

Beat COVID-19 Today

A COVID-19 Philippine Situationer



Issue 07 | May 04, 2020

Highlights and Recent Updates on COVID-19

- DOH recorded 7,402 active cases as of May 03, with the majority of the patients exhibiting **mild symptoms** (6,226, 84.1%).
- DOH remains committed to reaching the following goals to combat the threat of COVID-19: (1) increase resilience, (2) stop transmission, (3) reduce contact rate, (4) shorten duration of infection, and (5) enhance quality, consistency, and affordability of care provision.
- Twenty two (22)** licensed laboratories across the country are now equipped to perform the RT-PCR tests.
- DOH appealed to the public to be very careful in sharing claims about COVID-19 cures and treatments, especially now that the country is entering the New Normal era. With this, DOH encourages the public to **practice responsible sharing on social media** to help us beat COVID-19.
- DOH reiterated the need for the public to get used to the New Normal setting. In this renewed consciousness, the public has to keep in mind that their practices and behaviors should lead to improved health.
- To provide guidance for sectoral planning on the implementation of **non-pharmaceutical interventions as minimum public health standards to mitigate the threat of COVID-19**, DOH issued Administrative Order 2020-0015 or Guidelines on the Risk-based Public Health Standards for COVID-19¹

Case Summary

As of May 03, 2020

9,223

Total Cases

8,928

Previous day

295

Additional Cases



1,214

Recoveries

90
added



607

Deaths

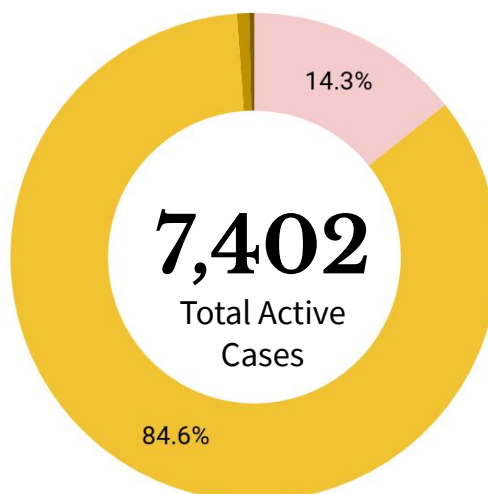
4
added

7,402

Active Cases

(net of recoveries and deaths)

Active Cases Breakdown



Asymptomatic

Mild

Severe

Critical



1,051

Asymptomatic

279

Pending
Admission Status

286

Admitted

486

Home Isolation



6,226

Mild

3,336

Pending
Admission Status

2,269

Admitted

661

Home Isolation



59

Severe



26

Critical

Probable Cases

As of May 03, 2020



3,475

Total Cases

Suspect Cases



14,552

Total Cases

SEVERE: Pneumonia,
Difficulty of Breathing

CRITICAL: Intubated

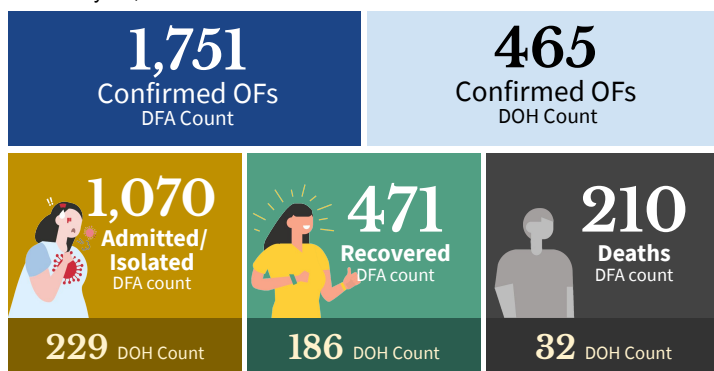
PROBABLE: Previously
termed as PUIs (mild or
critical) with inconclusive
or unofficial test results.

SUSPECT CASES:
Previously termed as PUIs
(mild or critical) with no test
done or awaiting test results.

Goal: Shortening Duration of Infectiousness

Case Summary of Overseas Filipinos (OFs)

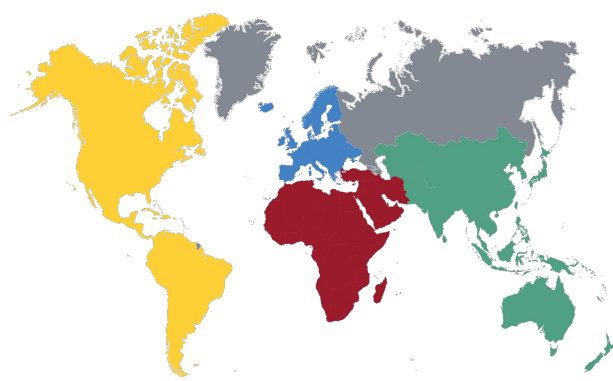
As of May 03, 2020



DOH Counts validated through the International Health Regulation (IHR), 18 cases for validation of disposition

REGIONAL DISTRIBUTION

As of May 03, 2020



Americas	Europe	Middle East And Africa	Asia and the Pacific
488 DFA count	522 DFA count	368 DFA count	373 DFA count
31 DOH count	51 DOH count	21 DOH count	362 DOH count

