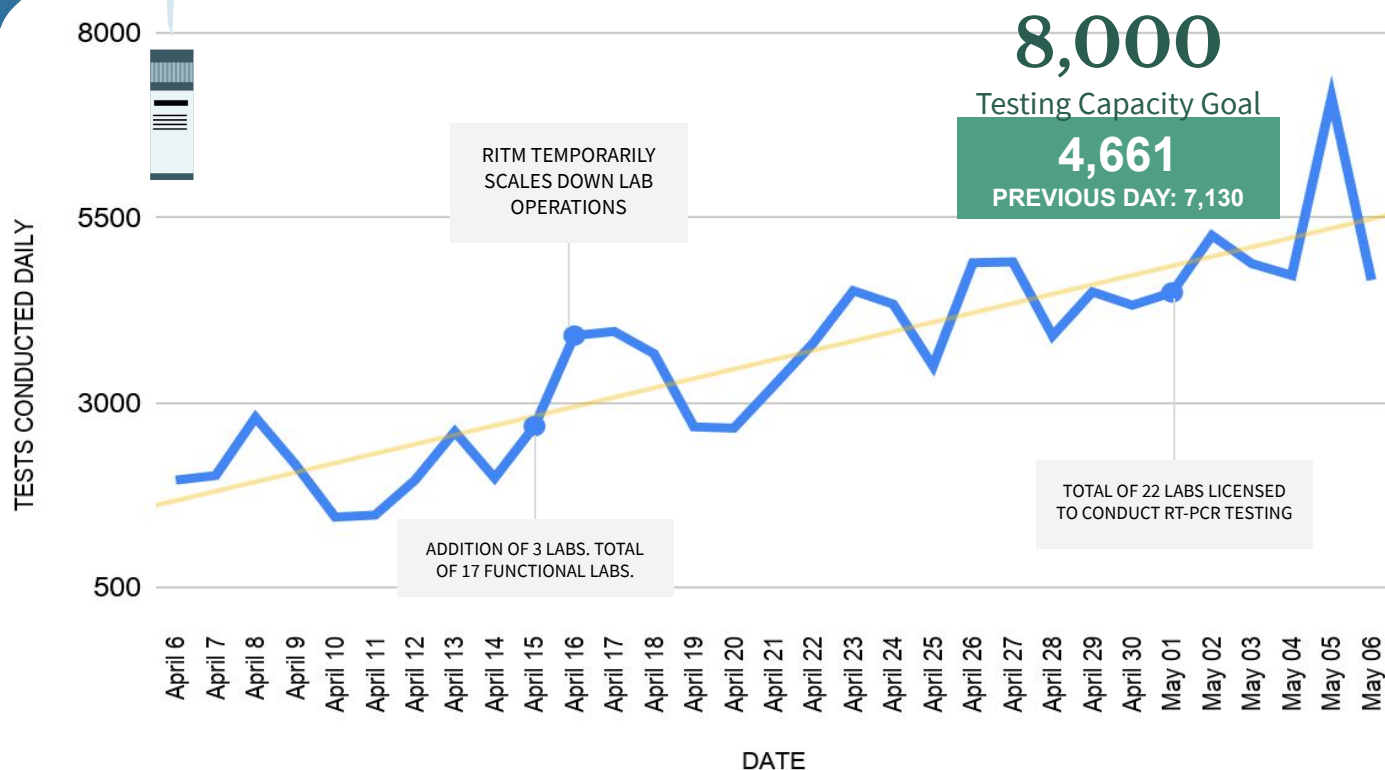
Positive Individuals

142

Equivocal

147

Invalid



FACILITY NAME	REGION	STAGE	
Research Institute for Tropical Medicine	NCR	V	
San Lazaro Hospital			
UP National Institutes of Health			
Lung Center of the Philippines			
St. Luke's Medical Center- QC			
The Medical City - Ortigas			
Victoriano Luna - AFRIMS			
Molecular Diagnostics Laboratory			
St. Luke's Medical Center - BGC			
Makati Medical Center			
Philippine Red Cross			
Chinese Gen. Hospital			
PRC-PLMC			
Philippine Genome Center UP-Diliman			
Marikina Molecular Diagnostic Laboratory			
UP-PGH Molecular Laboratory			
Singapore Diagnostic, Inc.			
Baguio General Hospital and Medical Center			CAR
Bicol Regional Diagnostic and Reference Laboratory			V
Western Visayas Medical Center	VI		
Vicente Sotto Memorial Medical Center	VII		
Cebu TB Reference Laboratory	XI		
Southern Philippines Medical Center			
Asian Hospital & Medical Center		NCR	
De La Salle University - Cavite	IVA	IV	
Allegiant Regional Care Hospital	VII		
National Kidney and Transplant Institute	NCR		III
ABC Clinical Laboratory			
Hi-Precision (QC)			
PNP Crime Laboratory			
Fe del Mundo Medical Center			
Dr. Jose B. Rodriguez Memorial Hospital and Sanitarium (TALA)			
Ilocos Training Regional Medical Center	I		
Mariano Marcos Memorial Hospital			
Cagayan Valley Medical Center	II		
Southern Isabela Medical Center			
Cagayan Valley CHD TB Reference Laboratory			
The Medical City - Clark	III		
Central Luzon Doctor's Hospital			
J B. Lingad Memorial Hospital			
Bataan General Hospital			
Batangas Medical Center	IVA		
San Pablo College Medical Center			
Calamba Medical Center			
Bacolod Queen of Mercy Hospital	VI		
Teresita Jalandoni Provincial Hospital			
Western Visayas State University Medical Center			
Divine Word Hospital	VIII		
Eastern Visayas Regional Medical Center			
Zamboanga City Medical Center	IX		
Department of Agriculture Field Office IX			
Northern Mindanao TB Regional Center	X		
TB Reference Center- CHD Region X			
Polymedic Medical Plaza			
Cotabato Regional Medical Center	XII		
Dr. Arturo Pingoy Medical Center			
Adela Serra TY Memorial Medical Center	XIII		
CARAGA Regional Hospital			

FACILITY NAME (RT-PCR using Gene Xpert)	REGION	STAGE
Lung Center of the Philippines	NCR	III
Philippine Tuberculosis Society, Inc.- Quezon Institute		
San Lazaro Hospital		
Tondo Medical Center		

