

Beat COVID-19 Today

A COVID-19 Philippine Situationer



Issue 324 | March 17, 2021

Active Cases as of 16 March 2021
(net of recoveries and deaths)

57,736
+4,260

Total Cases as of 16 March 2021

631,320
+4,437

Recovered

560,736
+166

Died

12,848
+11

Breakdown of Active Cases



2,312
(4.0%)
Asymptomatic

A patient with an RT-PCR confirmed case of COVID-19 without symptoms.



53,485
(92.6%)
Mild

A patient with mild symptoms and stable vital signs. Unless the patient belongs to high-risk subgroups or has comorbidities, they are often not admitted to a treatment facility.



392
(0.7%)
Moderate

A patient with clinical signs of non-severe pneumonia



779
(1.3%)
Severe

A patient with clinical signs of severe pneumonia or severe acute respiratory infection



768
(1.3%)
Critical

A patient with impending or ongoing respiratory failure, in need of mechanical ventilation, or with evidence of end-organ damage or with septic shock.

Note. A person who is classified as having a mild case of COVID-19 but is considered high-risk due to age or the presence of comorbidities may be admitted to a treatment facility. Moderate, severe or critical cases must be admitted to a health facility, regardless of inclusion in high-risk subgroups or presence of comorbidities. Non-severe pneumonia: fever, cough, dyspnea or respiratory rate of 21-30 breaths/minute, oxygen saturation more than 92% at room air for adults, and cough or difficulty in breathing and fast breathing or chest indrawing for children. Severe pneumonia: fever, cough, dyspnea or respiratory rate of more than 30 breaths/minute, oxygen saturation less than or equal to 92% at room air for adults, central cyanosis, oxygen saturation less than 90%, fast breathing, very severe chest indrawing for children

Top regions by active cases

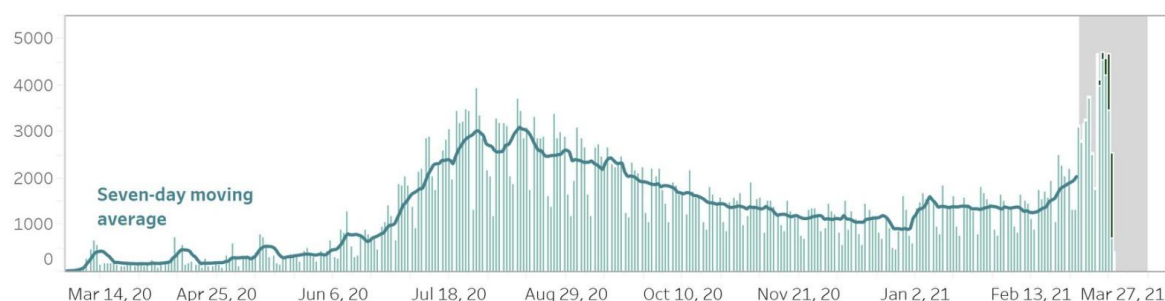
NCR	27,952
Region IV-A: CALABARZON	7,719
Region VII: Central Visayas	6,612
Region III: Central Luzon	4,300
CAR	2,016
Region II: Cagayan Valley	1,408
Region VI: Western Visayas	1,405
Region XI: Davao Region	1,074
Region X: Northern Mindanao	753
Region I: Ilocos Region	715

Top Regions by New Cases

NCR	2,231
Region IV-A: CALABARZON	767
Region III: Central Luzon	405
Region VII: Central Visayas	270
CAR	176
Region II: Cagayan Valley	114
Region XI: Davao Region	89
Region X: Northern Mindanao	72
Region VI: Western Visayas	63
null	49

Note. Data on healthcare workers affected by COVID-19, testing capacity by laboratory, equipment utilization, and LIGTAS COVID facilities will be included in the full situational report every Sunday.