TOP 5 COUNTRIES WITH OVERSEAS FILIPINOS WITH COVID-19 (DOH - IHR)

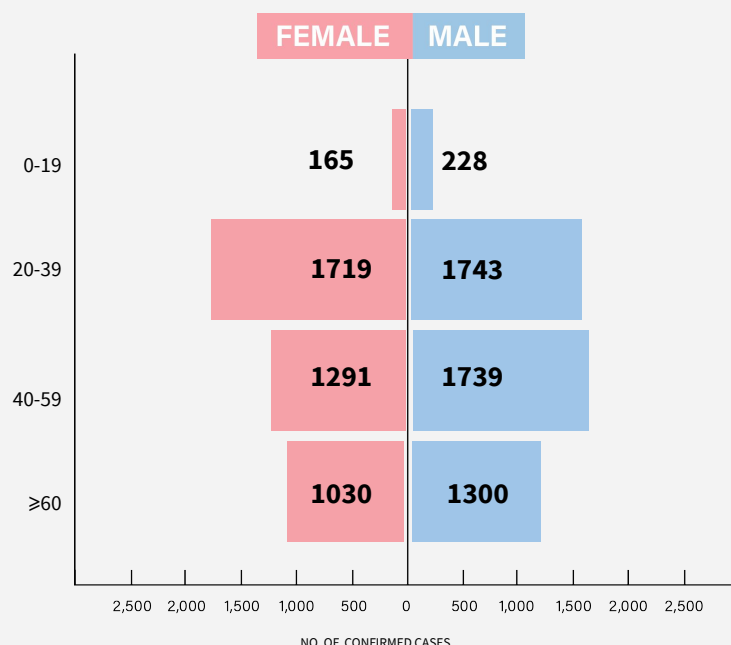
Cumulative data as of May 03, 2020

	JAPAN	124
	MALAYSIA	108
	SINGAPORE	74
	ITALY	29
	HONGKONG	29
	OTHERS	101

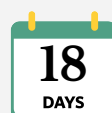
EPIDEMIOLOGICAL DATA

Age and Sex Distribution of confirmed cases

As of May 03, 2020



Most of the confirmed cases are **male** (5017,54%) and within the **40-59 age group**. Eight cases with unspecified age is included in the total.



Average hospital length of stay for recovered patients is at **18 days**.



A total of 342 (56 %) of deaths had known comorbidities: top 2 comorbidities are **hypertension** (219, 64 %) and **diabetes** (168, 49%).

A total of 6,116 (**66%**) are confirmed cases from NCR: Top 3 barangays: **Addition Hills, Mandaluyong (59); Tandang Sora, Quezon City (52); and San Antonio, Parañaque (52).**

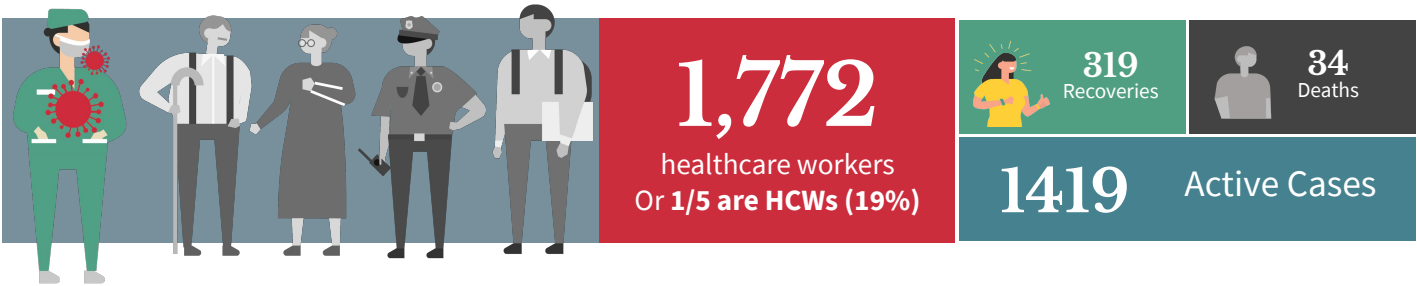
Still too early to tell whether **Enhanced Community Quarantine (ECQ)** is effective as reporting delays from symptom onset take around 11 days, but initial imputation analysis seems to suggest that ECQ is keeping new case numbers steady.

Also still too early to tell whether Luzon-wide ECQ is effective, but initial imputation analysis seems to suggest that ECQ is keeping new case numbers steady.

