

Beat COVID-19 Today

A COVID-19 Philippine Situationer



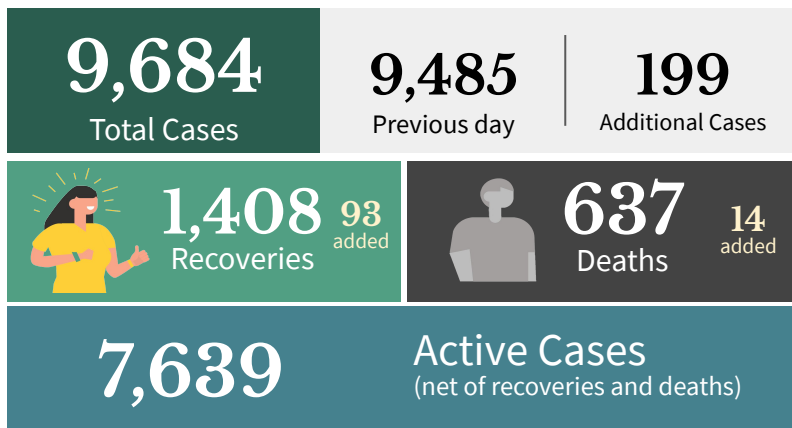
Issue 09 | May 06, 2020

Highlights and Recent Updates on COVID-19

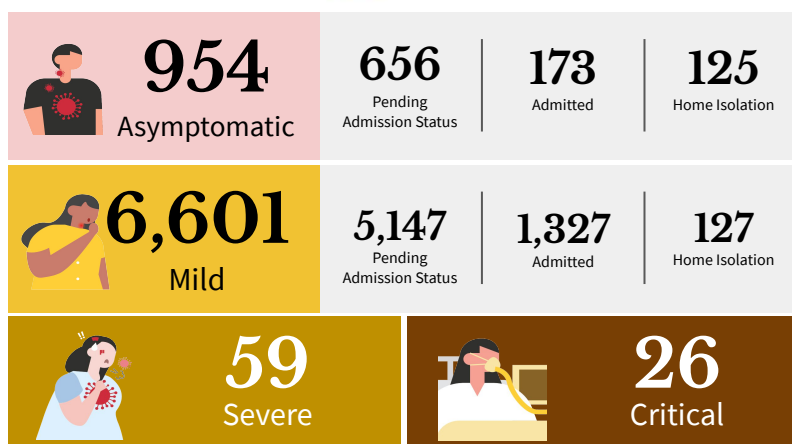
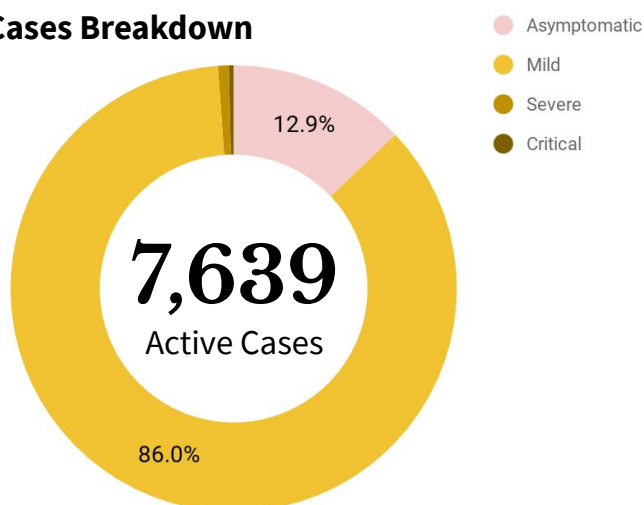
- DOH recorded 7,639 active cases as of May 05, with the majority of the patients exhibiting **mild symptoms** (6,601, 86%).
- As COVID-19 pandemic continues to affect communities throughout the world, DOH stresses that **global solidarity across countries and continents is needed to beat COVID-19**.
- Forty-one (41) provinces** across the country recorded **no new COVID-19 cases** in the past two weeks.
- The doubling time of cases slows down to an average of 5 days (from the previous average of 3 days)**. While this is good news, DOH reiterated that it is still too early to tell that the country has reached the peak of its cases. DOH emphasizes on the importance of having a renewed consciousness in health practices amidst the COVID-19 pandemic and even long after it is over.
- DOH has partnered with CloudPx by Xynapx Inc. and SeeYou Doc for provision of telemedicine services where the **public can have free medical consultations over the phone, SMS, and other audio and visual conferencing platforms**.
- Cebu, Mandaue, and Lapu-Lapu started using Rapid Antibody-based Diagnostic Tests (RDTs). While RDTs can provide a good perspective of the number of cases, DOH cautions the public that these test kits measure the antibodies that fight the virus. **RT-PCR test kits remain the current gold standard of DOH for COVID-19 diagnosis**.
- As of May 05, with the combined testing capacity of the 23 licensed RT-PCR laboratories across the country, a total of 140,134 tests were done with 126,713 unique individuals tested. **113,411 or 90% tested negative for COVID-19** while 12,976 yielded positive results. DOH clarifies that the actual number of tested individuals may be higher than the reported data as it still undergoes case verification and validation process by the DOH.

Case Summary

As of May 05, 2020

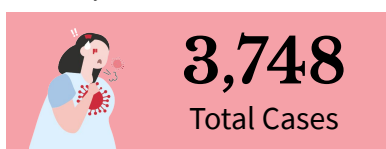


Active Cases Breakdown



Probable Cases

As of May 05, 2020



SEVERE: Pneumonia, Difficulty of Breathing

CRITICAL: Intubated

Suspect Cases



PROBABLE: Previously termed as PUIs (mild or critical) with inconclusive or unofficial test results.

SUSPECT CASES: Previously termed as PUIs (mild or critical) with no test done or awaiting test results.