CONFIRMED CASES BY DATE OF ONSET OF ILLNESS (NATIONWIDE)



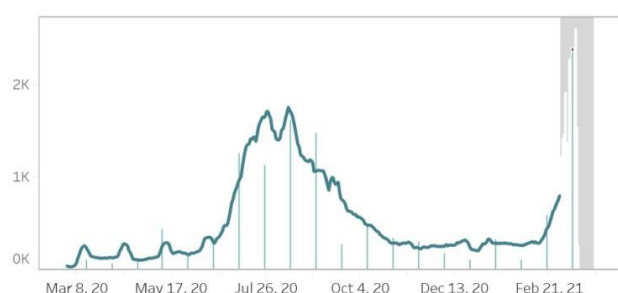
CONFIRMED DEATHS BY DATE OF DEATH (NATIONWIDE)



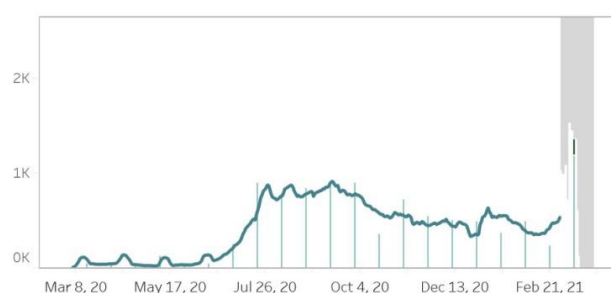
Notes.

1. Bars with dark green colors indicate the actual date of onset or date of death for newly-reported cases.
2. In cases where date of onset of illness is unreported, date of specimen collection was used as proxy. Cases that do not have both are not accounted for in the date of onset histogram. As of this situation report, around 10% of cases have unreported dates of specimen collection and onset of illness.
3. Owing to delays in reporting, case counts within the gray area are still incomplete. Hence, we urge caution in interpreting data beyond this 14-day cutoff. Rest assured that the DOH continues to work tirelessly to ensure the timely reporting of accurate data.

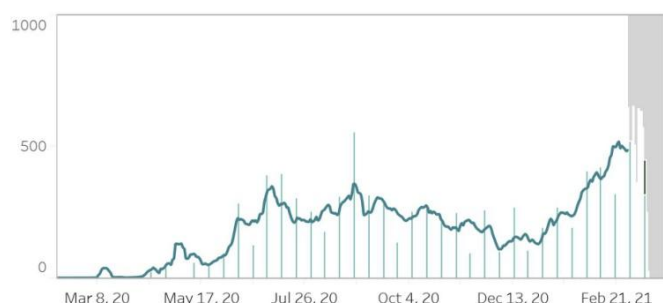
CONFIRMED CASES BY DATE OF ONSET OF ILLNESS (DISAGGREGATED)



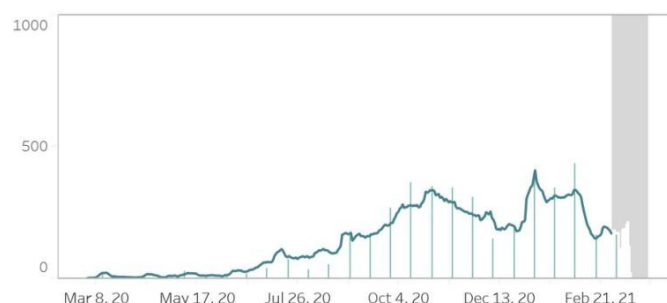
NCR



Rest of Luzon



Visayas



Mindanao

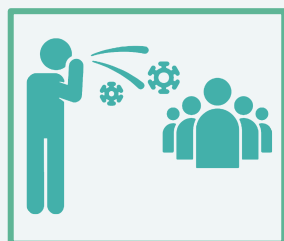
Notes.

1. Bars with dark green colors indicate the actual date of onset or date of death for newly-reported cases.
2. The cases from the "NCR" graph have been separated from cases of the "Luzon" graph.
3. Owing to delays in reporting, case counts within the gray area are still incomplete. Hence, we urge caution in interpreting data beyond this 14-day cutoff. Rest assured that the DOH continues to work tirelessly to ensure the timely reporting of accurate data.