Goal: Shortening Duration of Infectiousness

Healthcare Workers affected by COVID-19

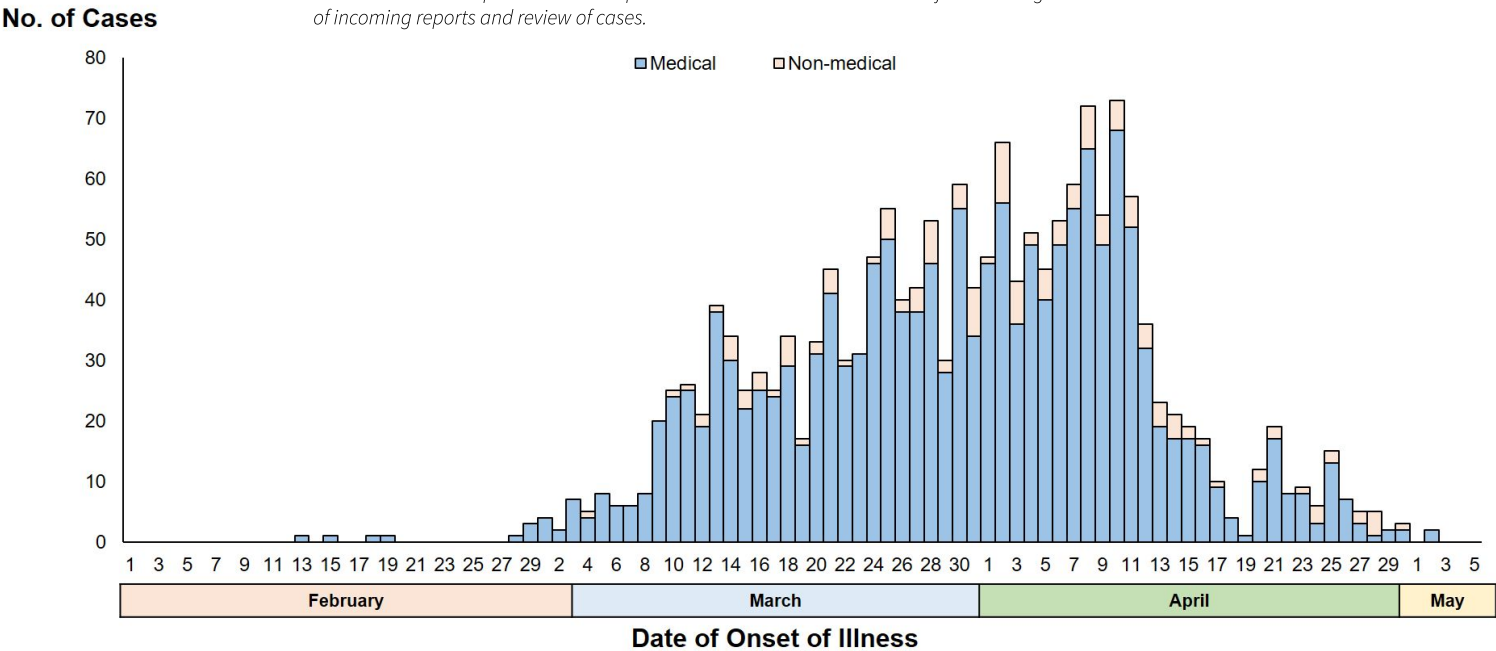
As of May 03, 2020



Healthcare Workers with confirmed COVID-19 by Date of Onset of Illness (N=1,772)

Philippines, as of May 03, 2020

Note: Case counts reported do NOT represent the final number and are subject to change after inclusion of incoming reports and review of cases.



Decreasing numbers of healthcare workers infected with COVID-19 can be seen in the past days.



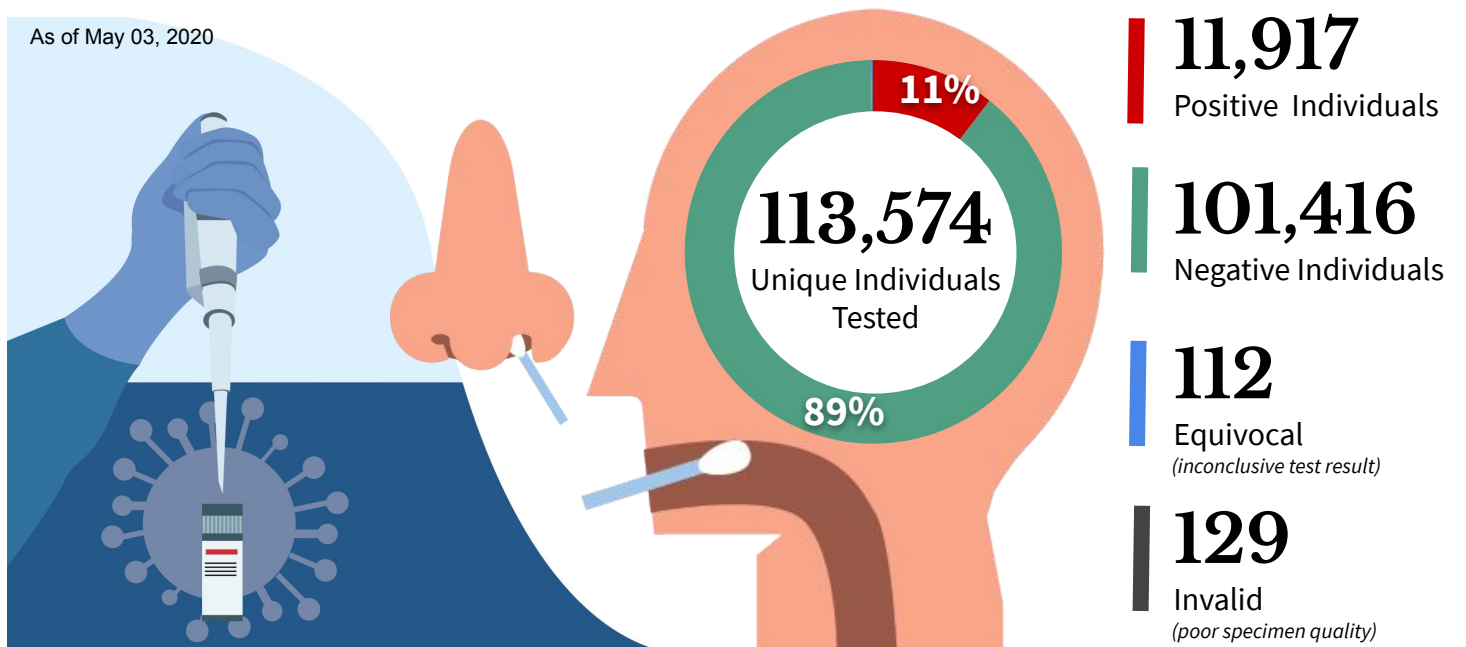
- | | | |
|------------------------|--------------------------|----------------------------|
| Abra | Cotabato | Quirino |
| Agusan del Sur | Davao Occidental | Sarangani |
| Aklan | Davao Oriental | Siquijor |
| Apayao | Dinagat Islands | Sorsogon |
| Aurora | Eastern Samar | South Cotabato |
| Basilan | Ilocos Sur | Southern Leyte |
| Batanes | Kalinga | Surigao del Norte |
| Biliran | Maguindanao | Surigao del Sur |
| Bukidnon | Masbate | Tawi-tawi |
| Camarines Norte | Mountain Province | Zambales |
| Camiguin | Negros Oriental | Zamboanga del Norte |
| Capiz | Northern Samar | Zamboanga Sibugay |
| Compostela Valley | Pangasinan | |

