

Beat COVID-19 Today

A COVID-19 Philippine Situationer



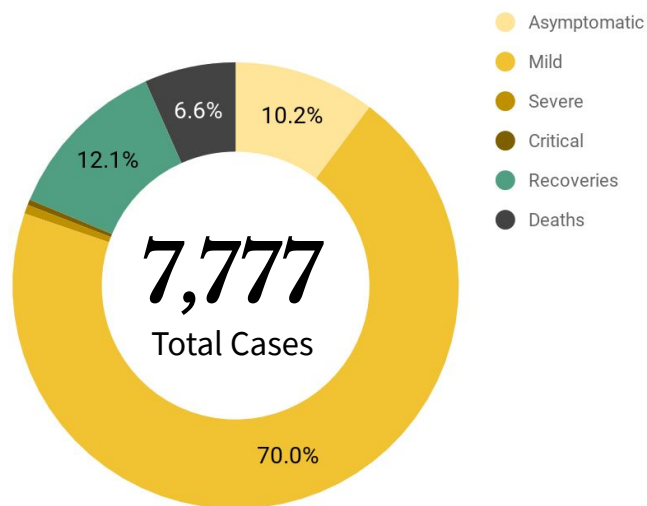
Issue 01 | April 28, 2020

Highlights and Recent Updates on COVID-19

- DOH reiterates that all policies and interventions for the COVID-19 response shall be based on best available evidence. Science will be in charge in our efforts to beat COVID-19.
- Our goal is to (1) increase resilience, (2) stop transmission, (3) reduce contact rate, (4) shorten duration of infection, and (5) enhance quality, consistency and affordability of care provision.
- WHO Acting Country Representative Dr. Soccoro Escalante, in the DOH media briefing yesterday, explained that the development of a potential vaccine for COVID-19 will take an average of 1 -1 ½ years. This will also undergo a tedious process of clinical trials and registration. As of date there is still no known vaccine or medicine against COVID-19.
- DOH reminds hospitals and health facilities, be it private or public, not to refuse patients needing emergency care as stipulated in RA 10932 or the "Anti-Hospital Deposit Law".
- DOH explains that previously recovered patients testing positive for COVID-19 may be due to the detection of viral remnants. The recovered patients are not necessarily infectious. Nonetheless the DOH is reviewing the cases and will update the public on developments.
- DOH adds Philippine Genome Center to its list of COVID-19 testing laboratories. This brings the total to 19 licensed laboratories across the country.
- Updates has been added on the DOH COVID-19 tracker. It now includes information on health status and distribution of COVID-19 cases, as well as health system capacity per region and province. View the tracker [here](#).
- In celebration of the World Immunization Week (April 24-30), the DOH published Memorandum No. 2020-1050 or Interim Guidelines for Immunization Services in the Context of COVID-19 Outbreak.¹