COVID-19'S CAPACITY TO SPREAD (R_t VALUE)

March 1: 1.26 ± 0.02

March 2: 1.23 ± 0.02

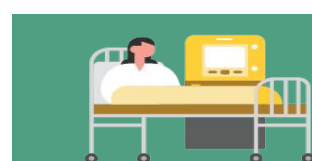


The time-varying **reproduction number (R_t)** indicates the possible number of people being infected by a sick person, at a specific time with control measures in place.

IMPORTANT NOTE. The reproduction number is measured using symptom onset, we do not include in the interpretation the past 14-16 days given the time between symptoms, health seeking, testing, and reporting. When interpreting the reproduction number keep in mind that it is a **lagging indicator (that is, it provides a snapshot of the situation two weeks ago)**. Please do not expect this number to change daily.

- The reproduction number (R_t) was around 2 early on in the outbreak. This meant that each confirmed person with COVID was infecting 2 other people.
- Based on the latest data, we are 95 percent confident that $R_t = 1.23 \pm 0.02$, which means each infected individual was infecting an average of 1.23 other persons **around two weeks ago**.
- **Lowering this value is made possible through efforts such as social distancing, wearing of PPE, and other means to stop the spread of the virus.**
- The goal is for R_t to be less than 1, which would mean that, on average, an infected person is infecting less than one person, eventually stopping the transmission of.

UTILIZATION OF COVID-19 BEDS



38%

11,258 beds occupied out of 29,453 as of 16 March 2021

47%

1,002 ICU beds occupied out of 2,147

33%

3,139 ward beds occupied out of 9,544

40%

7,117 isolation beds occupied out of 17,762

Note. The number of confirmed severe and critical cases may not necessarily correspond to occupancy of ICU beds and mechanical ventilators as suspect and probable cases in severe or critical condition also utilize these resources. Facilities which did not submit a daily utilization report have their most recent carry over to today.

DAILY TESTING STATISTICS (Data for March 16 as reported as of March 17, 6 PM)

Daily Testing Output (Nationwide)



As of March 16, 2021

Daily Positivity Rate



As of March 16, 2021

Testing Output (March 16)

Samples Tested	44,475
Individuals Tested	41,800
Positive Tests	5,842
Positivity Rate	13.98%
Testing Backlog	30
Compliance of Labs	174/202

Cumulative Testing Output

Samples tested	9,443,850
Individuals Tested	8,893,146
Positive Tests	708,195
Positivity Rate	7.96%

Notes.

1. The DOH is continuously validating the number of positive individuals as reported by the laboratories. When necessary, they are deduplicated. As such, the discrepancy with the number of confirmed cases does not necessarily reflect backlogs in case validation.
2. Please visit www.doh.gov.ph/covid19tracker for details regarding the testing output per laboratory.
3. A 6 PM cut-off for the situation report is used, and so the numbers presented here are not yet final. A few laboratories submit data between 6 PM and the time the public data drop is generated.

