

# Beat COVID-19 Today

## A COVID-19 Philippine Situationer



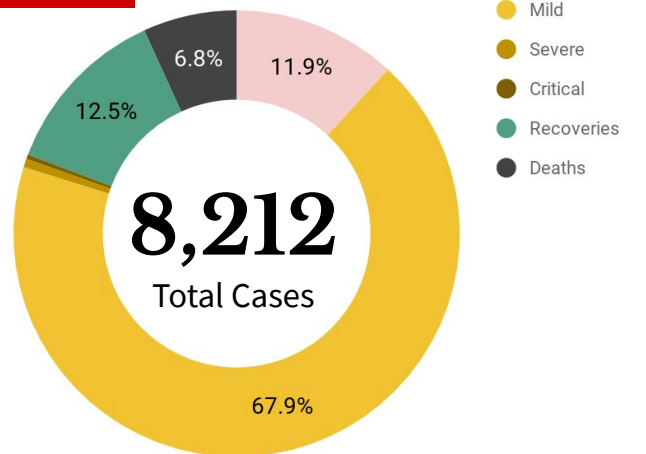
Issue 03 | April 30, 2020

### Highlights and Recent Updates on COVID-19

- The Philippine Business for Social Progress donated 3,000 Cepheid GeneXpert cartridges for COVID-19. These cartridges were received on April 29.
- DOH acknowledged the mental health burden brought about by the COVID-19 pandemic to the public. As such, the Department continues to urge the public protect their mental health by constantly communicating to their families and peers, and to seek mental health consultation when needed via these [hotlines](#).
- DOH reminded health facilities across the country that donated personal protective equipment (PPEs) cannot be charged to the patient.
- The Department of Education (DepEd) is set to implement physical distancing measures for the upcoming school opening and recommends smaller class size. Alternative learning modules shall also be offered for students staying at home.
- DepEd reiterated its promise of ensuring the safety and welfare of teachers, school staff, and students alike through the observance of the following measures: 1) regularly disinfecting schools; 2) providing teacher training to ensure they are well-equipped to deal with the New Normal setting in the classroom; and 3) setting up quarantine areas in schools in case anyone experiences symptoms.
- The learning needs of children with disabilities (CWD) amidst the New Normal is equally highlighted. In ensuring that CWD's special needs are addressed, the creation of an Individualized Education Program (IEP) is highly recommended.

### Case Summary

As of April 29, 2020



**8,212**

Total Cases

**7,958**

Previous day

**254**

Additional Cases



**1023**

Recoveries

**48**  
added



**558**

Deaths

**28**  
added

**6,631**

Active Cases

(net of recoveries and deaths)

#### Active Cases Breakdown



**975**

Asymptomatic

**251**

Pending Admission Status

**281**

Admitted

**443**

Home Isolation



**5,579**

Mild

**2740**

Pending Admission Status

**2202**

Admitted

**637**

Home Isolation



**51**

Severe



**26**

Critical

#### Probable Cases

As of April 29, 2020



**2,938**

Total Cases

#### Suspect Cases



**14,338**

Total Cases

**SEVERE:** Pneumonia, Difficulty of Breathing

**CRITICAL:** Intubated

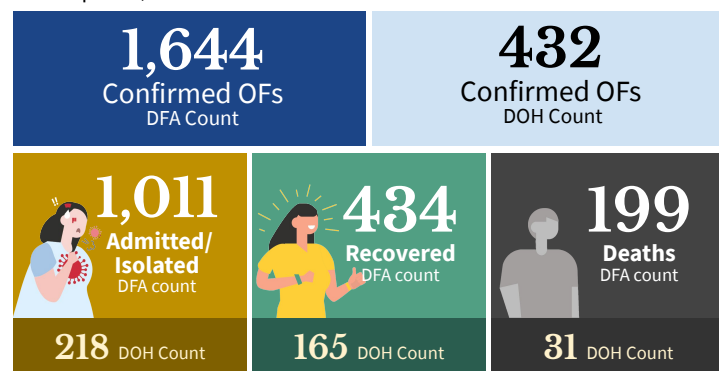
**PROBABLE:** Previously termed as PUIs (mild or critical) with inconclusive or unofficial test results.