Goal: Shortening Duration of Infectiousness

Case Summary of Overseas Filipinos (OFs)

As of May 05, 2020

1,867

Confirmed OFs
DFA Count

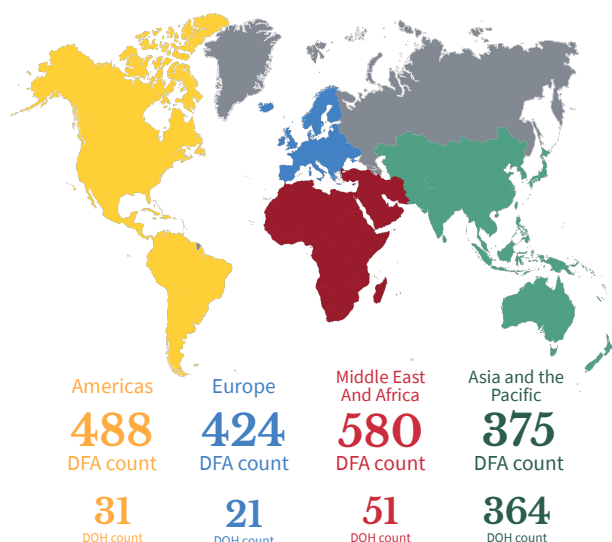
467

Confirmed OFs
DOH Count

DOH Counts validated through the International Health Regulation (IHR), 18 cases for validation of disposition

REGIONAL DISTRIBUTION

As of May 05, 2020



TOP COUNTRIES WITH COVID-19

WHO data as of May 05, 2020

Top 3 countries with the highest cases



USA

1,125,719



SPAIN

217,466



ITALY

84,400

Asian country with the highest cases



IRAN

128,708

Southeast Asian country with the highest cases

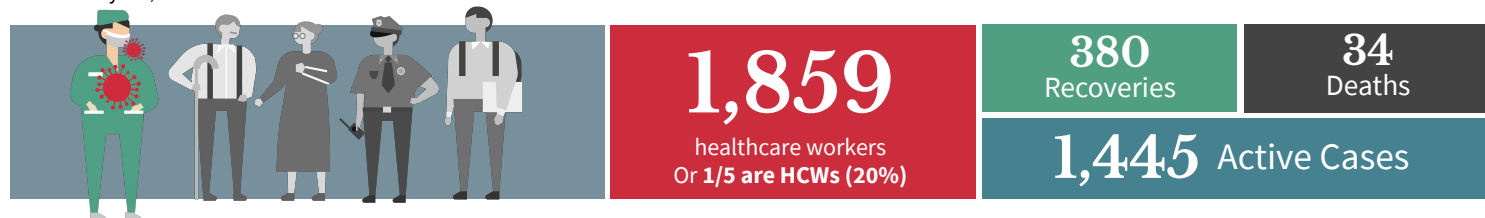


SINGAPORE

18,205

Healthcare Workers affected by COVID-19

As of May 05, 2020

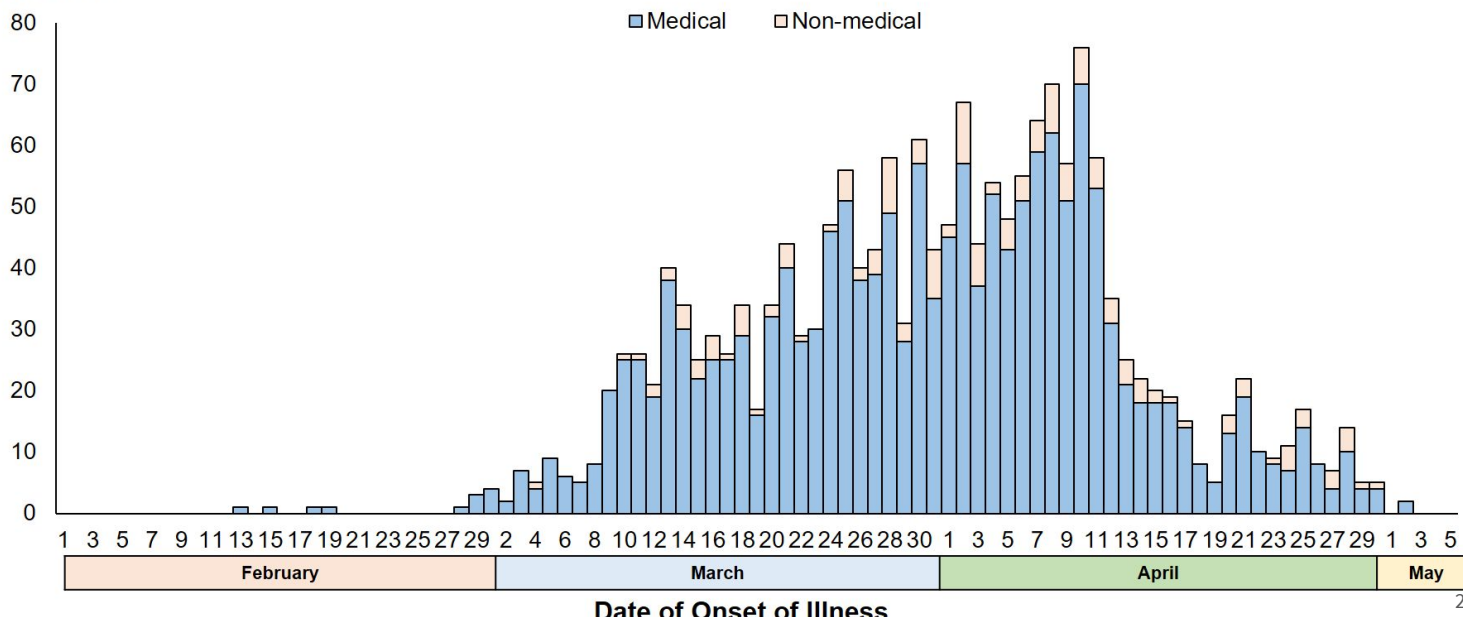


Healthcare Workers with confirmed COVID-19 by Date of Onset of Illness (N= 1,859)

Philippines, as of May 05, 2020

Note: Case counts reported do NOT represent the final number and are subject to change after inclusion of incoming reports and review of cases.