Case Summary

As of April 27, 2020



Breakdown

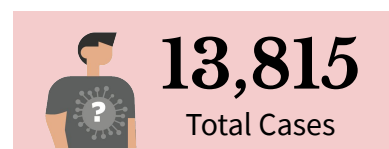


Probable Cases

As of April 24, 2020



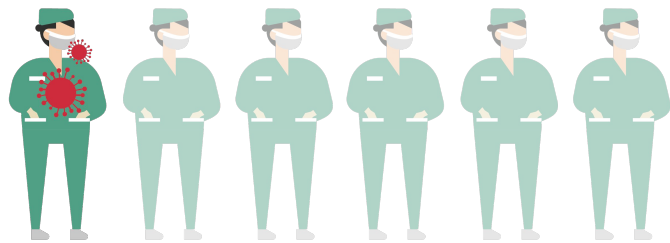
Suspect Cases



Goal: Shortening Duration of Infectiousness

EPIDEMIOLOGICAL DATA

A. Healthcare Workers affected by COVID-19



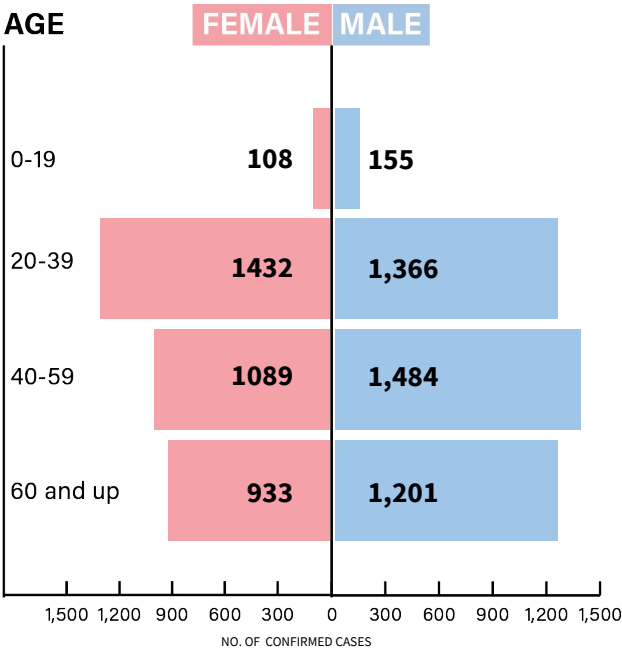
1,434
healthcare workers

1 out of 6 cases
(18%) is a health care worker.

As of April 27, 2020

B. Age and Sex Distribution of confirmed cases

As of April 27, 2020



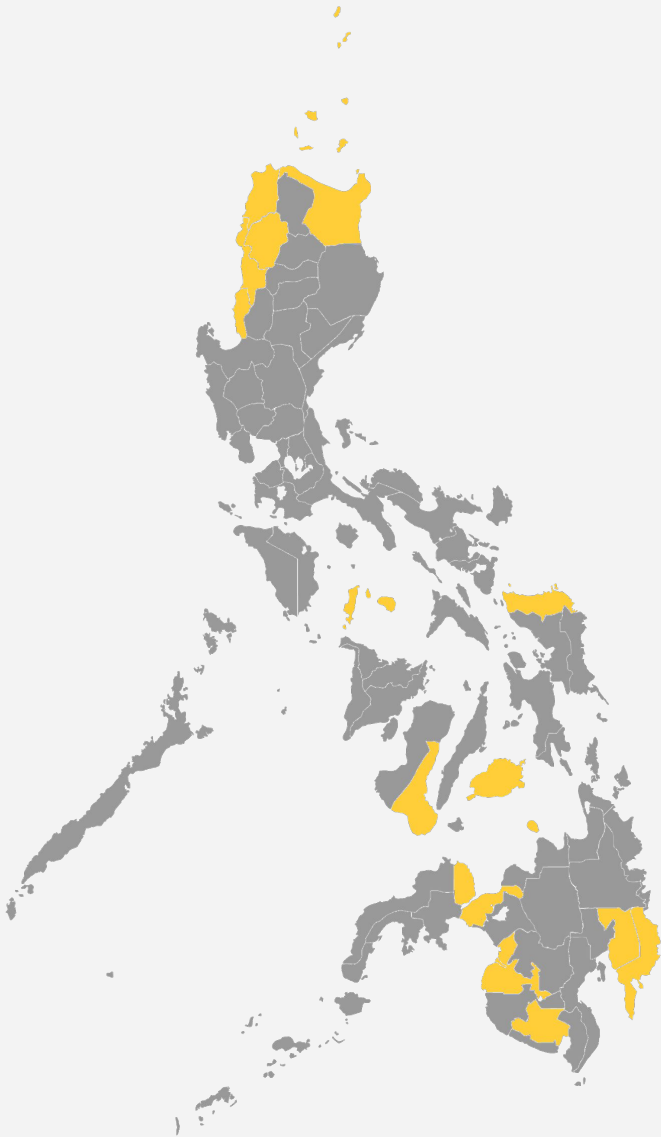
Most of the confirmed cases are **Male** within the **40-59 age group**.



Average hospital length of stay for recovered patients is at **17.5 days**



A total of **286 (56%)** of deaths had known comorbidities: top 2 comorbidities are **hypertension (182, 36%)** and **diabetes (140,27%)**.