STATUS OF LABORATORY LICENSING

As of May 06, 2020

LICENSING OF LABORATORIES STATUS

23

NO. OF LICENSED TESTING LABORATORIES

84

TOTAL NO. OF LABORATORY APPLICATIONS

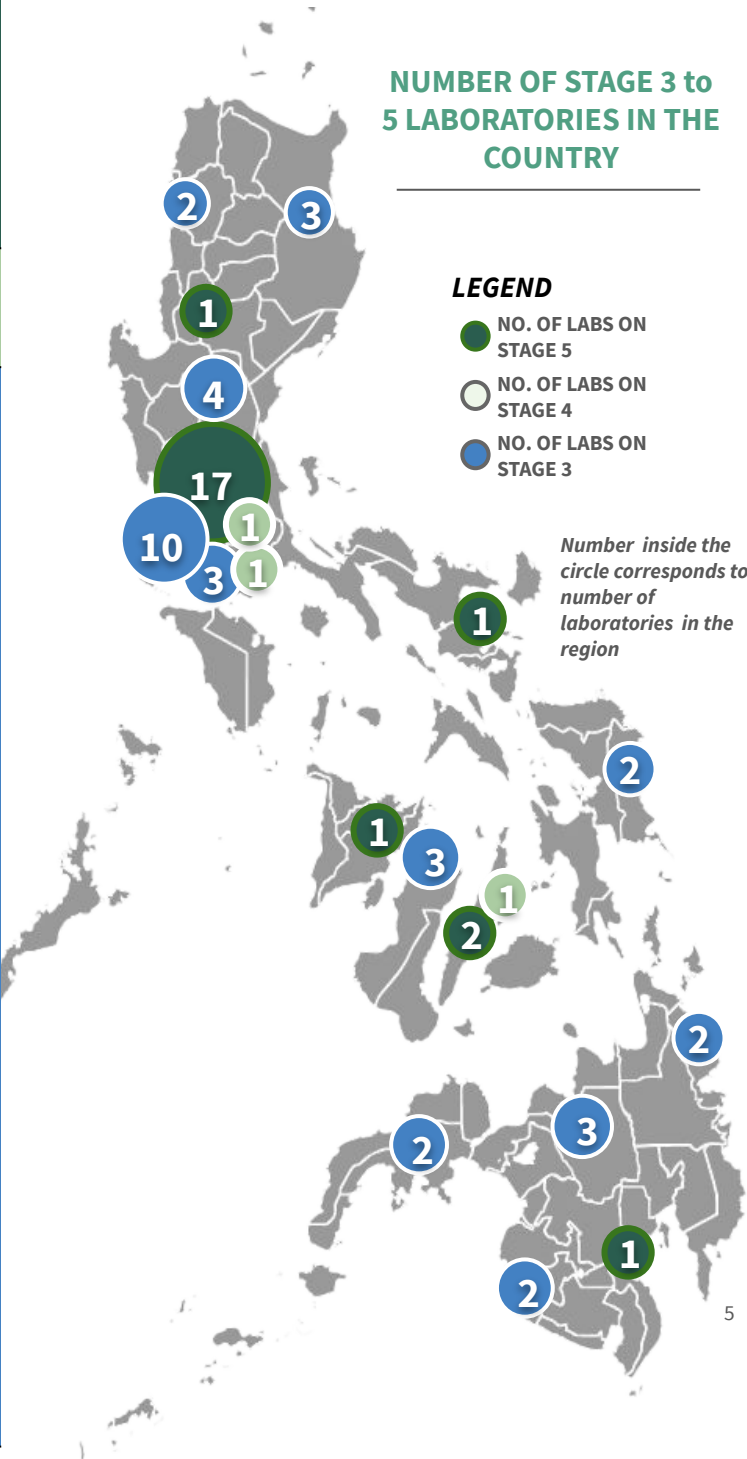
62

NO. OF LABORATORIES STAGE 3 AND ABOVE

74%

% LABS ON STAGE 3 AND ABOVE

NUMBER OF STAGE 3 to 5 LABORATORIES IN THE COUNTRY



Goal: Increase Resilience, Stop Transmission, Reduce Contact

BEHAVIORAL MESSAGES OF THE DAY

As of May 06, 2020

- DOH emphasized the need for the public to grow used to the New Normal setting. In this renewed consciousness, the public has to keep in mind that their practices and behaviors should lead to improved health. Among these practices are (1) eating a healthy diet, (2) exercising for at least 15 minutes daily, and (3) communicating with peers and friends regularly. In relation to this, DOH propounds [guidelines](#) to maintain health standards at the office/workplaces.
- DOH educated the public of ways to avoid heat stroke during quarantine, especially for those who are staying and working at home. According to the Department, ways to prevent heat stroke include (1) drinking lots of water, (2) avoiding going out of the house, (3) avoiding drinking tea, coffee, soda, and alcoholic beverages, and (4) wearing of a hat and long sleeves shirt when going out.
- For households with members who have mild symptoms, DOH recommended household members to disinfect regularly, especially items and spaces used and occupied by the patient. Proper handwashing is also advised. It is imperative to contact local BHERT or the DOH hotline as soon as symptoms worsen. Visit the [Healthy Pilipinas](#) website for more information.