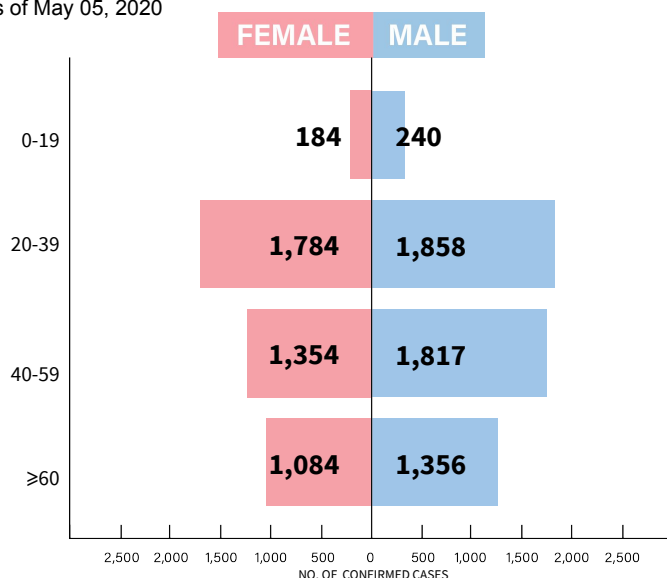
No. of Cases



Goal: Shortening Duration of Infectiousness

Age and Sex Distribution of confirmed cases

As of May 05, 2020



Most of the confirmed cases are **male** (5,277; 54%) and within the **20-39 age group**. (7 cases with unspecified age included in the total)



Average hospital length of stay for recovered patients is at **18 days**.

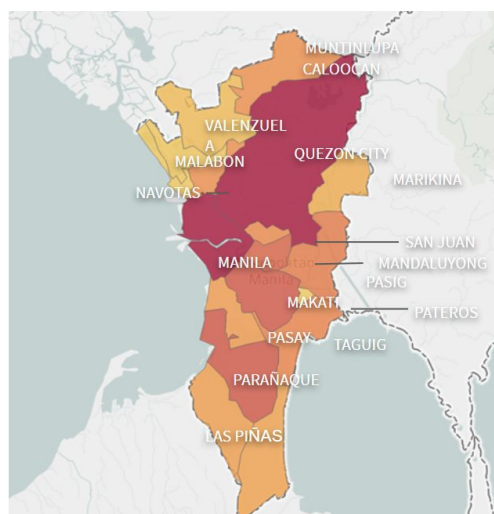
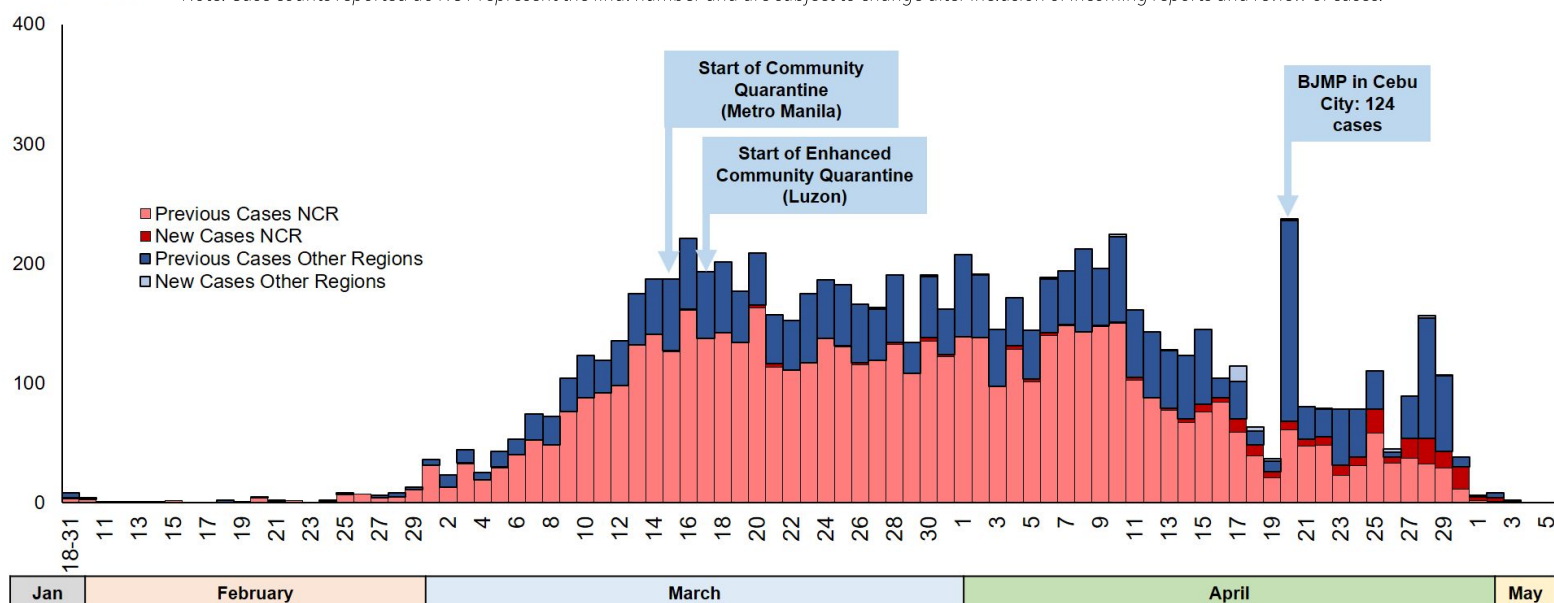


A total of **353 (55%)** of deaths had known comorbidities: top 2 comorbidities are **hypertension** (224, 63%) and **diabetes** (170, 48%).