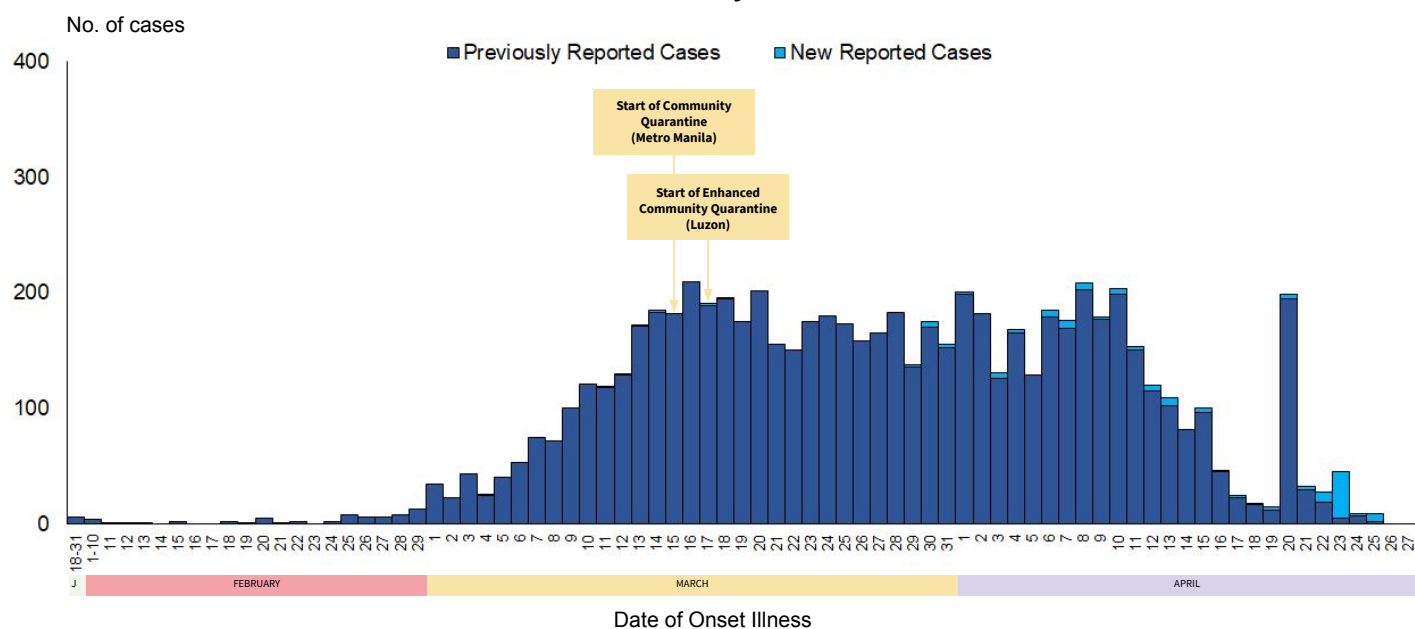
LIST OF PROVINCES WITHOUT COVID-19 CASES IN TWO WEEKS (April 13 - April 27)

- | | |
|-------------------|-----------------|
| Abra | La Union |
| Bohol | Lanao del Norte |
| Bukidnon | Maguindanao |
| Cagayan | Misamis |
| Camiguin | Occidental |
| Compostela Valley | Negros Oriental |
| Cotabato City | Northern Samar |
| Davao Oriental | Romblon |
| Ilocos Norte | South Cotabato |
| Ilocos Sur | |