STATUS OF LABORATORY LICENSING as of 16 March 2021**177****54****43****77%**

NO. OF LICENSED RT-PCR LABORATORIES

NO. OF LICENSED GENEXPERT LABS

TOTAL NO. OF LABORATORIES APPLYING FOR LICENSE*

% APPLICATIONS AT STAGE 3 and 4*

Licensed RT-PCR Laboratories**Facilities using GeneXpert machines included.*

NAME OF HEALTH FACILITY OR LABORATORY		REGION
1	Baguio General Hospital and Medical Center (BGHMC)	CAR
2	Benguet General Hospital	
3	Luis Hora Memorial Regional Hospital	
4	Parkway Medical and Diagnostic Center	
5	A Star Laboratories, Inc.	NCR
6	Al Molecular Diagnostic Laboratory	
7	Amang Rodriguez Memorial Hospital	
8	Army General Hospital Molecular Laboratory	
9	Asian Hospital & Medical Center	
10	BioPath Clinical Diagnostic, Inc.	
11	Biopath Clinical Diagnostics Inc. (E. Rodriguez)	
12	Caloocan City North Medical Center	
13	Cardinal Santos Medical Center	
14	Chinese Gen. Hospital	
15	De Los Santos Medical Center	
16	Detoxicare Molecular Diagnostics Laboratory	
17	Dr. Jose N. Rodriguez Memorial Hospital and Sanitarium (TALA)	
18	East Avenue Medical Center	
19	El Roi Molecular Diagnostic Laboratory	
20	Ermita Molecular Diagnostic Laboratory, Inc.	
21	F.Y. Manalo Medical Foundation, Inc. (formerly New Era Hospital)	
22	Fe del Mundo Medical center	
23	First Aide Diagnostic Center	
24	Health Delivery Systems	
25	Health Metrics, Inc.	
26	Healthway Medical	
27	Hero Laboratories	
28	Hi-Precision	
29	Interpharma Solutions Philippines, Inc.	
30	Intramuros Molecular Laboratory	
31	JT Cenica Medical Health System	
32	Kairos Diagnostics Laboratory	
33	Kaiser Medical Center Inc.	
34	Las Pinas General Hospital and Satellite Trauma Center	
35	Lifecore Biointegrative Inc.	
36	Lung Center of the Philippines (LCP)	
37	Makati Medical Center (HB)	
38	Manila Diagnostic Center for OFW Inc.	
39	Manila Doctors Hospital	
40	Manila Healthtek Inc.	
41	Marikina Molecular Diagnostic Laboratory	
42	Marilao Medical and Diagnostic Clinic, Inc.	
43	National Kidney and Transplant Institute	
44	New World Diagnostics Inc. Premium Medical Branch	
45	Olayn Medical Laboratory, Inc	
46	Ospital ng Muntinlupa	
47	Paranaque RT-PCR Molecular Laboratory	
48	Pasig City Children's Hospital - Child's Hope	
49	PCR MED Molecular Laboratory	
50	Philippine Airport Diagnostic Laboratory	
51	Philippine Children's Medical Center	

Licensed RT-PCR Laboratories

NAME OF HEALTH FACILITY OR LABORATORY		REGION
52	Philippine Genome Center UP-Diliman (NHB)	NCR
53	Philippine National Police Crime Laboratory	
54	Philippine Red Cross - National Blood Center	
55	Philippine Red Cross - Port Area	
56	PNP General Hospital	
57	PRC - PRC Logistics and Multipurpose Center	
58	QR Medical Laboratories Inc. (VitaCare)	
59	Quezon City Molecular Diagnostics Laboratory	
60	Research Institute for Tropical Medicine, Inc. (RITM)	
61	Safeguard DNA Diagnostics, Inc.	
62	San Lazaro Hospital (SLH)	
63	San Miguel Foundation Testing Laboratory	
64	Singapore Diagnostic, Inc.	
65	South Super Hi Way Molecular Diagnostic Lab	
66	St. Luke's Medical Center - BGC (HB)	
67	St. Luke's Medical Center- QC	
68	Sta. Ana Hospital	
69	Supercare Medical Services, Inc.	
70	Taguig City Molecular Laboratory	
71	The Lord's Grace Medical and Industrial Clinic	
72	The Medical City - Ortigas	
73	The Premier Molecular Diagnostics	
74	Tropical Disease Foundation	
75	University of Perpetual Help System Dalta	
76	University of the East Ramon Magsaysay Memorial Medical Center	
77	UP National Institutes of Health (UP NIH)	
78	UP-PGH-MRL	
79	Valenzuela Hope Molecular Laboratory	
80	Veteran Memorial Medical Center	
81	Victoriano Luna Medical Center -AFRIMS - Collaborative Molecular Laboratory	I
82	Dagupan Doctors Villaflor Memorial Hospital	
83	Ilocos Training Regional Medical Center	
84	Mariano Marcos Memorial Hospital	
85	Pangasinan Molecular Diagnostic Laboratory	
86	Region 1 Medical Center	II
87	Cagayan Valley Medical Center Molecular Laboratory	
88	Philippine Red Cross Isabela Molecular Laboratory	
89	San Antonio City of Ilagan Hospital	
90	Southern Isabela Medical Center	III
91	Bataan General Hospital	
92	Bulacan Medical Center	
93	Graman Medical & Maternity Hospital Inc. Molecular Laboratory	
94	Green City Medical Center	
95	Jose B. Lingad Memorial Hospital	
96	Marilao Medical and Diagnostic Clinic, Inc.	
97	Our Lady of Mt. Carmel Medical Center Molecular Laboratory	
98	Philippine Red Cross - Logistics and Training Center	
99	Philippine Red Cross Clark Molecular Laboratory	
100	Qualimed Hospital - San Jose Del Monte	
101	Tarlac Provincial Hospital Molecular Laboratory	
102	Batangas Medical Center	IV-A
103	Calamba Medical Center	