Provinces in **bold** letters never had a recorded case since the outbreak started. Based on reported address per Epidemiology Bureau.

INDIVIDUALS TESTED AS REPORTED BY COVID-19 LABORATORIES

Note: The results of reported laboratory positive individuals are undergoing case information, validation, and processing and may not be reflected on the official case summary of the day.

As of May 03, 2020



126,164

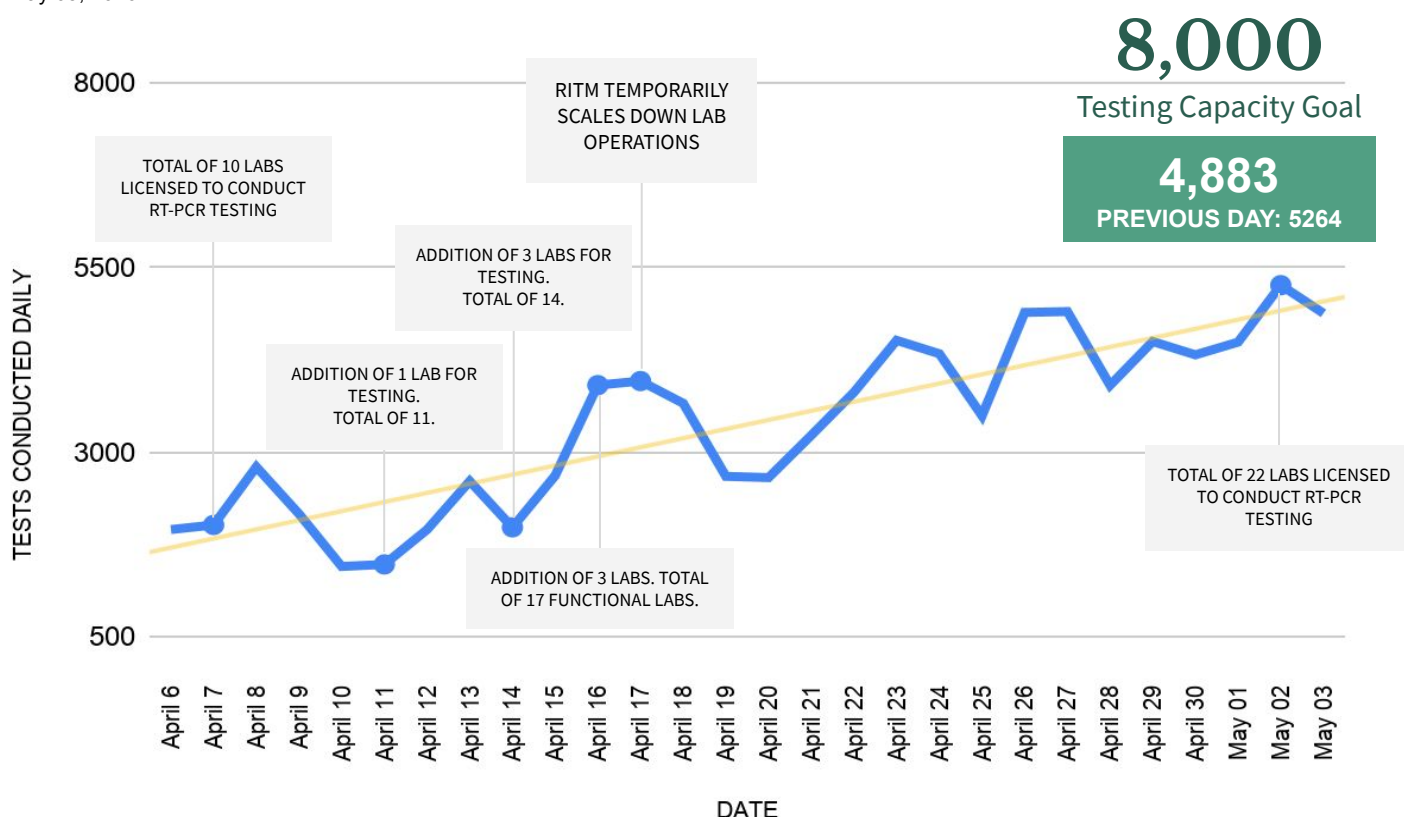
Total Tests Conducted

344,627

Remaining Available Tests Supplies

DAILY OUTPUT AS REPORTED BY LICENSED LABORATORIES

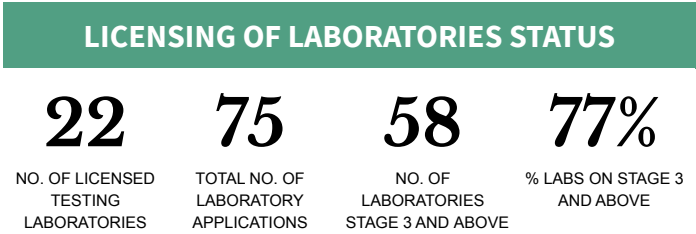
As of May 03, 2020



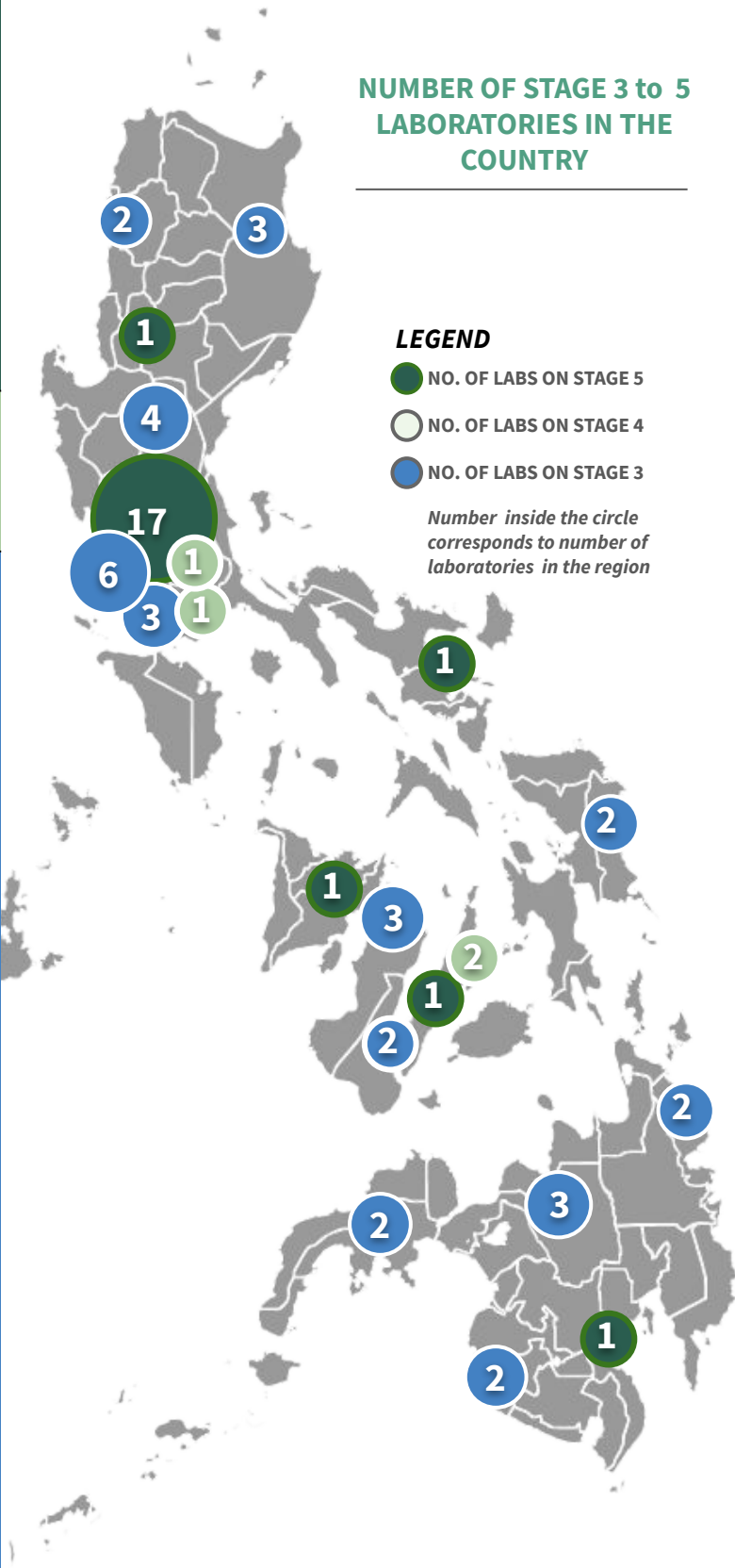
FACILITY NAME	REGION	STAGE
Research Institute for Tropical Medicine	NCR	V
San Lazaro Hospital		
UP National Institutes of Health		
Lung Center of the Philippines		
St. Luke's Medical Center- QC		
The Medical City - Ortigas		
Victoriano Luna -AFRIMS		
Molecular Diagnostics Laboratory		
St. Luke's Medical Center - BGC		
Makati Medical Center		
Philippine Red Cross		
Chinese Gen. Hospital		
PRC-PLMC		
Philippine Genome Center UP-Diliman		
Marikina Molecular Diagnostic Laboratory		
UP-PGH-MRL		
Singapore Diagnostic, Inc.		
Baguio General Hospital and Medical Center	CAR	V
Bicol Regional Diagnostic and Reference Laboratory	V	
Western Visayas Medical Center	VI	