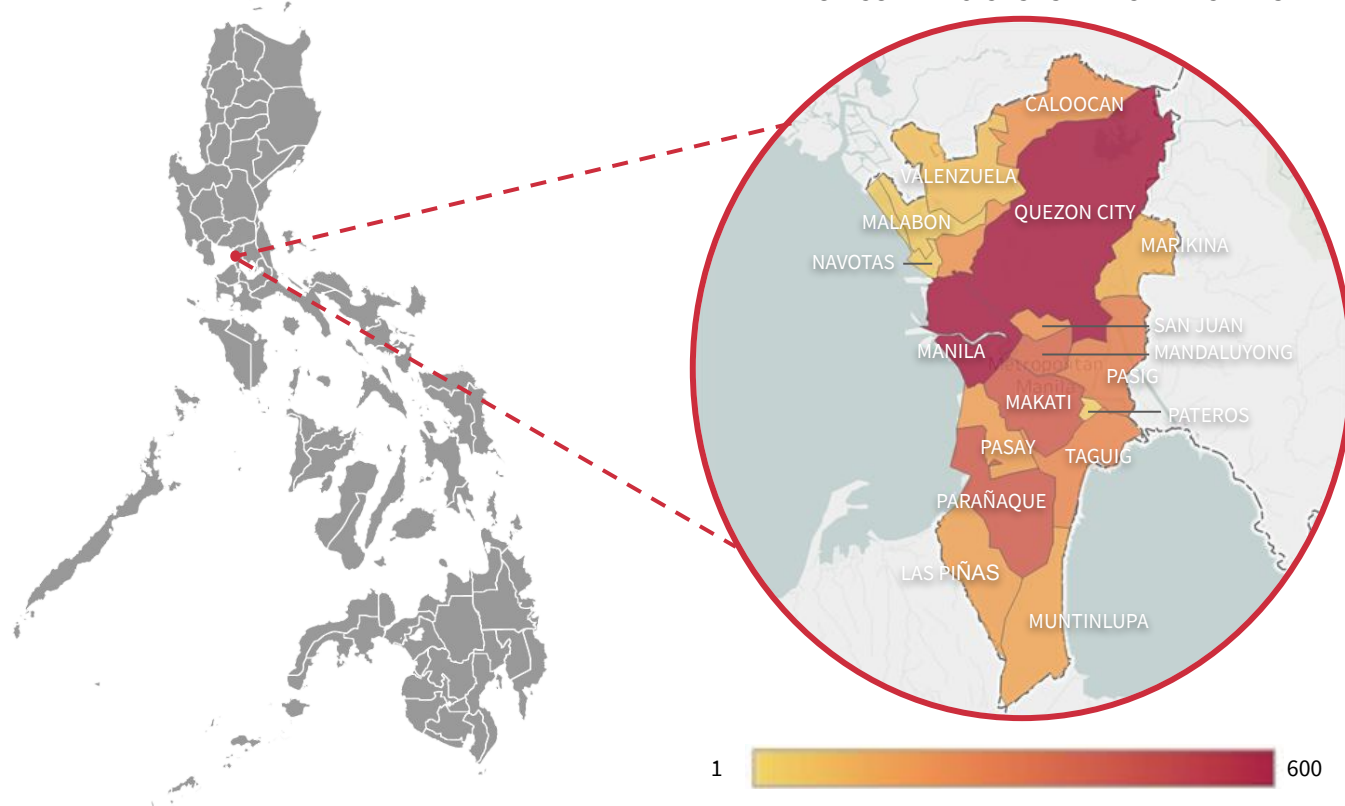
C. Epidemiologic Curve

As of April 27, 2020

Confirmed COVID-19 Cases by Date of Onset of Illness



MAP OF COVID-19 CASES IN NCR BY CITIES

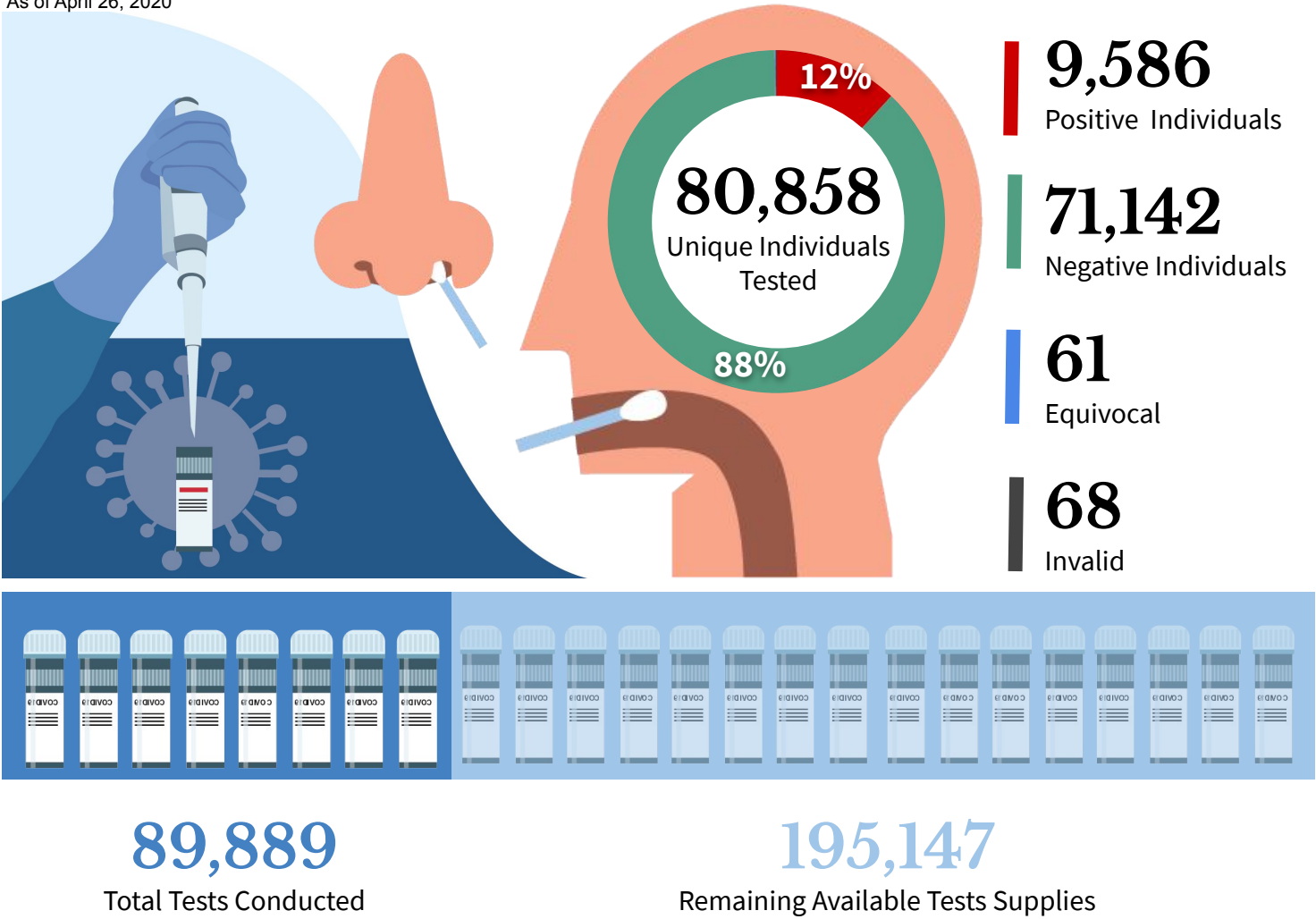


- A total of **5332 (69%)** are confirmed cases from NCR.
- Top 3 barangays: **Tandang Sora, Quezon City (49)**; **San Antonio, Parañaque (44)** and **Batasan Hills, Quezon City (44)**.
- Still too early to tell whether **Enhanced Community Quarantine (ECQ)** is effective as reporting delays from symptom onset take around 11 days, but initial imputation analysis seems to suggest that ECQ is keeping new case numbers steady.
- Recent surge of cases from Cebu City, also now has two of the largest non-Metro Manila clusters: **Sitio Zapatera and Cebu City Jail**.
- Also still too early to tell whether Luzon-wide ECQ is effective, but initial imputation analysis seems to suggest that ECQ is keeping new case numbers steady.