**SUSPECT CASES:** Previously termed as PUIs (mild or critical) with no test done or awaiting test results.

# Goal: Shortening Duration of Infectiousness

## Case Summary of Overseas Filipinos (OFs)

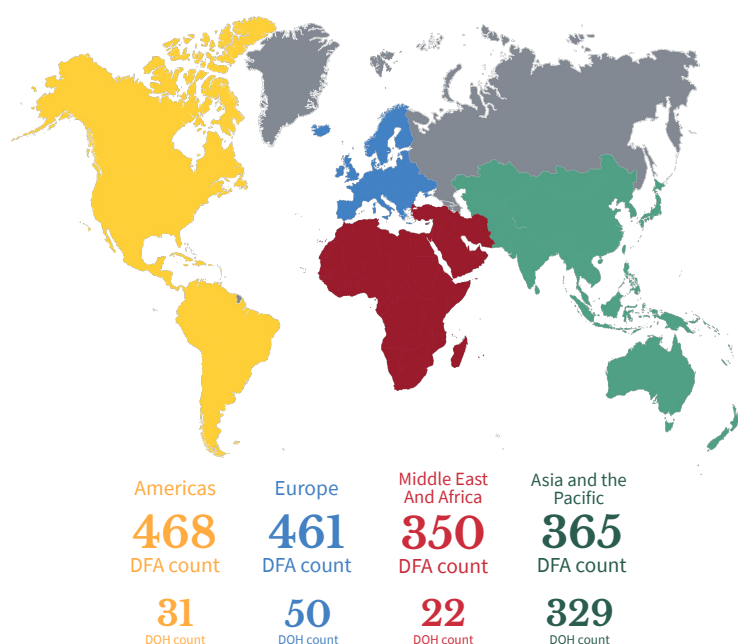
As of April 29, 2020



DOH Counts validated through the International Health Regulation (IHR), 18 cases for validation of disposition

## REGIONAL DISTRIBUTION

As of April 29, 2020



## TOP 5 COUNTRIES WITH OVERSEAS FILIPINOS WITH COVID-19 (DOH - IHR)

Cumulative data as of April 29, 2020

	JAPAN	122
	MALAYSIA	94
	SINGAPORE	59
	ITALY	29
	HONGKONG	29
	OTHERS	99

## EPIDEMIOLOGICAL DATA

### A. Healthcare Workers affected by COVID-19



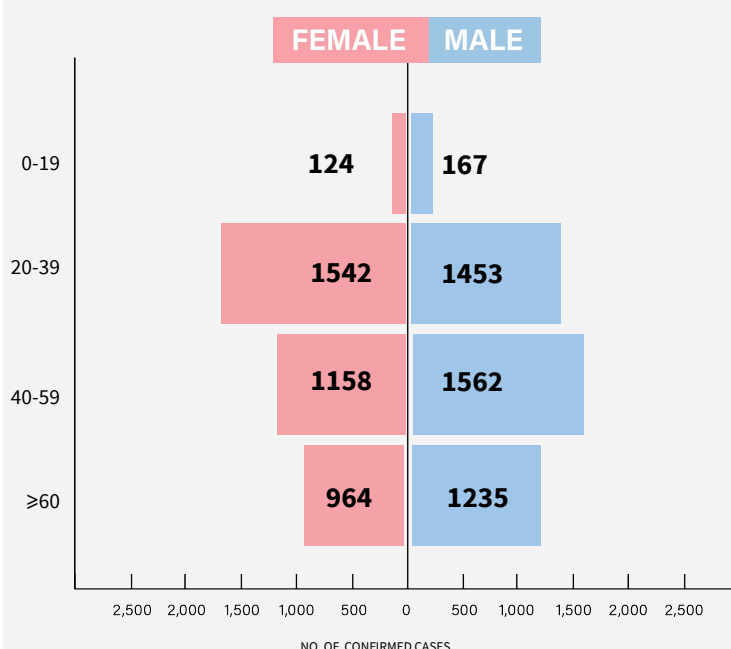
**1,619**  
healthcare workers

**1 out of 5 cases**  
OR  
(20%) is a health care worker.

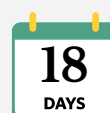
As of April 29, 2020

### B. Age and Sex Distribution of confirmed cases

As of April 29, 2020



Most of the confirmed cases are **male** (4417, 54%) and within the **40-59 age group** (1562, 35%).



Average hospital length of stay for recovered patients is at **18 days**.