Vicente Sotto Memorial Medical Center	VII	
Southern Philippines Medical Center	XI	
Asian Hospital & Medical Center	NCR	IV
De La Salle University - Cavite	IVA	
Cebu TB Reference Laboratory	VII	
Allegiant Regional Care Hospital		
National Kidney and Transplant Institute	NCR	III
ABC Clinical Laboratory		
Hi-Precision (QC)		
PNP Crime Laboratory		
Fe del Mundo Medical Center		
Dr. Jose B. Rodriguez Memorial Hospital and Sanitarium (TALA)	I	
Ilocos Training Regional Medical Center		
Mariano Marcos Memorial Hospital		
Cagayan Valley Medical Center	II	
Southern Isabela Medical Center		
Cagayan Valley CHD TB Reference Laboratory	III	
The Medical City - Clark		
Central Luzon Doctor's Hospital		
J B. Lingad Memorial Hospital		
Bataan General Hospital		
Batangas Medical Center		
San Pablo College Medical Center		
Calamba Medical Center		
Bacolod Queen of Mercy Hospital		
Teresita Jalandoni Provincial Hospital		
Western Visayas State University Medical Center		
Divine Word Hospital		
Eastern Visayas Regional Medical Center		
Zamboanga City Medical Center		
Department of Agriculture Field Office IX		
Northern Mindanao TB Regional Center	X	
TB Reference Center- CHD Region X		
Polymedic Medical Plaza	XII	
Cotabato Regional Medical Center		
Dr. Arturo Pingoy Medical Center	XIII	
Adela Serra TY Memorial Medical Center		
CARAGA Regional Hospital		