Confirmed COVID-19 Cases by Date of Onset of Illness (N=9,684)

Philippines, as of May 05, 2020

Note: Case counts reported do NOT represent the final number and are subject to change after inclusion of incoming reports and review of cases.



The proportion of cases in NCR **decreased from 71% since January to April 19, 2020 to 50%** for the period of April 20 to May 5, 2020.

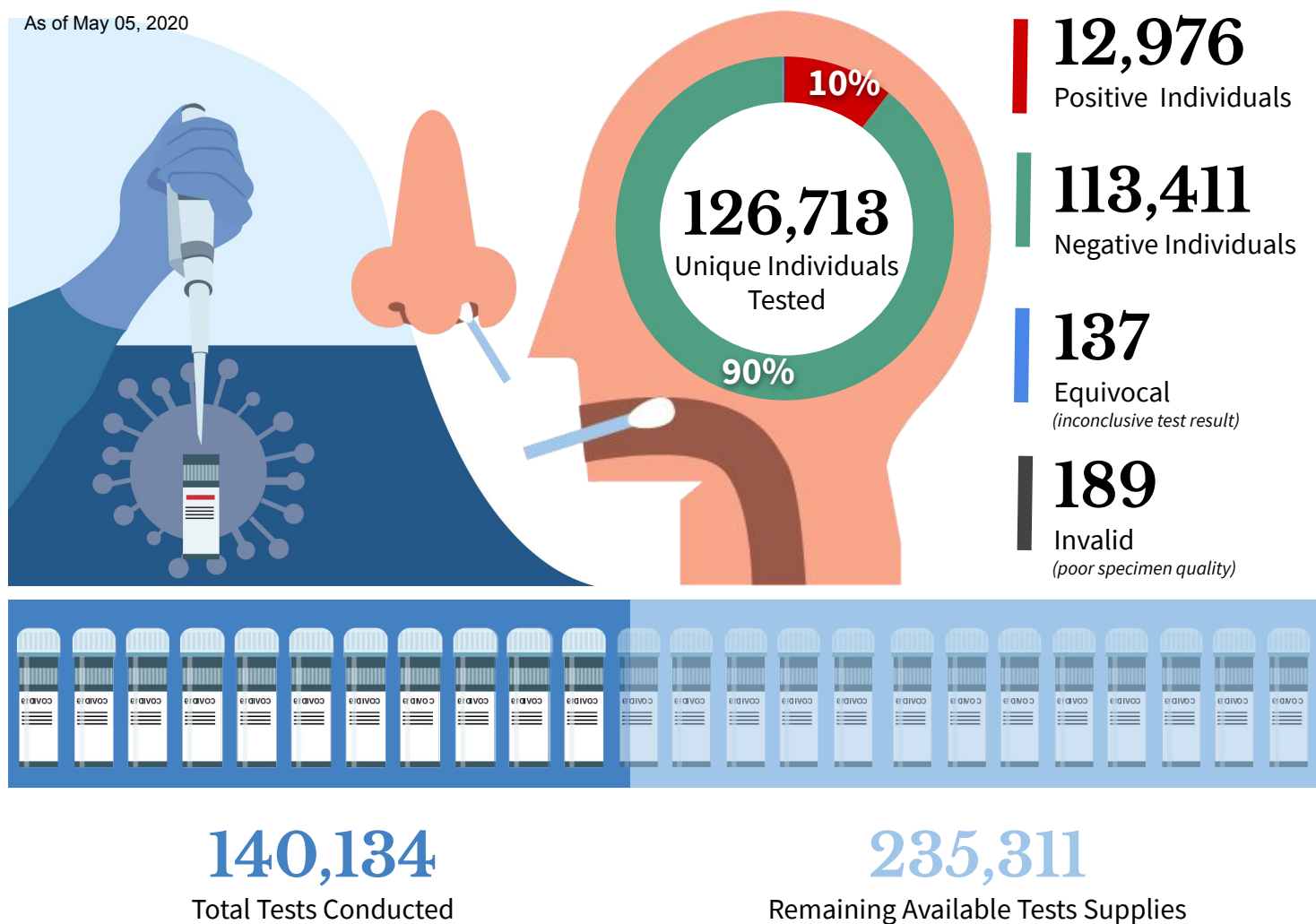
A total of **6,420 (66%)** are confirmed cases from NCR: Top 3 barangays: **Addition Hills, Mandaluyong (59); Tandang Sora, Quezon City (56); and San Antonio, Parañaque (53)**.

However, cases in Region 7 **increased in proportion from 2% since January to April 19, 2020 to 34%** for the period of April 20 to May 5, 2020. On April 20, 2020, 124 (60%) out of the 207 confirmed cases nationwide, were reported from BJMP facility in Cebu City.