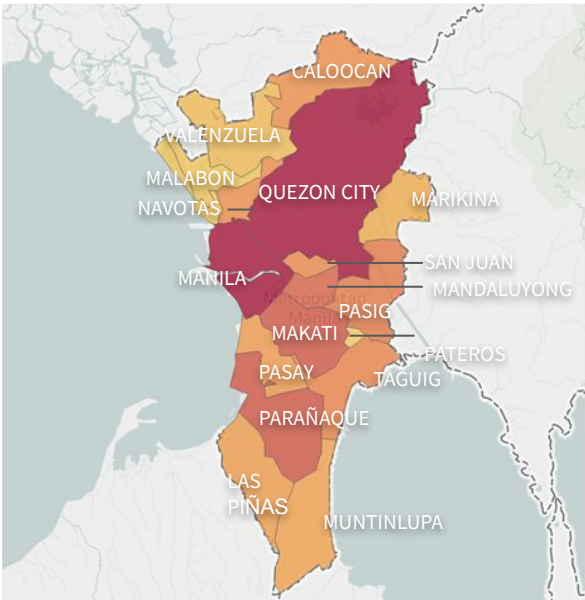
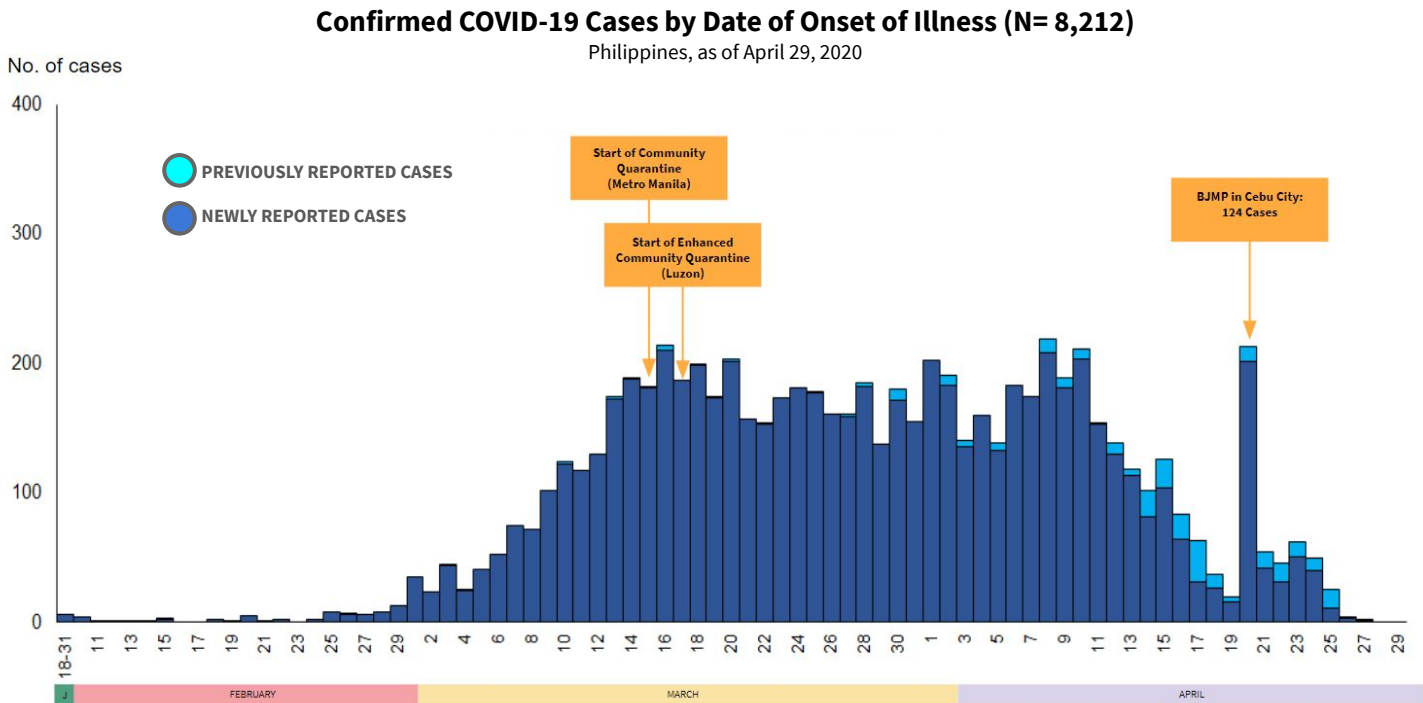


A total of **314** (56 %) of deaths had known comorbidities: top 2 comorbidities are **hypertension** (202, 64%) and **diabetes** (153, 49%).

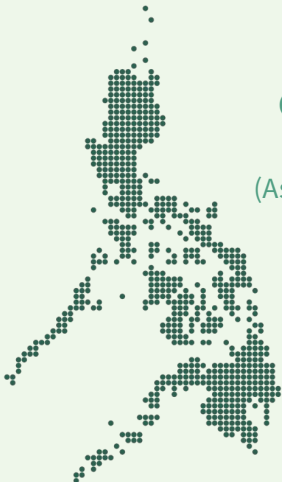
# Goal: Shortening Duration of Infectiousness

## C. Epidemiologic Curve

Note: Case counts reported do NOT represent the final number and are subject to change after inclusion of delayed reports and review of cases.



- A total of **5,640 (69%)** are confirmed cases from NCR.
- Top 3 barangays: **Tandang Sora, Quezon City (54); San Antonio, Parañaque (49) and Batasan Hills, Quezon City (46).**
- Still too early to tell whether **Enhanced Community Quarantine (ECQ)** is effective as reporting delays from symptom onset take around 11 days, but initial imputation analysis seems to suggest that ECQ is keeping new case numbers steady.
- Recent surge of cases from Cebu City, also now has two of the largest non-Metro Manila clusters: **Sitio Zapatera and Cebu City Jail.**
- Also still too early to tell whether Luzon-wide ECQ is effective, but initial imputation analysis seems to suggest that ECQ is keeping new case numbers steady.



**COVID-FREE PROVINCES**  
(As of April 29, 2020)

- CAR**  
Apayao  
Kalinga  
Mountain Province
- REGION 2**  
Batanes  
Quirino
- REGION 3**  
Aurora
- REGION 5**  
Camarines Norte  
Masbate  
Sorsogon