STATUS OF LABORATORY LICENSING

As of May 03, 2020



NUMBER OF STAGE 3 to 5 LABORATORIES IN THE COUNTRY



Goal: Increase Resilience, Stop Transmission, Reduce Contact

BEHAVIORAL MESSAGES OF THE DAY

- DOH appealed to the public to be very careful in sharing claims about COVID-19 cures and treatments, especially now that the country is entering the New Normal era. With this, DOH encourages the public to practice responsible sharing on social media to help us beat COVID-19. Visit the [Healthy Pilipinas](#) website for fact-checked information.
- In its [Hands That Heal](#) series, DOH highlighted the importance of proper nutrition and hydration to strengthen the immune system during this time of COVID-19 pandemic. The public is strongly encouraged to eat a variety of fresh and unprocessed food every day.
- DOH emphasized the need for the public to grow used to the New Normal setting. In this renewed consciousness, the public has to keep in mind that their practices and behaviors should lead to improved health. Among these practices are (1) eating a healthy diet, (2) exercising for at least 15 minutes daily, and (3) communicating with peers and friends regularly.
- DOH published an illustrated guide on stress management from the World Health Organization for coping with adversity. You may view the whole document [here](#).



f OfficialDOHgov @DOHgovph doh.gov.ph (02) 894-COVID / 1555

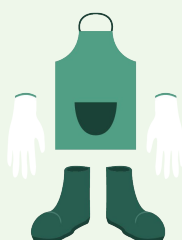
HOW DO YOU MAKE 0.05% DISINFECTANT SOLUTION FOR CLEANING HOUSEHOLD ITEMS?



1. Gather all materials needed: disinfectant container, bleach/chlorine, water, personal protective equipment



2. Wear appropriate personal protective equipment (gloves, goggles, apron and boots) when handling and preparing bleach solutions.



3. When preparing the solution, pour the amount of water required into a plastic container then add the bleach (and not the other way around):

4. If you are using household bleach (5% active chlorine), mix:
- 1 ml bleach + 9 ml water, or
 - 100 ml bleach + 900 ml water
 - For chlorine powder/granules/tablet (60-70%) active chlorine, dissolve: 1 tbsp of chlorine + 20L of water

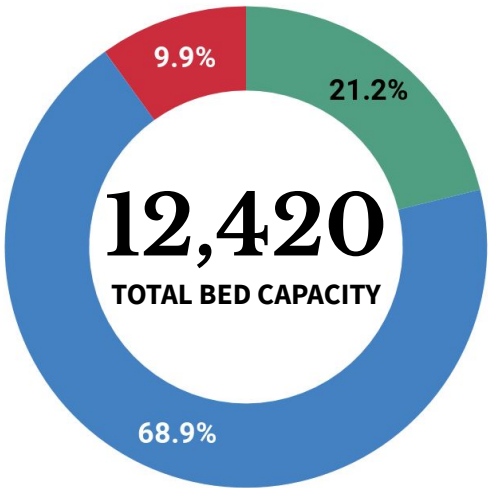
5. Do not forget to label your disinfectant containers and specify chlorine concentration.