Licensed RT-PCR Laboratories

	NAME OF HEALTH FACILITY OR LABORATORY	REGION
104	Daniel O. Mercado Medical Center	IV-A
105	De La Salle Medical and Health Sciences Institute	
106	Fatima University Medical Center Antipolo Corp.	
107	GentriMed Molecular Laboratory	
108	Laguna City Provincial Hospital - San Pablo City District Hospital	
109	Laguna Holy Family Hospital, Inc.	
110	Laguna Holy Family Hospital, Inc - Satellite Molecular Laboratory	
111	Lucena United Doctors Hospital and Medical Center	
112	Mary Mediatrix Medical Center	
113	Ospital ng Imus	
114	PRC- Batangas Chapter Molecular Laboratory	
115	Qualimed Hospital Sta. Rosa	
116	San Pablo College Medical Center	
117	Stark Molecular Laboratory Inc.	
118	UPLB Covid-19 Molecular Laboratory	
119	Bicol Regional Diagnostic and Reference Laboratory	V
120	Metro Health Specialist Hospital	
121	Bacolod Queen of Mercy Hospital	VI
122	Corazon Locsin Montelibano Memorial Regional Hospital	
123	Dr. Pablo O. Torre Memorial Hospital	
124	Dr. Rafael S. Tumbokon Memorial Hospital	
125	Iloilo Provincial Hospital	
126	Metro Iloilo Hospital and Medical Center	
127	Philippine Red Cross Passi City Molecular Laboratory	
128	PRC - Negros Occidental Molecular Laboratory	
129	Qualimed Health Network - Iloilo	
130	Roxas City Diagnostic and Laboratory Center	
131	Roxas Memorial Provincial Hospital Molecular Laboratory	
132	Teresita Jalandoni Provincial Hospital	
133	The Doctors Hospital, Inc.	
134	Uswag Iloilo Molecular Laboratory	
135	Western Visayas Medical Center	
136	Western Visayas State University Medical Center	
137	Allegiant Regional Care Hospital	VII
138	BioPath Clinical Diagnostic, Inc. - AFRIMS PCR Laboratory	
139	Bohol Containerized PCR Laboratory	
140	Cebu Doctors University Hospital, Inc.	
141	Cebu TB Reference Laboratory	
142	Chong Hua Hospital	
143	Governor Celestino Gallares Memorial Medical Center	
144	Negros Oriental Provincial Hospital	
145	Perpetual Succour Hospital of Cebu, Inc.	
146	Philippine Red Cross - Cebu Chapter	
147	Prime Care Alpha Covid-19 Testing Laboratory	
148	RHS 7 Molecular Laboratory (PNP)	
149	University of Cebu Medical Center	
150	Vicente Sotto Memorial Medical Center	