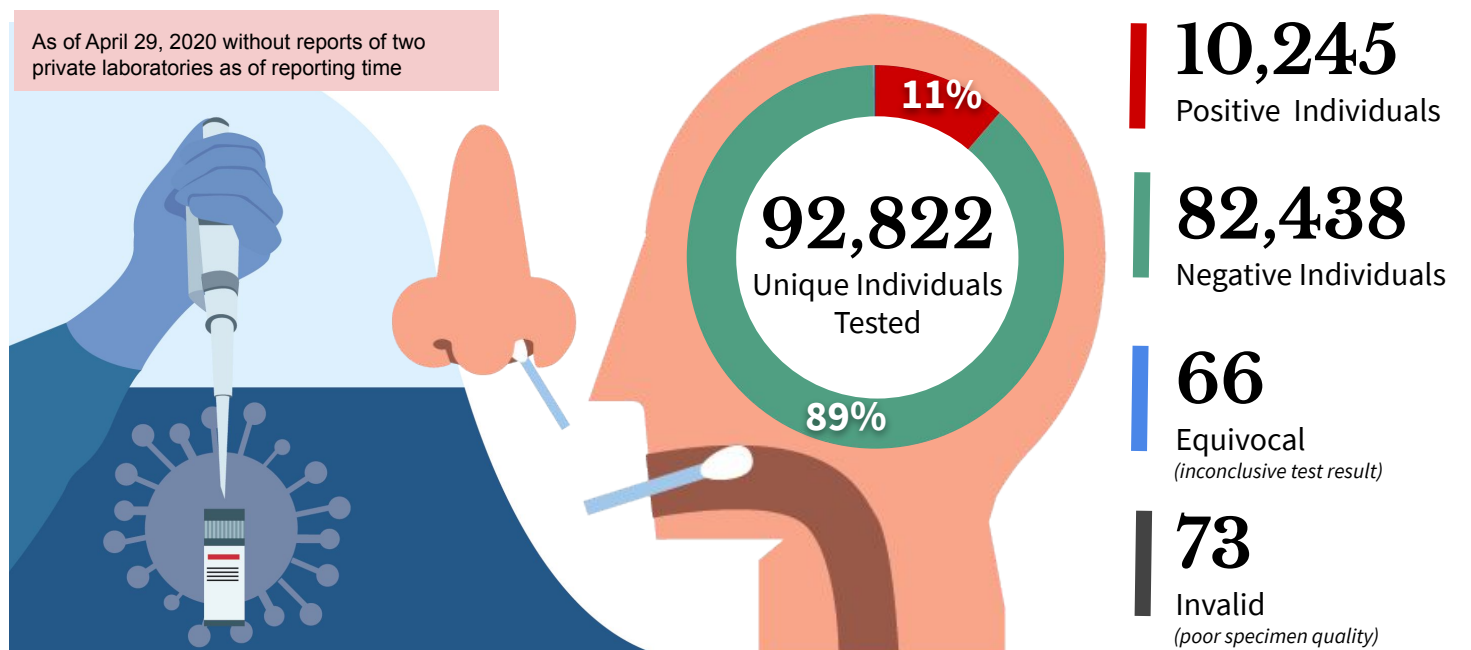
- REGION 6**  
Guimaras
- REGION 7**  
Siquijor
- REGION 8**  
Biliran  
Eastern Samar  
Southern Leyte
- REGION 9**  
Zamboanga del Norte  
Zamboanga Sibugay

- REGION 11**  
Davao Occidental
- REGION 12**  
Sarangani
- REGION 13**  
Agusan del Sur  
Dinagat Islands  
Surigao del Norte  
Surigao del Sur
- BARM**  
Basilan  
Sulu  
Tawi-tawi

## INDIVIDUALS TESTED AS REPORTED BY COVID-19 LABORATORIES

Note: The results of reported laboratory positive individuals are undergoing case information, validation, and processing and may not be reflected on the official case summary of the day.

As of April 29, 2020 without reports of two private laboratories as of reporting time