INDIVIDUALS TESTED AS REPORTED BY COVID-19 LABORATORIES

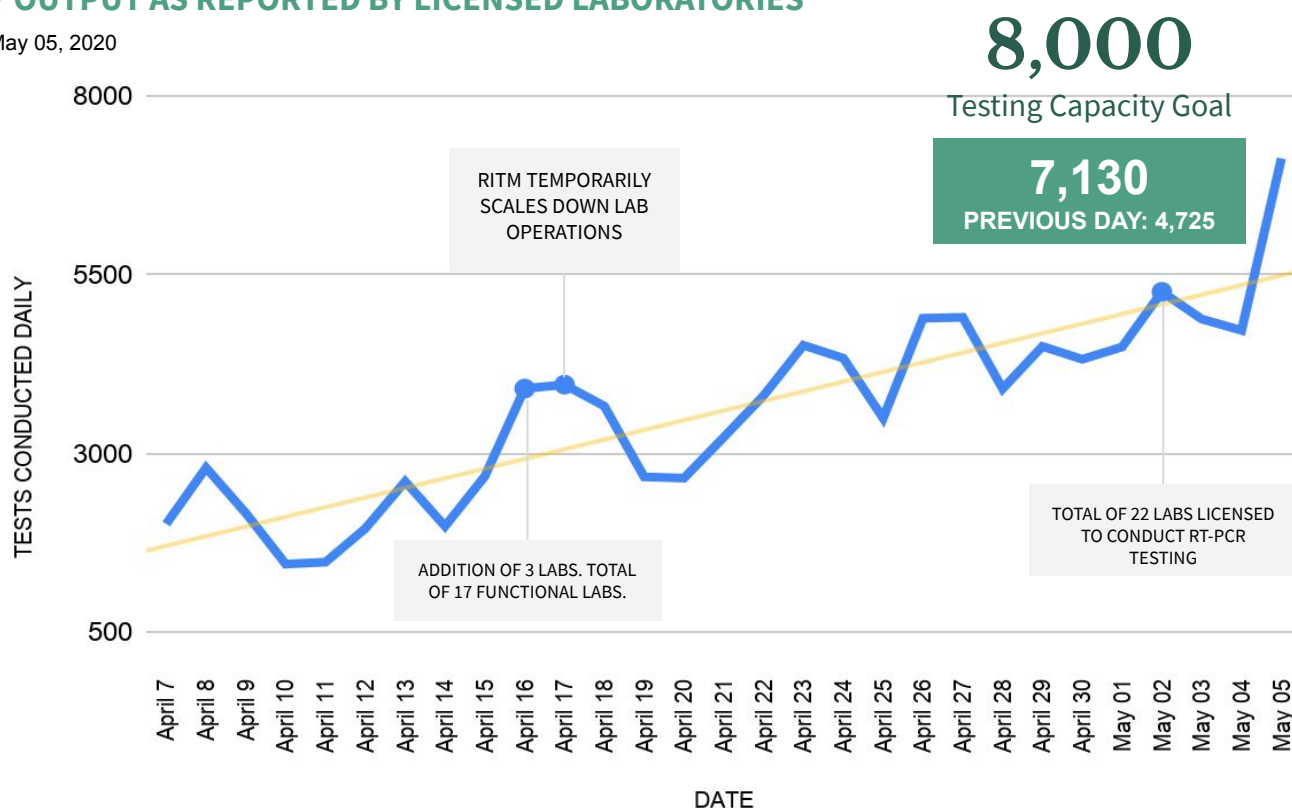
Note: The results of reported laboratory positive individuals are undergoing case information, validation, and processing and may not be reflected on the official case summary of the day.

As of May 05, 2020



DAILY OUTPUT AS REPORTED BY LICENSED LABORATORIES

As of May 05, 2020



FACILITY NAME	REGION	STAGE
Research Institute for Tropical Medicine	NCR	V
San Lazaro Hospital		
UP National Institutes of Health		
Lung Center of the Philippines		
St. Luke's Medical Center- QC		
The Medical City - Ortigas		
Victoriano Luna -AFRIMS		
Molecular Diagnostics Laboratory		
St. Luke's Medical Center - BGC		
Makati Medical Center		
Philippine Red Cross		
Chinese Gen. Hospital		
PRC-PLMC		
Philippine Genome Center UP-Diliman		
Marikina Molecular Diagnostic Laboratory		
UP-PGH Molecular Laboratory		
Singapore Diagnostic, Inc.		
Baguio General Hospital and Medical Center		
Bicol Regional Diagnostic and Reference Laboratory	V	
Western Visayas Medical Center	VI	
Vicente Sotto Memorial Medical Center	VII	
Cebu TB Reference Laboratory	XI	
Southern Philippines Medical Center		
Asian Hospital & Medical Center	NCR	
De La Salle University - Cavite	IVA	
Allegiant Regional Care Hospital	VII	
National Kidney and Transplant Institute	NCR	III
ABC Clinical Laboratory		
Hi-Precision (QC)		
PNP Crime Laboratory		
Fe del Mundo Medical Center		
Dr. Jose B. Rodriguez Memorial Hospital and Sanitarium (TALA)	I	
Ilocos Training Regional Medical Center		
Mariano Marcos Memorial Hospital		
Cagayan Valley Medical Center	II	
Southern Isabela Medical Center		
Cagayan Valley CHD TB Reference Laboratory		
The Medical City - Clark	III	
Central Luzon Doctor's Hospital		
J B. Lingad Memorial Hospital		
Bataan General Hospital		
Batangas Medical Center	IVA	
San Pablo College Medical Center		
Calamba Medical Center		
Bacolod Queen of Mercy Hospital	VI	
Teresita Jalandoni Provincial Hospital		
Western Visayas State University Medical Center		
Divine Word Hospital	VIII	
Eastern Visayas Regional Medical Center		
Zamboanga City Medical Center	IX	
Department of Agriculture Field Office IX		
Northern Mindanao TB Regional Center	X	
TB Reference Center- CHD Region X		
Polymedic Medical Plaza		
Cotabato Regional Medical Center	XII	
Dr. Arturo Pingoy Medical Center		
Adela Serra TY Memorial Medical Center	XIII	
CARAGA Regional Hospital		

Additional laboratory for May 05

FACILITY NAME (RT-PCR using Gene Xpert)	REGION	STAGE
Lung Center of the Philippines	NCR	III
Philippine Tuberculosis Society, Inc.- Quezon Institute		
San Lazaro Hospital		
Tondo Medical Center		