MINIMUM HEALTH STANDARDS: FAQs - OFFICES/WORKPLACE



Q: Paano mapapanatili ng mga empleyado ang kanilang kalusugang pisikal at mental?

A: Kumain ng masustansya at laging isaisip ang prinsipyong Pinggang Pinoy ng DOH. Iwasang kumain ng pagkain na sobrang tamis, maalat, at mataba.



Uminom ng hindi bababa sa 1.5 litrong tubig araw-araw.



HOW DO YOU REMAIN SAFE AND HEALTHY AMIDST THE COVID-19 PANDEMIC?

ALWAYS remember and practice the following:



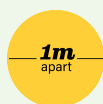
Wash hands with soap and water for 20 seconds or more (Try singing the chorus of your favorite song while washing).



Use a hand sanitizer with 70% alcohol if you can't wash your hands for 20 seconds or more.



Avoid touching your face, especially your mouth, eyes, nose.



Make sure you keep 1 meter distance from other people.



Avoid touching things that many people touch like door handles, tables, chairs, etc.



Wear a mask while outside.



Frequently clean surfaces in your house, work or business. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keys, keyboards, toilets, faucets, and sinks.



Disinfect using a bleach solution (7 tablespoons [100 mL] bleach for 1 liter of clean water).



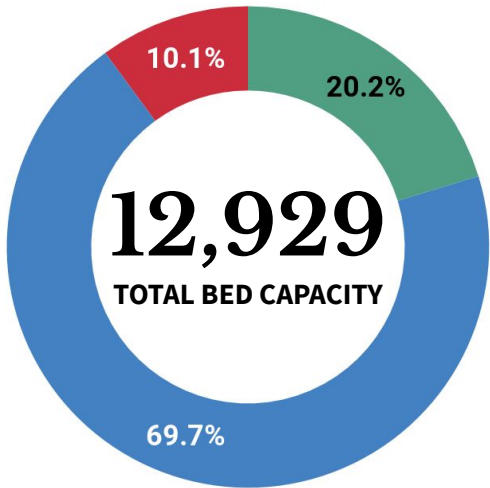
Disinfect your most used things (like phone, keys, eyeglasses, keyboard, etc.) with 70% alcohol solution.