INDIVIDUALS TESTED AS REPORTED BY COVID-19 LABORATORIES

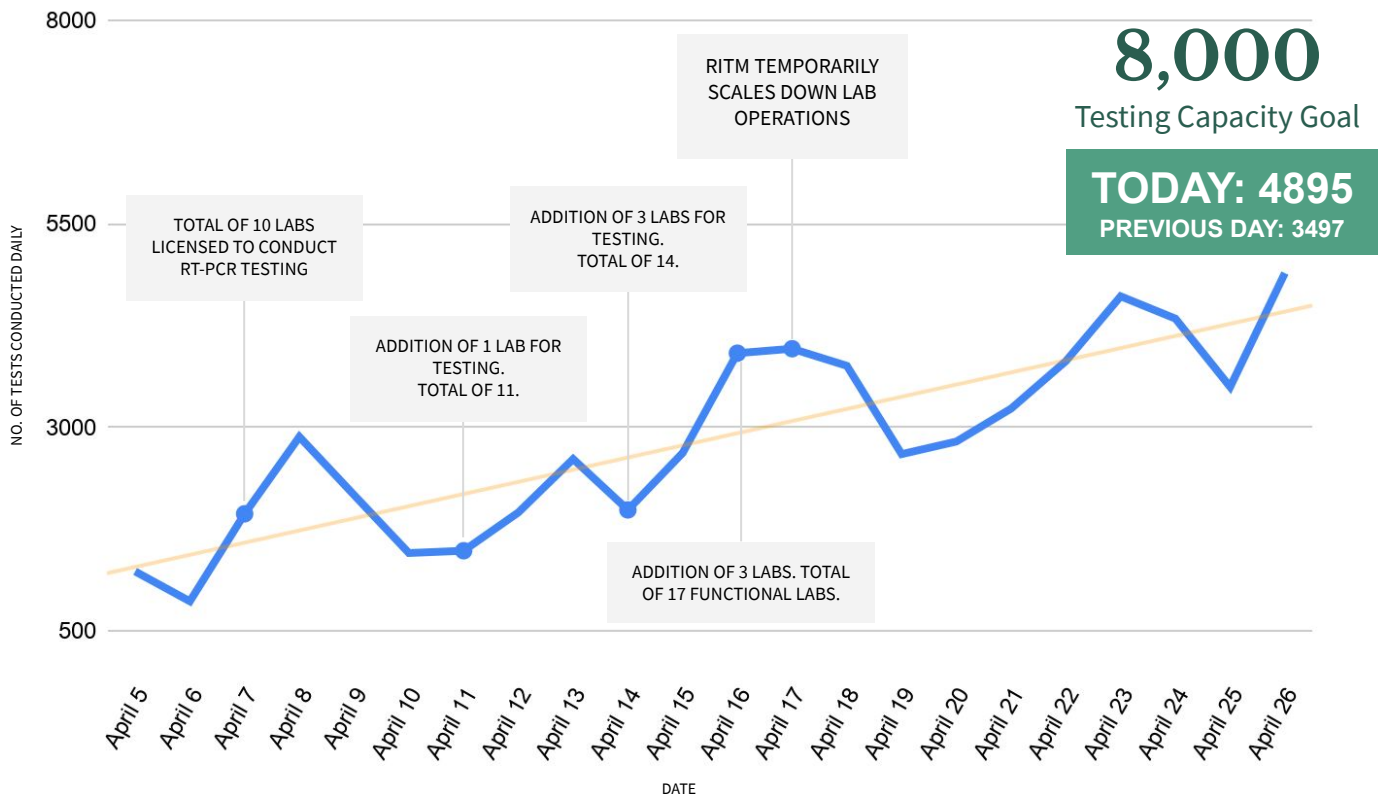
Note: The results of reported laboratory positive individuals are undergoing case information, validation and processing and may not be reflected on the official case summary of the day.