STATUS OF LABORATORY LICENSING

As of May 05, 2020

LICENSING OF LABORATORIES STATUS

23

NO. OF LICENSED TESTING LABORATORIES

85

TOTAL NO. OF LABORATORY APPLICATIONS

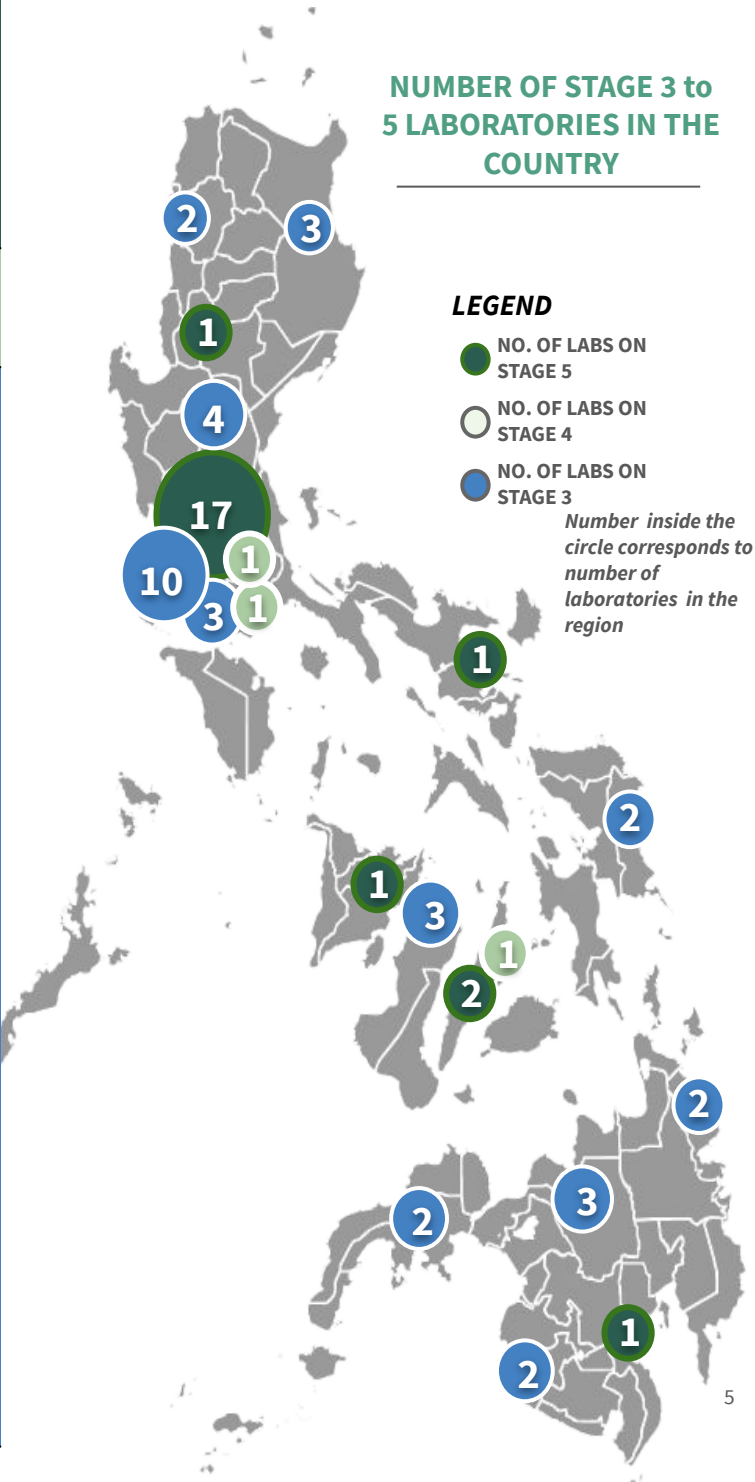
62

NO. OF LABORATORIES STAGE 3 AND ABOVE

73%

% LABS ON STAGE 3 AND ABOVE

NUMBER OF STAGE 3 to 5 LABORATORIES IN THE COUNTRY



Goal: Increase Resilience, Stop Transmission, Reduce Contact

BEHAVIORAL MESSAGES OF THE DAY

As of May 05, 2020

- DOH appealed to the public to limit, if not avoid, going outside and non-essential movement during GCQ. DOH advised everyone to remain inside their homes and to go out only when purchasing essentials. If possible, it is recommended to opt for online deliveries to avoid exposure to the virus. Visit the [Healthy Pilipinas](#) website for more information.
- For households with members who have mild symptoms, DOH recommended household members to wear face masks and to maintain a 1-meter distance. It is imperative to contact local BHERT or the DOH hotline as soon as symptoms worsen.
- DOH emphasized the need for the public to grow used to the New Normal setting. In this renewed consciousness, the public has to keep in mind that their practices and behaviors should lead to improved health. Among these practices are (1) eating a healthy diet, (2) exercising for at least 15 minutes daily, and (3) communicating with peers and friends regularly. In relation to this, DOH propounds [guidelines](#) to maintain health standards at home.
- DOH published an illustrated guide on stress management from the World Health Organization for coping with adversity. You may view the whole document [here](#).



HOW DO YOU MAKE 0.05% DISINFECTANT SOLUTION FOR CLEANING HOUSEHOLD ITEMS?

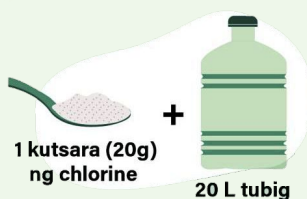


1. Gather all materials needed: disinfectant container, bleach/chlorine, water, personal protective equipment



3. When preparing the solution, pour the amount of water required into a plastic container then add the bleach (and not the other way around):

2. Wear appropriate personal protective equipment (gloves, goggles, apron and boots) when handling and preparing bleach solutions.