Goal: Enhance quality, consistency, and affordability of care provision

HOSPITAL BEDS AND MECHANICAL VENTILATORS DEDICATED TO COVID-19 CASES

Data taken from the DOH DataCollect App. Specific for COVID-19 cases.

As of May 06, 2020



Ward Beds Isolation Beds ICU Beds



944
Ward beds
occupied

1,673
available

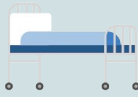


Ward beds for confirmed COVID-19 cases



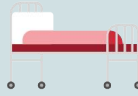
3,864
Isolation beds
occupied

5,145
available



545
ICU beds
occupied

758
available



434
Mech vents
in use

1,457
available



DEDICATED BEDS FOR COVID-19 CASES IN TTMFS

As of May 06, 2020

Local Isolation and General Treatment Areas for COVID-19 cases (LIGTAS COVID centers) are community-managed facilities dedicated for quarantine or isolation of suspected COVID-19 cases.



38,905
BEDS IN LIGTAS COVID
FACILITIES

MEGA LIGTAS AND LIGTAS COVID-19 FACILITIES

As of May 06, 2020

Mega LIGTAS COVID-19 Facilities are facilities dedicated for quarantine and isolation which are managed by the National Government



5
MEGA LIGTAS COVID
FACILITIES

REGION	TTMF	Beds
NCR	PICC	294
NCR	World Trade Center	502
NCR	Rizal Memorial Coliseum	132
NCR	Ninoy Aquino Stadium	120
REG III	Philippine Arena	300
TOTAL		1,348

NCR	2,946	REG VII	3,976
CAR	454	REG VIII	1,191
REG I	3,162	REG IX	986
REG II	3,518	REG X	2,970
REG III	1,539	REG XI	130
REG IV-A	3,098	REG XII	266
REG IV-B	1,311	REG XIII	1,267
REG V	5,793	BARMM	1,201
REG VI	5,097	TOTAL	38,905