Licensed RT-PCR Laboratories

NAME OF HEALTH FACILITY OR LABORATORY		REGION
151	Divine Word Hospital	VIII
152	Eastern Visayas Regional COVID-19 Testing Center	
153	OSPA - Farmers' Medical Center	
154	Ciudad Medical Zamboanga	IX
155	Philippine Red Cross - Molecular Biology Laboratory	
156	Zamboanga City Medical Center-Department of Agriculture Satellite Lab. for COVID-19 Testing	
157	Zamboanga Del Sur Medical Center PCR Laboratory	X
158	Lanao Del Norte COVID-19 Testing Laboratory	
159	Maria Reyna Xavier University Hospital, Inc.	
160	Northern Mindanao Medical Center	
161	Northern Mindanao Medical Center - Satellite COVID-19 Laboratory	
162	Philippine Red Cross - Cagayan de Oro Chapter	
163	Polymedic Medical Plaza	XI
164	Davao de Oro Provincial Hospital	
165	Davao International Airport Laboratory	
166	Davao One World Diagnostic Center Incorporated	
167	Davao Regional Medical Center	
168	PRO 11 RT- PCR Molecular Laboratory	
169	Southern Philippines Medical Center (SPMC)	
170	Southern Philippines Medical Center (SPMC) - Pop-up	XII
171	Cotabato Regional Medical Center	
172	Dr. Jorge P. Royeca Hospital	CARAGA
173	Adela Serra TY Memorial Medical Center	
174	Butuan Medical Center	
175	Philippine Red Cross Molecular Laboratory	
176	Democrito O. Plaza Memorial Hospital	BARMM
177	Amai Pakpak Medical Center	

Licensed Cartridge-based PCR or GeneXpert Laboratories

	NAME OF HEALTH FACILITY OR LABORATORY	REGION
1	Amai Pakpak Medical Center	BARMM
2	Al Molecular Diagnostic Laboratory	NCR
3	Amang Rodriguez Memorial Center	
4	Amosup Seamen's Hospital	
5	BioPath Clinical Diagnostic, Inc.	
6	BioPath Clinical Diagnostic, Inc. (E. Rodriguez)	
7	Chinese Gen. Hospital	
8	Dr. Jose B. Rodriguez Memorial Hospital and Sanitarium (TALA)	
9	IOM- Manila Health Centre Laboratory	
10	Jose R. Reyes Memorial Medical Center	
11	Las Pinas General Hospital and Satellite Trauma Center	
12	Lung Center of the Philippines	
13	National Kidney and Transplant Institute	
14	Olayn Medical Laboratory, Inc	
15	Philippine General Hospital	
16	Philippine Heart Center	
17	Rizal Medical Center	
18	St. Luke's Medical Center - BGC	
19	St. Luke's Medical Center - QC	
20	Sta. Ana Hospital - Closed System Molecular Laboratory	
21	The Medical City - Ortigas	
22	Tondo Medical Center	
23	Victoriano Luna Medical Center -AFRIMS - Collaborative Molecular Laboratory	
24	Ilocos Training Regional Medical Center	I
25	Mariano Marcos Memorial Hospital	
26	Region 1 Medical Center	
27	Cagayan Valley CHD TB Reference Laboratory	II
28	Bataan General Hospital	III
29	Bulacan Medical Center	
30	Central Luzon Doctor's Hospital	
31	President Ramon Magsaysay Provincial Hospital	
32	Tarlac Provincial Hospital	
33	Batangas Medical Center	IV-A
34	Rakkk Prophet Medical Center, Inc.	
35	Sta. Rosa CHO	
36	Culion Sanitarium and General Hospital	IV-B
37	Occidental Mindoro Provincial Hospital	
38	Oriental Mindoro Provincial Hospital	
39	Ospital ng Palawan	
40	Puerto Galera Molecular Laboratory (Formerly Best Care Medical Clinic & Diagnostic Center, Inc.)	
41	Bicol Medical Center	V
42	BioPath Clinical Diagnostic, Inc. - AFRIMS	VII
43	Cebu TB Reference Laboratory	
44	West Metro Medical Center	IX
45	Zamboanga City Medical Center	X
46	Northern Mindanao Medical Center	
47	Davao Doctors Hospital	XI
48	Davao Regional Medical Center	