Goal: Enhance quality, consistency, and affordability of care provision

HOSPITAL BEDS AND MECHANICAL VENTILATORS DEDICATED TO COVID-19 CASES

Data taken from the DOH DataCollect App. Specific for COVID-19 cases.

As of May 03, 2020



972
Ward beds occupied

1,657
available

Ward beds for confirmed COVID-19 cases



3,538
Isolation beds occupied

5,018
available



471
ICU beds occupied

764
available



461
Mech vents currently in use

1,367
available

DEDICATED BEDS FOR COVID-19 CASES IN TTMFS

As of May 03, 2020

Local Isolation and General Treatment Areas for COVID-19 cases (LIGTAS COVID centers) are community-managed facilities dedicated for quarantine or isolation of suspected COVID-19 cases.



37,065
BEDS IN TTMFS

NCR	4,228
CAR	454
REG I	934
REG II	2,402
REG III	1,871
REG IV-A	3,098
REG IV-B	1,213
REG V	5,793
REG VI	5,005

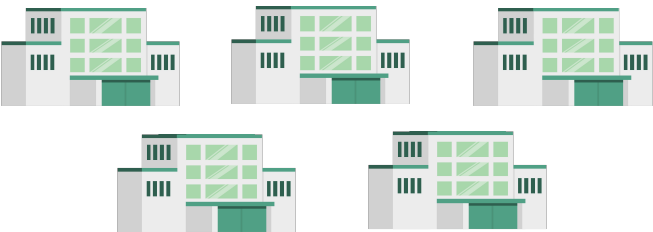
REG VII	3,976
REG VIII	1,191
REG IX	1,066
REG X	2,970
REG XI	130
REG XII	266
REG XIII	1,267
BARMM	1,201
TOTAL	37,065

Erratum: For the past 6 Issues, numbers reported in this section should have been **dedicated beds** and not number of quarantined individuals.

MEGA LIGTAS COVID CENTERS

As of May 03, 2020

Mega LIGTAS COVID-19 Facilities are facilities dedicated for quarantine and isolation which are managed by the National Government



5 MEGA LIGTAS COVID CENTERS

REGION	TTMF	Beds
NCR	PICC	294
NCR	World Trade Center	502
NCR	Rizal Memorial Coliseum	132
NCR	Ninoy Aquino Stadium	120
REG III	Philippine Arena	300
TOTAL		1,348