103,442

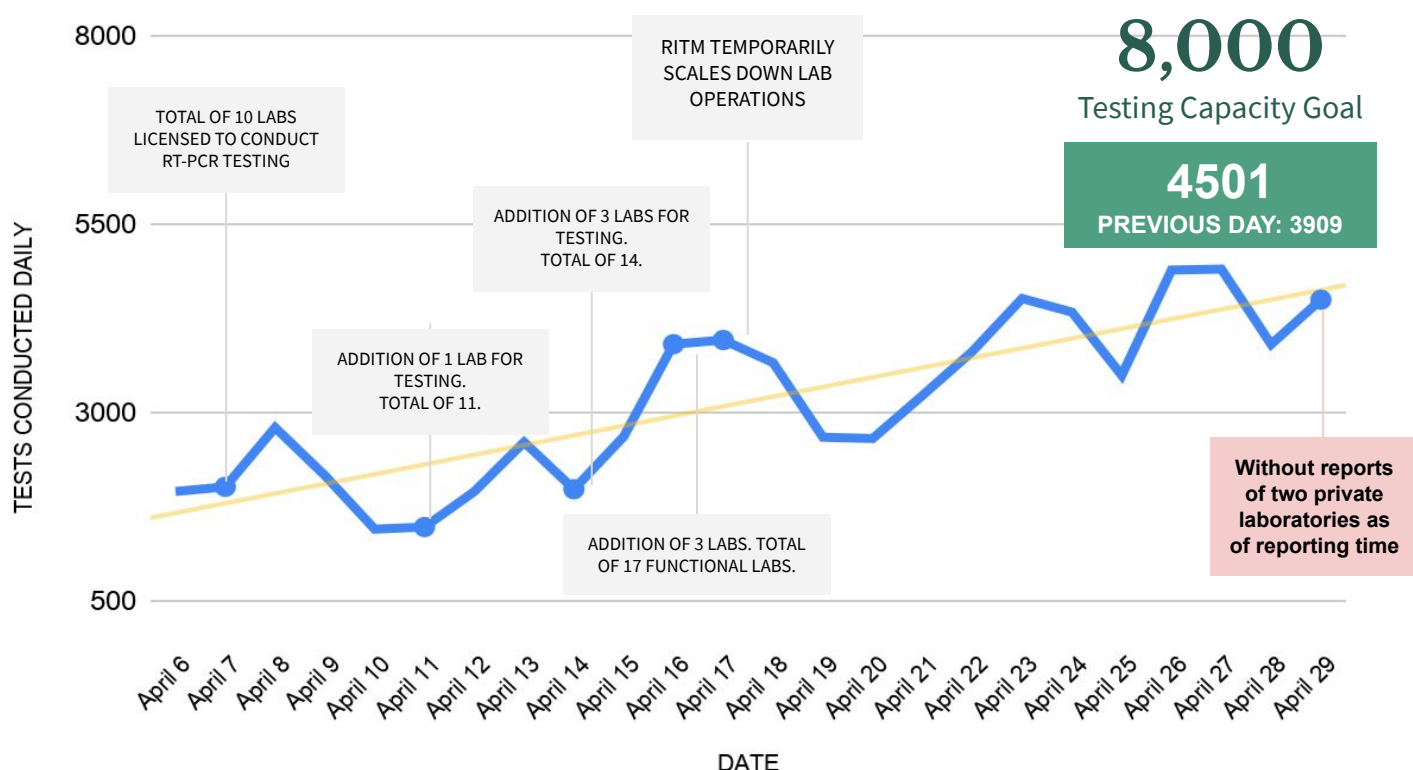
Total Tests Conducted

184,254

Remaining Available Tests Supplies

## DAILY OUTPUT AS REPORTED BY LICENSED LABORATORIES

As of April 29, 2020 without reports of two private laboratories as of reporting time





STATUS OF LABORATORY LICENSING

As of April 29, 2020

FACILITY NAME	REGION	STAGE
Research Institute for Tropical Medicine	NCR	V
San Lazaro Hospital		
UP National Institutes of Health		
Lung Center of the Philippines		
St. Luke's Medical Center- QC		
The Medical City - Ortigas		
Victoriano Luna -AFRIMS		
Molecular Diagnostics Laboratory		
St. Luke's Medical Center - BGC		
Makati Medical Center		
Philippine Red Cross		
Chinese Gen. Hospital		
PRC-PLMC		
Philippine Genome Center UP-Diliman		
Baguio General Hospital and Medical Center	CAR	
Bicol Regional Diagnostic and Reference Laboratory	V	
Western Visayas Medical Center	VI	
Vicente Sotto Memorial Medical Center	VII	
Southern Philippines Medical Center	XI	
UP-PGH-MRL	NCR	IV
Marikina City Health Office		
De La Salle University - Cavite	IVA	
National Kidney and Transplant Institute	NCR	III
ABC Clinical Laboratory		
Singapore Diagnostic, Inc.		
Asian Hospital & Medical Center		
Hi-Precision (QC)		
PNP Crime Laboratory		
Fe del Mundo Medical center		
Ilocos Training Regional Medical Center	I	
Mariano Marcos Memorial Hospital		
The Medical City - Clark	III	
Central Luzon Doctor's Hospital		
J B. Lingad Memorial Hospital		
Bataan General Hospital	IVA	
Batangas Medical Center		
San Pablo College Medical Center		
Calamba Medical Center	VI	
Bacolod Queen of Mercy Hospital		
Teresita Jalandoni Provincial Hospital		
Western Visayas State University Medical Center	VII	
Allegiant Regional Care Hospital		
Cebu TB Reference Laboratory	VIII	
Divine Word Hospital		
Eastern Visayas Regional Medical Center	IX	
Zamboanga City Medical Center		
Department of Agriculture Field Office IX	X	
Northern Mindanao TB Regional Center		
TB Reference Center- CHD Region X		
Polymedic Medical Plaza	XII	
Cotabato Regional Medical Center		
Dr. Arturo Pingoy Medical Center		
Adela Serra TY Memorial Medical Center	XIII	
CARAGA Regional Hospital		