As of April 26, 2020



DAILY OUTPUT AS REPORTED BY LICENSED LABORATORIES

As of April 26, 2020



Goal: Increase Resilience, Stop Transmission, Reduce Contact

BEHAVIORAL MESSAGES OF THE DAY

- The DOH emphasized the importance of having a renewed consciousness in health practices and lifestyle amidst the COVID-19 pandemic and even long after it is over. This kind of mindset and practice is what the Department refers to as the “New Normal”.
- The DOH underscores how in the New Normal setting, the public is supposed to better understand the significance of practicing a healthy lifestyle, which includes eating a balanced diet, exercising, and avoiding stress as much as possible, among others. In this scenario, priority is placed on creating stronger resistance and immunity, and to ensure that illnesses are prevented even before they occur.
- In terms of managing COVID-19 symptoms, the DOH reiterated that not all symptoms require hospitalization. Mild symptoms, such as mild fever, fatigue, dry cough, colds, and sore throat could be treated at home. However, the elderly and the immunocompromised often need special attention despite experiencing only mild symptoms.
- The DOH outlined steps that could be taken when a healthy individual experiences mild symptoms: 1) stay at home; 2) use a separate room and if possible, avoid mingling with others; 3) cover the mouth and nose when coughing or sneezing using tissue paper, handkerchief, or shirt sleeves; 4) wear face mask; 5) avoid sharing personal items with others; 6) practice self-monitoring; and 7) consult with a doctor when symptoms get worse (e.g. suddenly experiencing difficulty in breathing).



f OfficialDOHgov @DOHgovph doh.gov.ph (02) 894-COVID / 1555



HOW DO YOU REMAIN SAFE AND HEALTHY AMIDST THE COVID-19 PANDEMIC?

ALWAYS remember and practice the following:



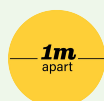
Wash hands with soap and water for 20 seconds or more (Try singing the chorus of your favorite song while washing).



Use a hand sanitizer with 70% alcohol if you can't wash your hands for 20 seconds or more.



Avoid touching your face, especially your mouth, eyes, nose.



Make sure you keep 1 meter distance from other people.



Avoid touching things that many people touch like door handles, tables, chairs, etc.



Wear a mask while outside.



Frequently clean surfaces in your house, work or business. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keys, keyboards, toilets, faucets, and sinks.



Disinfect using a bleach solution (7 tablespoons [100 mL] bleach for 1 liter of clean water).



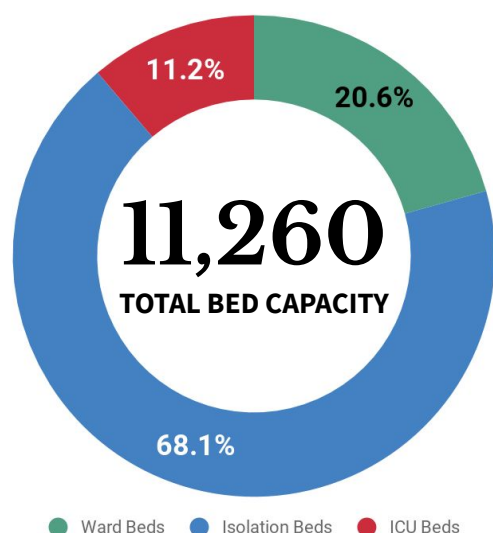
Disinfect your most used things (like phone, keys, eyeglasses, keyboard, etc.) with 70% alcohol solution.

Goal: Enhance quality, consistency, and affordability of care provision

HOSPITAL BEDS AND MECHANICAL VENTILATORS DEDICATED TO COVID-19 CASES

Data taken from the DOH DataCollect App. Specific for COVID-19 cases.

As of April 27, 2020



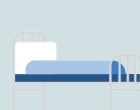
880
Ward Beds
occupied

1,444
available



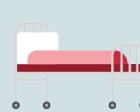
2,926
Isolation Beds
occupied

4,746
available



464
ICU Beds
occupied

800
available



473
Mech Vents
Currently in use

1,307
available



TEMPORARY TREATMENT AND MONITORING FACILITIES (TTMF)

As of April 27, 2020

Number of patients isolated/ quarantined in Temporary Treatment and Monitoring Facilities:

NCR	4,228	REG VII	4,447
CAR	913	REG VIII	1,457
REG I	873	REG IX	1,133
REG II	2,444	REG X	3,864
REG III	1,517	REG XI	311
REG IV-A	3,758	REG XII	1,448
REG IV-B	2,231	REG XIII	1,808
REG V	6,904	BARMM	1,257
REG VI	7,366	TOTAL	45,959

LIGTAS COVID FACILITIES

As of April 27, 2020

Local Isolation and General Treatment Areas for COVID-19 cases (LIGTAS COVID centers) are community-managed facilities dedicated for quarantine or isolation of suspected COVID-19 cases.