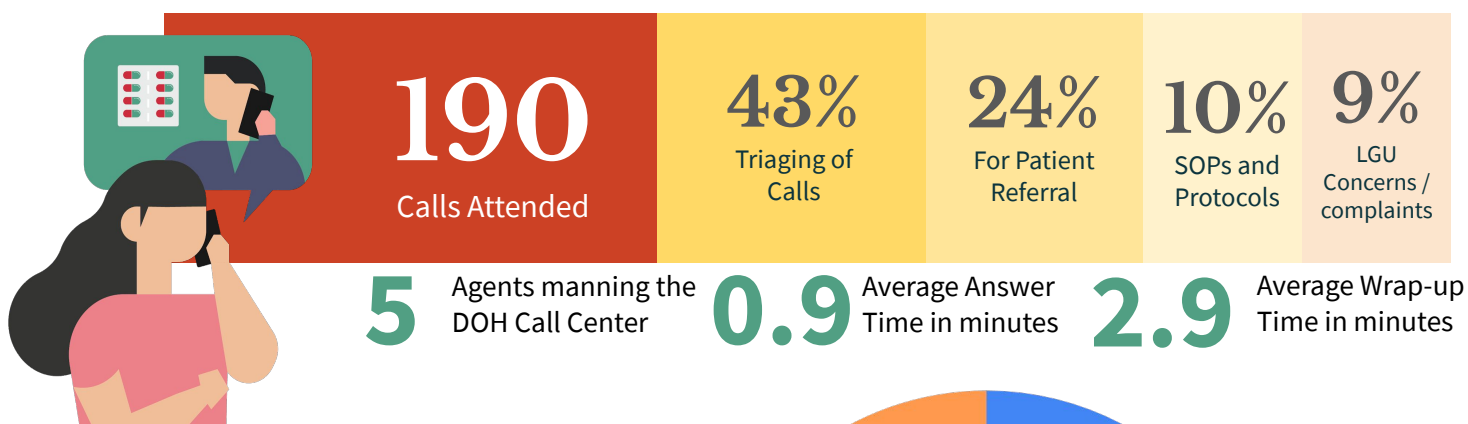
PERSONAL PROTECTIVE EQUIPMENT AND OTHER HEALTH EQUIPMENT DISTRIBUTED

May 03, 2020



CALLS CATERED BY THE DOH CALL CENTER

Statistic last May 3, 2020

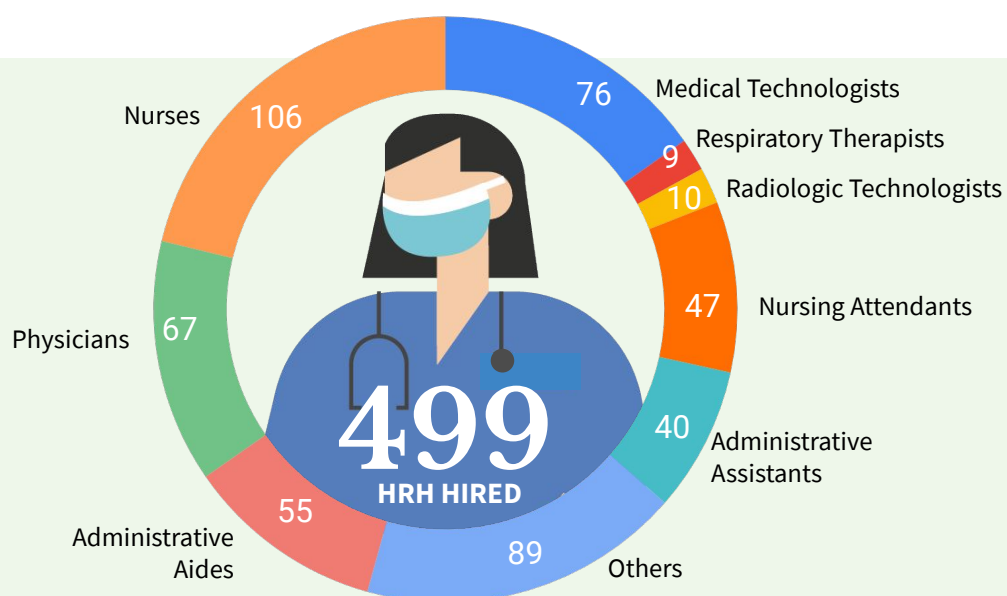


HUMAN RESOURCES FOR HEALTH (HRH) AUGMENTATION

As of May 03, 2020

HIRED HEALTH WORKERS PER PRIORITY FACILITY

Facility	No.
COVID Referral Hospital	82
DOH Designated Diagnostic Facility	54
Quarantine Facility (BOQ)	86
DOH Hospital	277



48

Number of facility requests received

2,083

Number of HRH slots approved for hiring

P59M

Total amount sub-allotted/transferred

TREATMENT

For case management of COVID-19 patients, healthcare providers are advised to adhere to the existing [PSMID Guidelines](#).

The country is participating in the Solidarity Trial that uses four (4) treatment regimen: (1) Remdesivir (2) Chloroquine/ Hydroxychloroquine (3) Lopinavir + Ritonavir (4) Lopinavir + Ritonavir + Interferon beta-1a.

Proposals on the potential cure for COVID-19 is encouraged by the DOH. Studies on the healing effect of Lagundi and Virgin Coconut Oil are being reviewed by the Department of Science and Technology - Philippine Council for Health Research and Development (DOST-PCHRD). But the public is still reminded not to self-medicate and use treatment modalities that are not yet certified and are without sound scientific evidence.

38 RITM STAFF RECOVER FROM COVID-19

The number of confirmed COVID-19 positive cases among the workforce of the Department of Health-Research Institute for Tropical Medicine (DOH-RITM) have reached a total of 45. As of 27 April, however, 84.44%, or 38 individuals, have fully recovered. While seven staff remain in quarantine, they are reportedly in a stable condition who present mild to no symptoms.

RITM has tested 1,280 of its personnel from April 18 to 24 where 1,000 have already received their results. Individuals with pending advice from the Employee Health Services of the Institute remain asymptomatic and are currently under strict monitoring.

PHILHEALTH FOR ALL

The Philippine Health Insurance Corporation temporarily suspended the 45-day benefit limit on single period of confinement for its members. This is in response to the ongoing public health emergency in the country. For more information you may contact PhilHealth on the following details:

- Action Center: 8441-7442
- SMS: 0917-8987442
- Email: actioncenter@philhealth.gov.ph

POLICY IN-FOCUS

In the absence of a specific treatment of vaccine, non-pharmaceutical interventions (NPI) form the backbone of the response to the COVID-19 outbreak. NPIs are public health strategies meant to mitigate and suppress transmission of the disease.

The DOH issued Administrative Order 2020-0015 Guidelines on the Risk-based Public Health Standards for COVID-19¹. This order aims to provide guidance for sectoral planning on the implementation of NPIs as minimum public health standards to mitigate the threat of COVID-19. Check out the FAQs [here](#).



Contact Details

For further information, you may reach us through the following platforms:

SOCIAL MEDIA ACCOUNTS

- f Facebook:**
fb.com/OfficialDOHgov
- Twitter:**
[@DOHgovph](https://twitter.com/DOHgovph)
- Viber:**
DOH PH COVID-19
- TikTok:**
[@dohgovph](https://tiktok.com/@dohgovph)

WEBSITES

- DOH:**
www.doh.gov.ph
- Healthy Pilipinas:**
healthypilipinas.ph

CONTACT NUMBERS

- ☎ (02) 894 - COVID (26843) or 1555 (for all subscribers)
- ☎ Telemedicine hotlines (NCR):
(02) 8424 1724
KonsultaMD
(02) 7798 8000

Resources

1. AO2020-0015 Guidelines on the Risk-based Public Health Standards for COVID-19 Mitigation:
https://drive.google.com/file/d/1q1COcB_6yaf7SyPbgiK_LVPEB3DCoA6g/view

THANK YOU for checking out the seventh issue of Beat COVID-19 Today! We'd like to know what you think. Send us your feedback at dohfeedback@gmail.com.