LICENSING OF LABORATORIES STATUS

19

NO. OF LICENSED TESTING LABORATORIES

72

TOTAL NO. OF LABORATORY APPLICATIONS

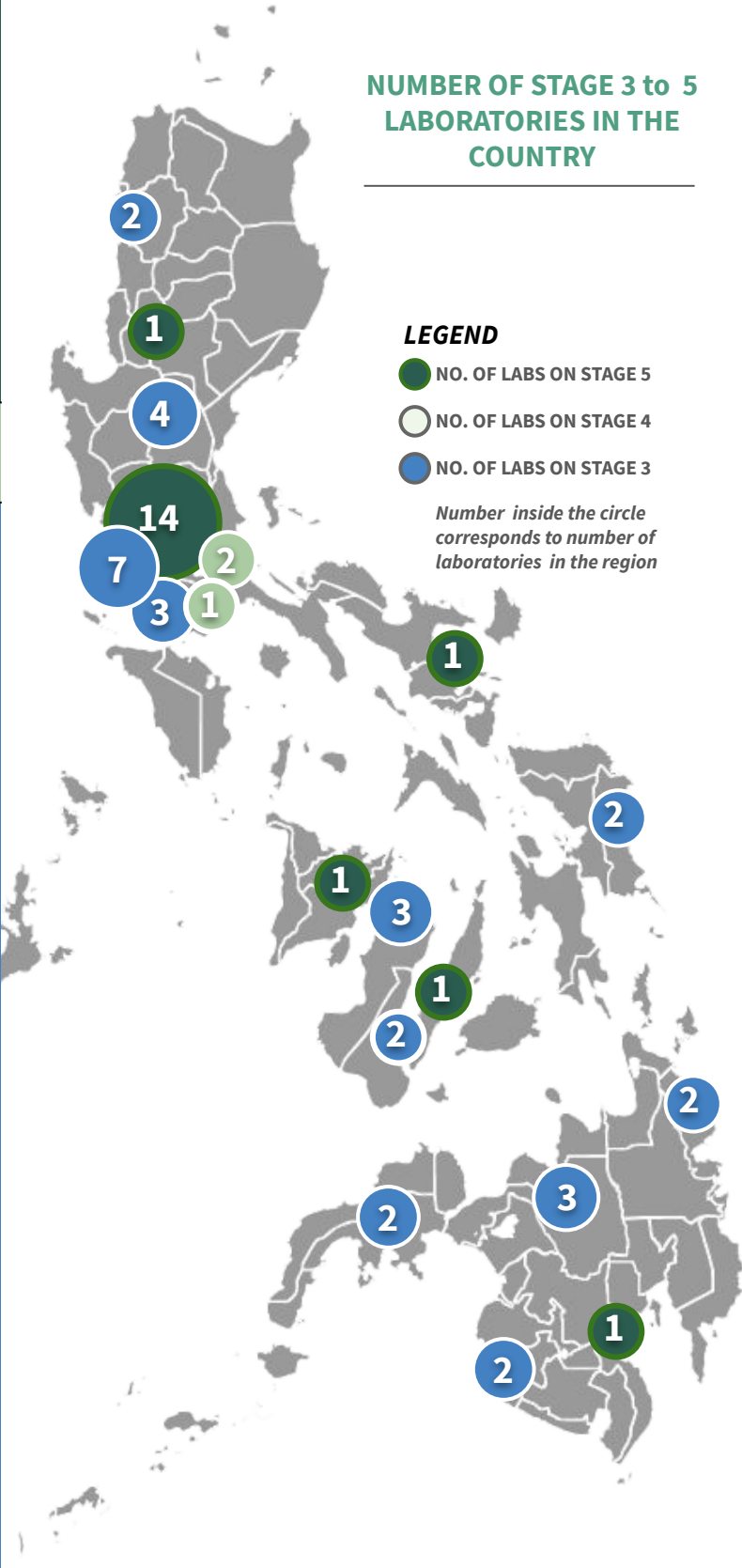
54

NO. OF LABORATORIES STAGE 3 AND ABOVE

75%

% LABS ON STAGE 3 AND ABOVE

NUMBER OF STAGE 3 to 5 LABORATORIES IN THE COUNTRY



# Goal: Increase Resilience, Stop Transmission, Reduce Contact

## BEHAVIORAL MESSAGES OF THE DAY

- The DOH reinforced in its virtual presser what the New Normal means and what it entails. According to the Department, the New Normal is both a practice and a mindset that places prime importance on healthy lifestyles and preventive behaviors to avoid getting sick.
- The DOH expressed its hopes that the COVID-19 health emergency would give the public a heightened sense of health consciousness, and that the lessons gained from the pandemic would always be remembered as the New Normal era emerges.
- The DOH also highlighted in its social media channels ways for the elderly to take care of themselves to avoid getting infected with COVID-19. These measures include:
  - Avoiding unnecessary travels outside the home;
  - Eating fruits, vegetables, fish, and other healthy food;
  - Drinking 8-10 glasses of water daily;
  - Exercising inside the home;
  - Getting a healthy amount of sunlight for at least 10 minutes every day; and
  - Sleeping for 6-8 hours every night.

**Ano ang New Normal para sa atin?**

**#NewNormal #BagongBuhay**

Sa New Normal, kailangan ay **PATULOY** at **WALANG PALYA** nating isasabuhay ang preventive measures gaya ng:

Paghuugas ng kamay

Pagsusuot ng maskara sa tuwing lalabas ng bahay

Physical distancing

f OfficialDOHgov @DOHgovph doh.gov.ph (02) 894-COVID / 1555

**MGA PAALALA PARA SA ATING MGA LOLO AT LOLA UPANG MAIWASAN ANG COVID-19**

**Gawin ang mga sumusunod**

- Iwasan ang paglabas kung hindi naman kinakailangan
- Kumain ng gulay, prutas, at isda
- Uminom ng 8 hanggang 10 baso ng tubig araw-araw
- Ugalling mag-ehersisyo kahit sa loob lang ng bahay
- Magpa-init sa araw kahit sampung minuto lamang
- Matulog ng 6 hanggang 8 oras gabi-gabi

**#BahayMunaBuhayMuna**

**SAMA-SAMA NATING LABANAN ANG COVID-19!**

f OfficialDOHgov @DOHgovph doh.gov.ph (02) 894-COVID

## HOW DO YOU REMAIN SAFE AND HEALTHY AMIDST THE COVID-19 PANDEMIC?

ALWAYS remember and practice the following:



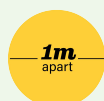
Wash hands with soap and water for 20 seconds or more (Try singing the chorus of your favorite song while washing).