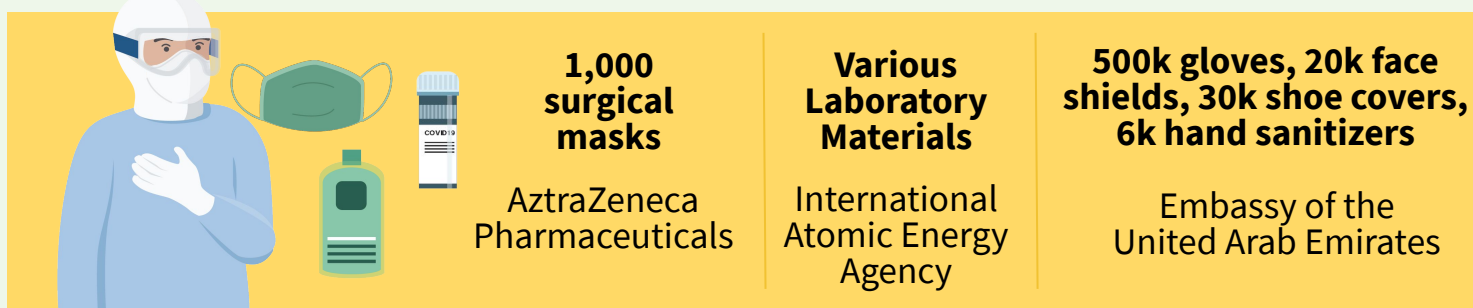
PERSONAL PROTECTIVE EQUIPMENT AND OTHER HEALTH EQUIPMENT DISTRIBUTED

May 06, 2020



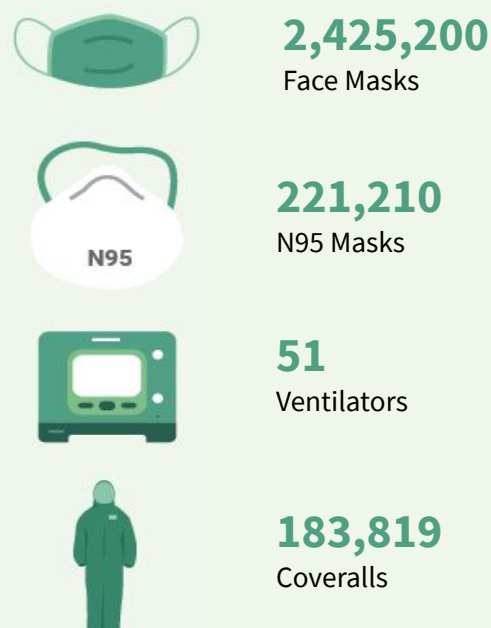
FOREIGN AND LOCAL DONATIONS PROCESSED

May 06, 2020



DONOR	RT-PCR BRAND	QUANTITY
Ministry of Health Brunei Mammoth Foundation	BGI (China)	101,000
Shanghai Nanjiang Co., Ltd.	Beijing Applied Technologies (China)	483,840
Gov't of China Mr. Carlos Gonzalez	Sansure (China)	135,408
Gov't of Singapore Temasek Foundation	A* Star Fortitude (Singapore)	640,000
Udena Foundation Korea International Cooperation Agency	Q SenS (South Korea)	85,000
Global Fund - Philippine Business for Social Progress	Gene Xpert Cepheid (USA)	15,000
TOTAL		1,460,248

Summary of donated PPEs:



TREATMENT

For case management of COVID-19 patients, healthcare providers are advised to adhere to the existing [PSMID Guidelines](#).

DOH expressed its gratitude to Japan for offering to provide free anti-flu drug Favipiravir (Avigan) to the country for clinical trials. This anti-influenza drug has shown some promise in the fight against COVID-19. While more clinical tests are needed to ensure its safety, DOH recognizes the vitality of cooperating with the international scientific community in developing a cure for COVID-19.

FDA UPDATES LIST OF NOTIFIED HAND SANITIZERS

In the interest of the public health and safety, the Food and Drug Administration (FDA) hereby provides a list of notified hand sanitizers under the Center for Cosmetics Regulation and Research, and a list of registered topical antiseptics and antibacterials under the Center for Drug Regulation and Research. The public is hereby enjoined to be vigilant in the purchase and use of these types of products in light of proliferation of unregistered/unnotified products that are offered for sale in the market especially during this time when a state of calamity has been declared due to COVID-19 threat in the country. Check the latest list [here](#).

PHILHEALTH FOR ALL

As stipulated in PhilHealth Circulars 2020-0009, 0011 and 0012, all Health Care Providers (HCPs) are required to submit the itemized billing statements of patients managed as COVID – 19.¹ These itemized billing statements should reflect all emergency room and hospital charges, including professional and readers' fees that shall be submitted to PhilHealth on a weekly basis, every Friday at 2:00 PM.

For further clarification and other inquiries pertinent to the submission of itemized billing statement of COVID-19 patients, kindly email the Benefits Development and Research Department (BDRD) at benefits.costing2020@gmail.com or you may call Ms. Abigail Estrada at 0966-3404645 during office hours, Mondays-Fridays.

POLICY IN-FOCUS

The Department of Health issued the Interim Guidelines on Preparation and Handling of Food in Temporary Treatment and Monitoring Facilities (TTMFs) for COVID-19 Patients.² This is to provide guidance on the preparation of food of patients housed in TTMFGs managed by DOH and LGUs. Check out the FAQs [here](#).



Contact Details

For further information, you may reach us through the following platforms:

SOCIAL MEDIA ACCOUNTS

- f Facebook:**
fb.com/OfficialDOHgov
- Twitter:**
[@DOHgovph](https://twitter.com/DOHgovph)
- Viber:**
DOH PH COVID-19
- TikTok:**
[@dohgovph](https://tiktok.com/@dohgovph)

WEBSITES

- DOH:**
www.doh.gov.ph
- Healthy Pilipinas:**
healthypilipinas.ph

CONTACT NUMBERS

- (02) 894 - COVID (26843) or 1555 (for all subscribers)
- Telemedicine hotlines (NCR):
(02) 8424 1724
KonsultaMD
(02) 7798 8000

Resources

- PhilHealth. Advisory 2020-029.
<https://www.philhealth.gov.ph/advisories/2020/adv2020-0029.pdf>.
- Interim Guidelines on Preparation and Handling of Food in Temporary Treatment and Monitoring Facilities (TTMFs) for COVID-19 Patients
<https://drive.google.com/file/d/1cxOLYB8OXQidc1AsR4S7XkAJYHzTKRp/view>

THANK YOU for checking out the tenth issue of Beat COVID-19 Today! We'd like to know what you think. Send us your feedback at dohfeedback@gmail.com.