Licensed Cartridge-based PCR or GeneXpert Laboratories

NAME OF HEALTH FACILITY OR LABORATORY		REGION
49	Cotabato Regional Medical Center	XII
50	Dr. Arturo Pingoy Medical Center	
51	St. Elizabeth Hospital	
52	Butuan Medical Center	CARAGA
53	CARAGA Regional Hospital	
54	Manuel J. Santos Hospital	

RECENT UPDATES ON COVID-19

As of March 16, 2021

- DOH recorded **57,736 active cases** with the majority of the patients exhibiting **mild symptoms (53,485; 92.6%)** while **768 patients** are in **critical condition (1.3%)**.
- DOH recorded **15,278 health care workers** positive for COVID-19. Of these, **14,874 (97.4%)** have recovered, 82 (0.5%) have died and 322 (2.1%) were active cases. Of these active cases, 224 (69.6%) were mild cases, 73 (22.7%) were asymptomatic, 11 (3.4%) in severe condition, 8 (2.5%) in critical condition and 6 (1.9%) in moderate condition.
- A total of **1,008,810 Returning Overseas Filipinos (ROFs)** have arrived in the country (Land-based: 639,415; Sea-based: 367,409; and Transferees from Sabah 1,986). Of these, **996,518 were released from facility quarantine** (Land-based: 629,851; Sea-based: 364,681; and Sabah: 1,986). Among the ROFs, **14,892 were confirmed COVID-19 patients** (Land-based: 9,358; Sea-based: 5,534). Among these, 462 are currently admitted, 14,472 have already recovered; and 10 have died.



Contact Details

For further information, you may reach us through the following platforms:

SOCIAL MEDIA ACCOUNTS

- Facebook:**
fb.com/OfficialDOHgov
- Twitter:**
[@DOHgovph](https://twitter.com/DOHgovph)
- Viber:**
[DOH PH COVID-19](https://viber.com/DOH-PH-COVID-19)
- TikTok:**
[@dohgovph](https://tiktok.com/@dohgovph)

WEBSITES

- DOH:**
www.doh.gov.ph
- Healthy Pilipinas:**
healthypilipinas.ph

CONTACT NUMBERS

- (02) 894 - COVID (26843) or 1555 (for all subscribers)

HEALTHY HABITS

PARA SA

HEALTHY TUMMY

Konsultayo sa ating mga Primary Care Providers

1. Kumain araw araw ng mga pagkaing sagana sa fiber, o himaymay, katulad ng mga prutas, gulay, at nuts.

Prutas

- Manga
- Saging
- Mansanas
- Avocado

Nuts, Beans & Legumes

- Mani
- Kacoy
- Patani
- Monggo

Gulay

- Saluyot
- Repolyo
- Malunggay
- Broccoli
- Sitaw

Konsultayo sa ating mga Primary Care Providers

4. Maging aktibo araw-araw

Magexercise higit kumulang na 30 minuto nang hindi bababa sa tatlong araw bawat linggo

Konsultayo sa ating mga Primary Care Providers

5. Manatiling hydrated

Uminom ng 1.5 hanggang 2 litro ng tubig bawat araw maliban na lang kung sasabihin ng inyong doktor na hindi ito tama.

Konsultayo sa ating mga Primary Care Providers

2. Piliin ang lean meat

- Pork loin
- Lean cuts
- Skinless poultry (chicken breast)

Konsultayo sa ating mga Primary Care Providers

3. Iwasan ang pagkain na mataas sa taba at processed meats

- Sausage
- Hotdog
- Ham
- Bacon

Konsultayo sa ating mga Primary Care Providers

THANK YOU for checking out this issue of Beat-COVID-19 Today! We'd like to know what you think. Send us your feedback at dohfeedback@gmail.com.