Use a hand sanitizer with 70% alcohol if you can't wash your hands for 20 seconds or more.



Avoid touching your face, especially your mouth, eyes, nose.



Make sure you keep 1 meter distance from other people.



Avoid touching things that many people touch like door handles, tables, chairs, etc.



Wear a mask while outside.



Frequently clean surfaces in your house, work or business. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keys, keyboards, toilets, faucets, and sinks.



Disinfect using a bleach solution (7 tablespoons [100 mL] bleach for 1 liter of clean water).



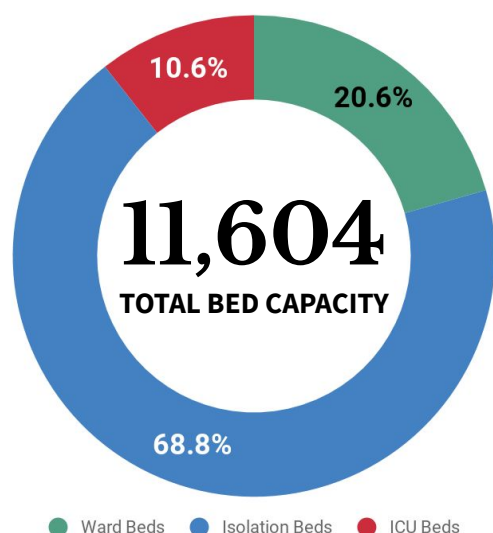
Disinfect your most used things (like phone, keys, eyeglasses, keyboard, etc.) with 70% alcohol solution.

# Goal: Enhance quality, consistency, and affordability of care provision

## HOSPITAL BEDS AND MECHANICAL VENTILATORS DEDICATED TO COVID-19 CASES

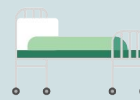
Data taken from the DOH DataCollect App. Specific for COVID-19 cases.

As of April 29, 2020



**983**  
Ward beds  
occupied

**1,406**  
available



Ward beds for confirmed COVID-19 cases



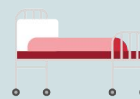
**3,030**  
Isolation beds  
occupied

**4,955**  
available



**509**  
ICU beds  
occupied

**721**  
available



**416**  
Mech vents  
currently in use

**1,316**  
available



## TEMPORARY TREATMENT AND MONITORING FACILITIES (TTMF)

As of April 29, 2020

Number of patients isolated/ quarantined in Temporary Treatment and Monitoring Facilities:

<b>NCR</b>	4,228	<b>REG VII</b>	4,473
<b>CAR</b>	596	<b>REG VIII</b>	1,457
<b>REG I</b>	941	<b>REG IX</b>	1,222
<b>REG II</b>	2,442	<b>REG X</b>	3,864
<b>REG III</b>	1,517	<b>REG XI</b>	311
<b>REG IV-A</b>	3,758	<b>REG XII</b>	1,448
<b>REG IV-B</b>	1,314	<b>REG XIII</b>	1,808
<b>REG V</b>	6,904	<b>BARMM</b>	1,257
<b>REG VI</b>	7,452	<b>TOTAL</b>	<b>44,992</b>

## LIGTAS COVID FACILITIES

As of April 29, 2020

Local Isolation and General Treatment Areas for COVID-19 cases (LIGTAS COVID centers) are community-managed facilities dedicated for quarantine or isolation of suspected COVID-19 cases.

REGION	TTMF	Beds
NCR	PICC	294
NCR	World Trade Center	502
NCR	Las Pinas Rehab Center	50
NCR	Quezon Institute	100
NCR	Ultra Stadium	112
NCR	Rizal Facility	132
NCR	Ninoy Aquino Stadium	120
NCR	Filinvest	108
Region IV-A	Alta de Tagaytay	30
Region III	Asean Convention Center	150
Region III	NCC Athlete Village	520
Region III	NCC NGAC	668
Region III	Philippine Arena	300
<b>TOTAL</b>		<b>3,086</b>