4. If you are using household bleach (5% active chlorine), mix:

- 1 ml bleach + 9 ml water, or
- 100 ml bleach + 900 ml water
- For chlorine powder/granules/tablet (60-70%) active chlorine, dissolve: 1 tbsp of chlorine + 20L of water



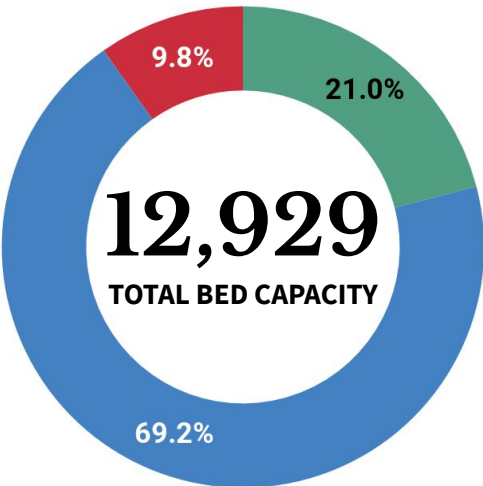
5. Do not forget to label your disinfectant containers and specify chlorine concentration.

Goal: Enhance quality, consistency, and affordability of care provision

HOSPITAL BEDS AND MECHANICAL VENTILATORS DEDICATED TO COVID-19 CASES

Data taken from the DOH DataCollect App. Specific for COVID-19 cases.

As of May 05, 2020



● Ward Beds ● Isolation Beds ● ICU Beds



959
Ward beds occupied

1,751
available

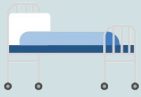


Ward beds for confirmed COVID-19 cases



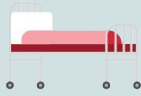
3,953
Isolation beds occupied

4,999
available



524
ICU beds occupied

743
available



457
Mech vents in use

1,446
available



DEDICATED BEDS FOR COVID-19 CASES IN TTMFS

As of May 05, 2020

Local Isolation and General Treatment Areas for COVID-19 cases (LIGTAS COVID centers) are community-managed facilities dedicated for quarantine or isolation of suspected COVID-19 cases.

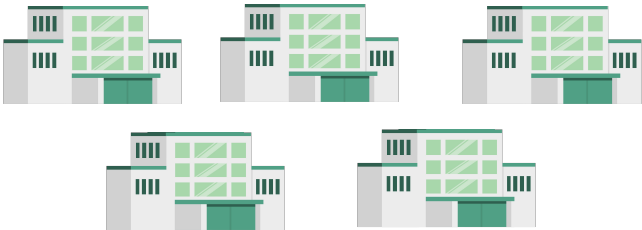


36,546
BEDS IN LIGTAS COVID FACILITIES

MEGA LIGTAS AND LIGTAS COVID-19 FACILITIES

As of May 05, 2020

Mega LIGTAS COVID-19 Facilities are facilities dedicated for quarantine and isolation which are managed by the National Government



5 MEGA LIGTAS COVID FACILITIES

REGION	TTMF	Beds
NCR	PICC	294
NCR	World Trade Center	502
NCR	Rizal Memorial Coliseum	132
NCR	Ninoy Aquino Stadium	120
REG III	Philippine Arena	300
TOTAL		1,348