REGION	TTMF	Beds
NCR	PICC	294
NCR	World Trade Center	502
NCR	Las Pinas Rehab Center	50
NCR	Quezon Institute	100
NCR	Ultra Stadium	112
NCR	Rizal Facility	132
NCR	Ninoy Aquino Stadium	120
NCR	Filinvest	108
Region IV-A	Alta de Tagaytay	30
Region III	Asean Convention Center	150
Region III	NCC Athlete Village	520
Region III	NCC NGAC	668
Region III	Philippine Arena	300
TOTAL		3,086

TREATMENT

For case management of COVID-19 patients, healthcare providers are advised to adhere to the existing [PSMID Guidelines](#).

PERSONAL PROTECTIVE EQUIPMENT DISTRIBUTED

April 27, 2020

	270,320 Coveralls		39,292 Face Shields
	1,667,090 Face Masks		358,200 Headcaps
	301,300 Gloves		2,392 Thermal Scanners
	154,075 Gowns		144,903 Goggles
	137,675 Kn95		30 Non-invasive Ventilators
	83,680 N95		2 Sanitation Tents

SOLIDARITY TRIAL

The Department of Health (DOH) announced that the country's participation in the WHO Solidarity trial has been approved on April 17 by the Single Joint Research Ethics Board (SJREB) in support of the COVID-19 global response.² The Solidarity Trial will compare four (4) treatment options against standards of care in order to assess their relative effectiveness against the disease.

PHILHEALTH FOR ALL

The Philippine Health Insurance Corporation assures the public of its commitment pay due benefits for all COVID-19 patients regardless of their admission date, PHIC likewise upholds its earlier announcement to pay at cost until April 14, and, through its new case rate packages, from April 15 onwards.³

To date, PhilHealth has reported that a total of P4.1 billion has now been approved and is currently being released to various hospitals with COVID-19 cases. Through the grant, PhilHealth ensures that hospitals are provided with the needed funds for covering the costs of treating COVID-19 patients who are currently admitted or have yet to be admitted.

POLICY IN-FOCUS

The Philippine Government rolled-out the **Expanded Testing for COVID-19**. Our testing approach is both **strategic and targeted** and will cater to the people who needs the testing the most. For more information you may visit the FAQs for the [General Public](#), [Local Government Units](#), and [Healthcare Workers](#). Read the Revised Interim Guidelines on Expanded Testing for COVID-19 (04-16) [here](#).



Contact Details

For further information, you may reach us through the following platforms:


SOCIAL MEDIA ACCOUNTS

- f Facebook:**
fb.com/OfficialDOHgov
- Twitter:**
[@DOHgovph](https://twitter.com/DOHgovph)
- Viber:**
DOH PH COVID-19
- TikTok:**
[@dohgovph](https://tiktok.com/@dohgovph)

WEBSITES

- DOH:**
www.doh.gov.ph
- Healthy Pilipinas:**
healthypilipinas.ph

CONTACT NUMBERS

-  (02) 894 - COVID (26843) or 1555 (for all subscribers)

Resources

- Department of Health. Memorandum No. 2020-1050 or Interim Guidelines for Immunization Services in the Context of COVID-19 Outbreak. <https://www.doh.gov.ph/dm2020-0150.pdf>
- Department of Health. Solidarity Trial Participation. <https://www.doh.gov.ph/SolidarityTrial>
- PhilHealth. Covid-19 Coverage. <https://www.philhealth.gov.ph/Covid19Coverage>

THANK YOU for checking out the first issue of Beat-COVID-19 Today! We'd like to know what you think. Send us your feedback at dohfeedback@gmail.com.