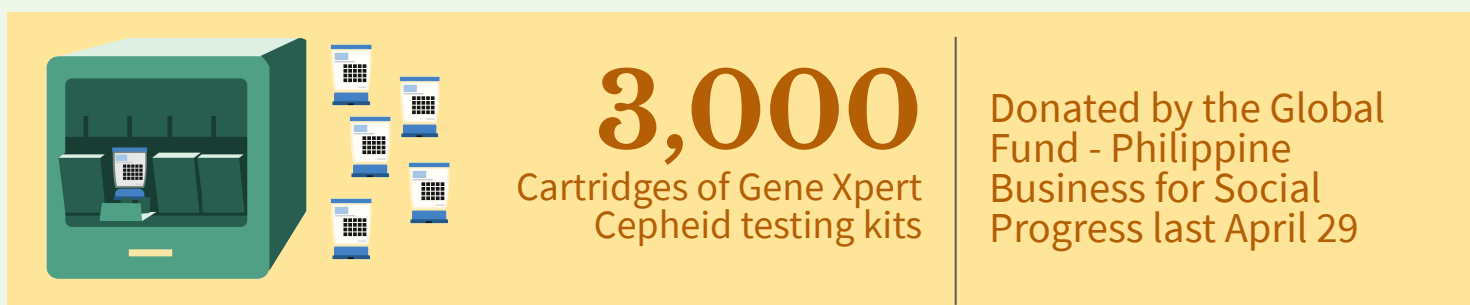
## PERSONAL PROTECTIVE EQUIPMENT DISTRIBUTED

April 29, 2020



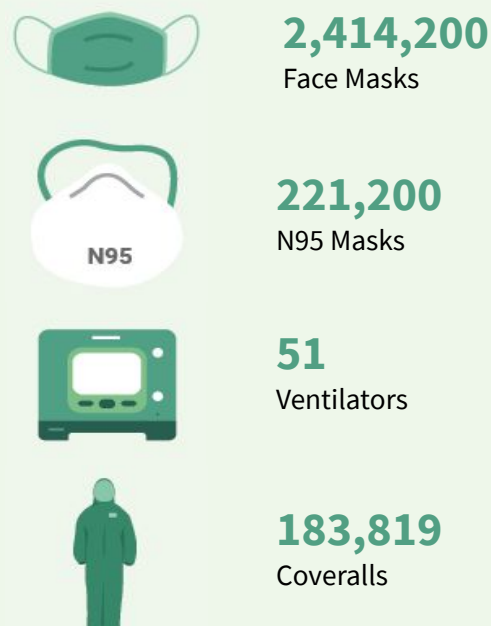
## FOREIGN AND LOCAL DONATIONS PROCESSED

April 29, 2020



DONOR	RT-PCR BRAND	QUANTITY
Ministry of Health Brunei   Mammoth Foundation	BGI (China)	101,000
Shanghai Nanjiang Co., Ltd.	Beijing Applied Technologies (China)	483,840
Gov't of China   Mr. Carlos Gonzalez	Sansure (China)	115,008
Gov't of Singapore   Temasek Foundation	A*Star Fortitude (Singapore)	640,000
Udenna Foundation   Korea International Cooperation Agency	Q SenS (South Korea)	85,000
Global Fund - Philippine Business for Social Progress	Gene Xpert Cepheid (USA)	3,000
TOTAL		1,427,848

### Summary of donated PPEs:





## TREATMENT

For case management of COVID-19 patients, healthcare providers are advised to adhere to the existing [PSMID Guidelines](#).

## FDA APPROVES ADDITIONAL TEST KITS

FDA approved 2 additional kits (1 PCR, 1 RAPID) as of 29 April 2020. Total registered COVID-19 Test Kits for commercial use is now 59. List of FDA approved Real Time RT-PCR kits and Rapid Antibody-based Diagnostic Test kits can be accessed [here](#).

## PHILHEALTH FOR ALL

PhilHealth in an Advisory<sup>1</sup> reminded all accredited HIV treatment hubs and primary HIV care facilities to ensure that people living with HIV (PLHIVs) enrolled in their facilities are able to access needed health services especially anti-retroviral drugs (ARVs) during the ECQ.

It is essential that alternative modes of delivery of ARVs, such as through courier or parcel services, be considered at the time of the ECQ, and that such cost of services may be charged to the PhilHealth Outpatient HIV/AIDS Treatment (OHAT) Package reimbursement.

## POLICY IN-FOCUS

In order to ensure the safety of healthcare workers, the continuity of health services, and the prevention of further transmission of the virus, the DOH issued an Interim Guidelines on the Accommodation Arrangement for Health Workers during COVID-19 Health Emergency Response Period. Check our FAQs, or access the Department Memorandum [here](#).



## Contact Details

For further information, you may reach us through the following platforms:

### SOCIAL MEDIA ACCOUNTS

- f Facebook:**  
[fb.com/OfficialDOHgov](https://fb.com/OfficialDOHgov)
- Twitter:**  
[@DOHgovph](https://twitter.com/DOHgovph)
- Viber:**  
DOH PH COVID-19
- TikTok:**  
[@dohgovph](https://tiktok.com/@dohgovph)

### WEBSITES

- DOH:**  
[www.doh.gov.ph](http://www.doh.gov.ph)
- Healthy Pilipinas:**  
[healthypilipinas.ph](http://healthypilipinas.ph)

### CONTACT NUMBERS

-  (02) 894 - COVID (26843) or 1555 (for all subscribers)

## Resources

1. Philippine Health Insurance Corporation Advisory No. 2020-026  
<https://www.philhealth.gov.ph/advisories/2020/adv2020-0026.pdf>

**THANK YOU** for checking out the third issue of Beat-COVID-19 Today! We'd like to know what you think. Send us your feedback at [dohfeedback@gmail.com](mailto:dohfeedback@gmail.com).