NCR	2,629
CAR	454
REG I	2,218
REG II	2,395
REG III	1,587
REG IV-A	3,098
REG IV-B	1,288
REG V	5,793
REG VI	5,097

REG VII	3,976
REG VIII	1,191
REG IX	986
REG X	2,970
REG XI	130
REG XII	266
REG XIII	1,267
BARMM	1,201
TOTAL	36,546

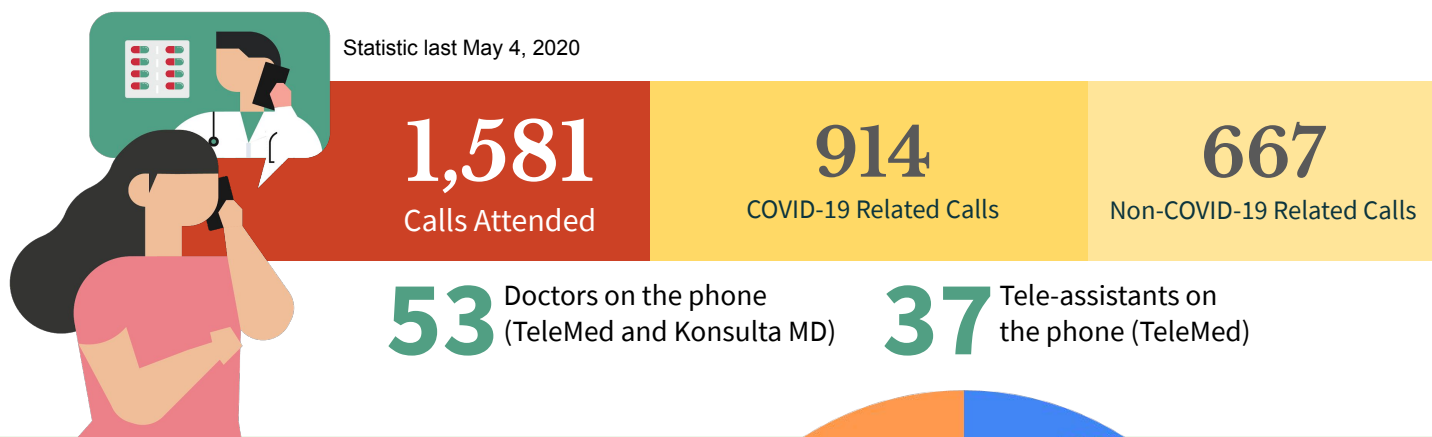
PERSONAL PROTECTIVE EQUIPMENT AND OTHER HEALTH EQUIPMENT DISTRIBUTED

May 05, 2020



CALLS CATERED BY TELEMEDICINE

Statistic last May 4, 2020

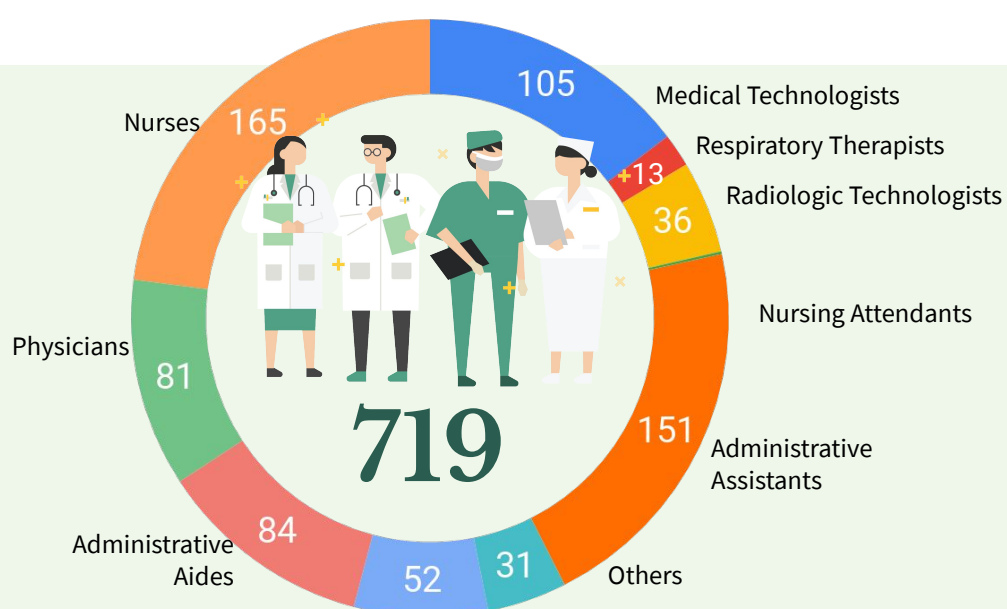


HUMAN RESOURCES FOR HEALTH (HRH) AUGMENTATION

As of May 05, 2020

HIRED HEALTH WORKERS PER PRIORITY FACILITY

Facility	No.
COVID Referral Hospital	314
DOH Designated Diagnostic Facility	54
Quarantine Facility (BOQ)	69
DOH Hospital	282



TREATMENT

For case management of COVID-19 patients, healthcare providers are advised to adhere to the existing [PSMID Guidelines](#).

DOH expressed its gratitude to Japan for offering to provide free anti-flu drug Avigan to the country for clinical trials. This anti-influenza drug has shown some promise in the fight against COVID-19. While more clinical tests are needed to ensure its safety, DOH recognizes the vitality of cooperating with the international scientific community in developing a cure for COVID-19.

FDA APPROVES MORE TESTING KITS

The Food and Drug Administration approved 5 additional kits (1 PCR, 4 RAPID) as of 05 May 2020. Total registered COVID-19 Test Kits for commercial use is now 75. Check the complete list [here](#).

PHILHEALTH FOR ALL

PhilHealth announced to the public the list of package benefits that can be claimed by patients who were afflicted with COVID-19:

PhilHealth Package for COVID-19

Mild Pneumonia (elderly or with co-existing conditions Levels 1, 2, and 3, private room)	P 43,997.00
Moderate Pneumonia (Levels 1, 2 and 3, private rooms)	P 143,267.00
Severe Pneumonia (Levels 1, 2 and 3, private rooms, ICU)	P 333,519.00
Critical Pneumonia (Levels 1, 2 and 3, private rooms, ICU ECMO and Renal Replacement Therapy)	P 786,384.00
COVID-19 Testing	
All services and testing procured/provided by lab	P 8,150.00
Test kits are donated to the lab	P 5,450.00
Test kits donated, testing service included in facility's budget	P 2,710.00

POLICY IN-FOCUS

To address the nutritional needs and to provide standard nutrition intervention for patients afflicted with COVID-19, the Department of Health issued guidelines for the use of Registered Nutritionist-Dieticians (RNDs) of hospitals.¹ These guidelines shall guide hospital RNDs on the nutritional and dietary management for suspected, probable, and confirmed COVID-19 patients. Check the FAQs [here](#).



Contact Details

For further information, you may reach us through the following platforms:

SOCIAL MEDIA ACCOUNTS

- f Facebook:**
fb.com/OfficialDOHgov
- Twitter:**
[@DOHgovph](https://twitter.com/DOHgovph)
- Viber:**
DOH PH COVID-19
- TikTok:**
[@dohgovph](https://tiktok.com/@dohgovph)

WEBSITES

- DOH:**
www.doh.gov.ph
- Healthy Pilipinas:**
healthypilipinas.ph

CONTACT NUMBERS

- ☎ (02) 894 - COVID (26843) or 1555 (for all subscribers)
- ☎ Telemedicine hotlines (NCR):
(02) 8424 1724
KonsultaMD
(02) 7798 8000

Resources

- Interim Guidelines for RNDs in Hospitals on Nutritional and Dietary Mgt. of Suspected, Probable and Confirmed COVID-19 Patients and on the Provision of Healthy Diet to Hospital Workforce :
<https://drive.google.com/file/d/1FZEbEn2e7K-Jvdf8aTYXGip7x9L7QBsw/view>

THANK YOU for checking out the ninth issue of Beat COVID-19 Today! We'd like to know what you think. Send us your feedback at dohfeedback@gmail.com.